New local military reserve mission task

Private Edmond Wang on his experiences at the RHFC P4
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Exposing inequality for female artists

Although women are half of the population they are underrepresented in the arts

Harleen Kaur Dhillon
Editorial Assistant

Rita Davies recognizes the inequality between men and women in arts. “This is not a new issue. However, there is a renewed interest in the subject at times, as part of larger discussions about equity,” Chair of the Ontario Arts Council (OAC) said.

In mid-October, the OAC released a report on the status of women in arts in Ontario in an attempt to summarize the findings of current research, identify gaps, and provide a knowledge base for future research.

The report was led by Dr. Amâncio Cole, who holds a PhD of Comparative Public Policy from McMaster University and is a lecturier in the Masters of Arts and Cultural Management in the Faculty of Business and Law program at Deakin University in Australia.

She is also an Affiliate Researcher with the Centre for People, Organisation and Work (CPOW) at RMIT University in Australia.

The report found that, although the arts industry is gender-balanced overall, females still receive less public visibility, recognition, and income compared to their male counterparts.

This is despite their equivalent levels of education.

More women are present in organizational leadership roles in visual arts, publishing and theatre, and in the top-iers of Canadian orchestras.

There are also more women in artistic leadership roles in visual arts and publishing, fields which are female-dominated.

Women are underrepresented in media arts/screen, theatre, and music.

The music industry is largely male-dominated in terms of executive and organizational leadership roles.

Many gaps were identified in the current research - the intersection of gender with other factors like, race, age, sexual orientation, and more are understudied.

Other gender identities are largely ignored in research.

Peter Caldwell, OAC Director and CEO, is hopeful that more inclusive research will be added to the collective knowledge database in the future.

“OAC’s report will complement other upcoming initiatives that will add to our collective knowledge in this area,” Caldwell said. “We look forward to exploring with our arts and funder colleagues how to help the arts community gather better data on their workforce.”

The gaps identified in this report are subject to renewed interest from researchers, and Davies foresees increased research in wider demographics of the population.

“I am pleased that the Ontario Arts Council is able to contribute to our overall understanding of the status of women in the arts. [...] We will build on this work by asking individual applicants a broader range of demographic questions, including gender, beginning in 2019-20, through a voluntary self-identification approach,” Davies said.

Females still receive less income compared to their male counterparts.

POLICE BRIEFS

Local police officer was charged with sexual assault.

The Special Investigations Unit (SIU) charged a 36-year member of the Waterloo Regional Police Service after an investigation into the assault which happened while the officer was off-duty.

Caleb Roy, a Sergeant assigned to the Criminal Investigations Branch, was charged with one count of sexual assault and one count of breach of trust.

The charges are related to an altercation from 2010, and were reported to the Waterloo Regional Police in November, 2017.

The officer was suspended in November when it was reported.

A vehicle was clocked going 130 kilometres an hour in a 50 km/h zone.

Waterloo Regional Police were conducting speed enforcement on Manse Road in Liswood on Sunday, November 4 at 10:15 a.m. Police used a radar device and recorded a speed of 130 km/hr in a posted 50 km/hr zone. As a result, a Millbank male was arrested and charged with stunt driving.

The male was also charged with having cannabis under 19, having cannabis and drive vehicle with cannabis in open bag, in violation of the Cannabis Control Act. The male’s licence was suspended and he was impounded on the spot for seven days.

A Kitchener pedestrian was the victim of a hit and run.

A 38-year-old Kitchener woman was walking across Block Line, at the crosswalk, when she was struck by a car travelling west on Friday, November 2, at 6 p.m. The car failed to remain at the scene and fled west towards Strasburg Road. The female pedestrian was transported by ambulance to hospital with non-life-threatening injuries. Waterloo Regional Police responded, but could not locate the vehicle.

The vehicle involved is described as a silver or grey car, possibly a Toyota or Honda, and may have damage to the front driver side. Anyone with information is asked to call police at 519-570-9777 or Crime Stoppers at 1-800-222-8477.

The Waterloo Regional Police Service has issued a warning to the residents of Waterloo Region after three people have had suspected overdoses in the Hespeler area of Cambridge.

In the past week, three teen boys were taken to hospital with suspected near-fatal overdoses involving what is believed to be counterfeit Xanax pills.

The pills were consumed by youth in Hespeler. Police believe these pills are still being sold in Hespeler and, possibly, throughout Waterloo Region. Police strongly encourage parents and caregivers to have a conversation with their children about the dangers of consuming non-prescribed drugs.

Substances not received from a pharmacy may contain other substances and may increase the risk of overdose.

Anyone with information is asked to contact police at 519-570-9777 or Crime Stoppers at 1-800-222-8477.
UW student part of special military reserve mission task

Private Edmond Wang speaks about his experiences at the RHFC

Andrew McLaughlin
Sub-Lieutenant

L
ike many soldiers in his unit, Private Edmond Wang is both a university student and a member of the Canadian Army Reserve. Wang, of Waterloo Region's Royal Highland Fusiliers of Canada (RHFC), is in his second year at the University of Waterloo (UW), studying accounting and finance. He recently joined the infantry regiment based in Kitchener and Cambridge, and his seven months of experience in the Canadian Armed Forces (CAF) was highlighted by a recently-completed mortar course during Exercise ARROWHEAD SHIELD, in Grayling, Michigan.

The RHFC is a Primary Reserve light infantry regiment of the Canadian Army, as well as an infantry sub-unit of 31 Canadian Brigade Group (CBG), headquartered in London, Ontario.

The RHFC was designated a primary tactical responsibility, otherwise known as a "Mission Task" of specializing in mortar use directly from the Commander of the Canadian Army.

This is something new for today's Army Reserve, as the mortar system was phased out of the reserves decades ago. "As one of the newest trained Privates at RHFC, I was interested in fulfilling the task which was handed to our unit; that of becoming a mortar platoon member," Wang explained.

"As a mortar crew member, my primary job is to make sure that my fellow infantry soldiers receive intimate and specific support - and to make sure that fellow Canadian troops can rely on us to use the mortar system on the enemy, wherever needed."

The mortar course was demanding and, at times, quite complex according to Wang and UW student. Though it concluded during Ex ARROWHEAD SHIELD - where the soldiers tested their knowledge and skills on a live-fire range - the exciting and fun part of the course came after plenty of hard work.

Lengthy and intense training over the course of many months was held at Canadian Forces Base Petawawa, near Ottawa, and at one of RHFC's local bases, the Cambridge Armoury.

The reservists were supported by their Regular Force counterparts: specialist mentors from the 2nd Regiment, Royal Canadian Horse Artillery (2RCHA), a unit with a long and proud history of employing what is sometimes referred to as the "King of Battle," the artillery. RHFC, along with their 4RCHA, mentors successfully trained 31 graduates on mortar operations and the unit reached its Initial Operational Capability on Sept. 1, 2018. Wang recalls that, "while on the mortar course, I thought that the weapons drills, along with all of the tests using the weapon's optics were the hardest parts."

The mathematics involved are complicated, even for an accounting and finance major, he says. "Converting from angles and bearings quickly - all while knowing that if you make an error, friendly troops could die due to your mistakes - was a major mental challenge that we all had to overcome."

ARROWHEAD SHIELD was a 31 CBG exercise led by 31 Territorial Battalion Group (Tbg) and commanded by Lieutenant-Colonel Mark Poland and many of his soldiers from the RHFC of Waterloo Region.

The Tbg's 500 soldiers were activated for this major exercise and their capabilities were put to the test there.

These capabilities included combined arms operations with sub-units including infantry, armoury, artillery, engineering, combat service support, and signals elements. "I liked learning how the mortar system can be used as a support weapon within the structure of the Canadian Army, and how we can affect the battle," Wang said with a smile. "It was interesting for me to learn about both the infantry and the artillery aspects of this unique weapons system, and using the mortar system was one of the coolest moments in my military career, so far."

Given that Wang has only been in the Army Reserve for seven months, he will have plenty more moments to consider.

"I have been to many bases across Ontario as well as Camp Grayling in Michigan, and learned many valuable skills along my way. I think I made a great choice joining the Army," he said. "It can be a lot of work, but where else can I get paid to blow stuff up?"

The Army Reserve is hiring across Canada, including in Kitchener and Waterloo. "If you're a student, looking to earn some extra money while learning more and experiencing some new things, give it a shot," Wang said. "I'm glad I did."
KW hosts the 8th annual Zonta Film Festival
A platform for Canadian female filmmakers to get their work into the community

Harleen Kaur Dhillon
Editorial Assistant

Films made by female directors are few and far between. The Zonta Film Festival (ZFF) provides a platform for Canadian female filmmakers to showcase their art and passion to the community.

From Nov. 8 to Nov. 10, the Princess Twin Cinemas will host the eighth annual Zonta Film Festival (ZFF), beginning with a reception on Nov. 8 at 5 p.m., followed by a screening of four films. The ZFF is hosted by the Zonta Club of Kitchener-Waterloo, an advocacy group aimed at improving the lives of women worldwide.

Fittingly, the movies presented hold similar themes of empowerment, gender roles, and social barriers. The four movies shown on Nov. 8 will include: A Better Man, a story of an abuser facing the woman he abused; The Big Flip, a movie where men and women's gender roles are switched; Afghan Cycles, a story of women fighting cultural and gender barriers by riding bicycles; and The Song and the Sorrow, the story of Catherine MacLellan coming to terms with the suicide of her father, singer-songwriter Gene MacLellan.

Other movies that will be shown over the course of the festival include: The Woman Who Loves Giraffes, What is Democracy, Half the Picture, and In the Name of Your Daughter, among others.

There will be an opportunity to attend a luncheon with the directors, that will be held at Proof Kitchen and Lounge in the Delta Hotel for $50 a seat.

Each film can be viewed for $15 and festival passes are available for $65.

The Zonta Club was chartered in Boston in 1918, and aims, "to improve the quality of life for women through fundraising, charitable giving and by recognizing outstanding community members through scholarships and awards. [They] also help charitable and not-for-profit organizations with service grants," it said on the official Zonta KW website.

The ZFF exclusively features films made by female filmmakers and all proceeds are donated to local charities and non-profit organizations. In 2017, the ZFF was able to donate over $20,000 to the community.

For more information about the festival, or to purchase tickets, please visit http://www.zontakw.org/

The ZFF exclusively features films made by female filmmakers.

Win two tickets to the Nov. 19 show at the Aud! Email your favourite Russell Peters joke to editor@uwimprint.ca

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Waterloo Alumnus donates $25 million

Chamath Palihapitiya provides largest private donation for E7 building construction

Harleen Kaur Dhillon
Editorial Assistant

Chamath Palihapitiya, a 1999 UW electrical engineering graduate, donated $25 million to the construction of the new Engineering 7 (E7) building. His donation was the largest private donation for the project, and helped to kickstart the Educating the Engineer of the Future campaign, which raised $100 million altogether.

Palihapitiya is grateful for the knowledge and skills that his career at UW gave him, which aided his success in the fields of software engineering, and then venture capitalism.

“Waterloo Engineering provided me with a truly unique education,” Palihapitiya said. “I can link my success in life to the skills and perspective I gained in my time at Waterloo. The next generation of thinkers, leaders and doers will come from Waterloo, and I am happy to help with this journey.”

The new E7 building provides new resources for hands-on learning, innovative research, and teaching. E7 has 3D printing facilities, extensive laboratory space to support research in 5G, blockchain, the Internet of Things and human–machine interaction, and student design and work spaces along with machine shops.

Ferdun Hamdullahpur, president and vice-chancellor of UW, said that E7 will be the place for the world’s best engineers and other professionals to solve the most pressing issues of the time. He also emphasised the vitality of engineers to the economic health of Canada.

“Engineers are essential to the economic health of Canada, and Waterloo engineers are key drivers in areas of innovation, entrepreneurial endeavours, and technological research,” Hamdullahpur said. “Engineering 7 is more than an exceptional building. Engineering 7 will inspire and be home to the best and the brightest engineers, researchers, and leaders in the world as they tackle the most pressing global challenges facing our society.”

Navdeep Bains, Minister of Innovation, Science, and Economic Development also highlighted the potential for E7 to be the birthplace of solutions to the world’s greatest problems, and to reap rewards for the community. The federal government also funded the construction of E7 with a donation of $52.6 million.

“This historic investment by the Government of Canada is a down payment on the government’s vision to position Canada as a global centre for innovation,” Bains said. “This means making Canada a world leader in turning ideas into solutions, science into technologies, skills into jobs and start-up companies into global successes.”

In addition to Engineering 7, the Educating the Engineer of the Future campaign supports a number of initiatives including establishing research chairs in emerging technologies, such as artificial intelligence, as well as increasing graduate scholarships.

“The overwhelming support the Educating the Engineer of the Future campaign received confirmed for us that we have a solid global reputation for excellence and for uniquely preparing students for the future,” Pearl Sullivan, UW Dean of Engineering said. “With the opening of Engineering 7, we continue to transform how students learn to be engineers by giving them even earlier opportunities to experience what it is to be a 21st century engineer, while dramatically expanding facilities for students with entrepreneurial aspirations and supporting bold, new research at the highest levels.”

Remembrance Day events in KW

Find out what events are happening this weekend to celebrate Remembrance Day

Charlotte Hings
Managing Editor

Remembrance Day in Canada is the anniversary of the official end of the First World War, on Nov. 11, 1918.

This year marks 100 years of Canada’s 100 Days and the Armistice. On this day, Canadians wear poppies on their clothes in memory of those who died in wars.

Red poppies bloomed across the battlefields of Flanders in The First World War, and their bright red color has since become a symbol for the blood shed in the war.

All over Canada, at 11 a.m. on Remembrance Day, many honor the soldiers who fought in wars with two minutes of silence to reflect on their bravery, and the sacrifice they made for their country.

There are many spaces in Kitchener-Waterloo (KW) to observe Remembrance Day in the company of others. On Nov. 10 at 4 p.m. the New Apostolic Church on Margaret Ave-
Rising star won’t forget her roots in Cambridge

Stacey Kay, YouTube star and America’s Got Talent Finalist, brings home her passion for pop and rap.

S tacey Kay sings her heart out and it is finally paying off. “The beginning of my career was very much a struggling artist journey. I took it very seriously and had to hold a lot of jobs at the same time,” Kay said.

Kay is a fast-rising pop and rap star in the music industry who grew up in Cambridge.

She has a booming, powerful voice and what’s been described as, ‘incredible,’ rap abilities, and she is coming home on Nov. 8 for a concert at 7:30 p.m. at the Hamilton Family Theatre in Cambridge. Kay started singing at eight-years-old and when she entered singing competitions she was a hit. At the time, she chose to sing country music, not rap or pop, the musical genres she sings today. After attending singing competitions for ten years, she decided to take her love and passion to the next level by going to school for music.

It wasn’t until the last five years that Kay’s been able to say that all she does for a career is sing and that’s how she makes her money.

Growing up in the ‘90s, some of her most influential artists include Missy Elliott, Christina Aguilera, and Fergie. Missy Elliott influenced me to be weird,” Kay said. “Sometimes raps don’t always have to be poetic, they can be crazy too."

She also owes a lot of her rapping skills to Busta Rhymes. “Busta Rhymes taught me how to rap. I’d always rap as a joke, but one day, I was like if I can learn this Busta Rhymes rap as fast as him, I can really call myself a rapper. Then one day, in a Walgreens in South Carolina, the employees there asked me to do ‘Look at Me Now’. Somebody filmed it and put it online. Chris Brown [even] wrote an article about it and said some really nice things about me in it,” she said.

Kay has her own YouTube channel, which has helped significantly in not only getting jobs and opportunities in her career so far, but also with landing her an audition with America’s Got Talent, an American talent show.

Kay got the call from America’s Got Talent on April Fool’s Day and flew to Los Angeles with her band one week later. “I couldn’t believe it, and none of my band members believed me either since it was April Fool’s Day,” she said.

Kay appeared on season 10 of America’s Got Talent in front of judges Howard Stern, Heidi Klum, Mel B, and Howie Mandel. She and her band made it to the finals.

“It was really cool to be in that environment, a high scale environment,” Kay said. “To sing for the judges, that was the most nerve-wracking part because there’s this massive audience of thousands of people. That was the only time I was ever nervous.”

Soon Kay will come home to Cambridge for her concert.

“I’m putting in extra special things because it’s in my hometown. I’ve never done a show in Cambridge before and I made sure that all the best players and musicians are available,” Kay said.

Many of Kay’s old teachers and bosses informed her of their front row tickets to her concert. Kay is ready to show her hometown everything she’s been up to for the last ten years.

And for those who aren’t familiar with Kay’s music, she knows that she can entertain newcomers as well.

You can follow Stacey Kay on her social media accounts @staceykaymusic and you can find out more about her latest updates from her website: www.staceykaymusic.com.
Indie musician redefines “Made in China”

Adam Faber
Reporter

D.V. Alias Kryst, a Brooklyn rapper, ventures into international Chinese markets with his music.

COURTESY DEF JAM RECORDINGS

For an aspiring musician, sitting down with a rapper who signed with a Def Jam Recordings label is an opportunity. The fact that he went on to start his own record label, and is focusing on passing on his knowledge to younger musicians is icing on the cake.

It’s likely that you haven’t heard of D.V. Alias Kryst — he’ll say so himself. He has, however, had significant success just out of the spotlight in the rap world.

“I’m a pretty humble dude, so I don’t assume anybody knows who I am,” Kryst said. “I’m kind of like a supreme clothing line, only the hipsters kinda really know.”

In the mid-90s, Kryst came onto the scene with Trigga the Gambler and Snoop Dogg as Da Hustler. The three Brooklyn natives were thrust into a much bigger scene together through their label No Doubt (Def Jam). He’s worked with Notorious B.I.G., Dr. Dre, and many others.

However, Kryst’s label didn’t move forward with his projects with any real urgency, and now that he’s calling the shots, he finds more value breaking new ground, even if it’s with an old medium.

“I have distributors who work with my digital, and I am also working with a company who normally only deals with DVDs — the music thing for them is new,” Kryst said.

He convinced a DVD supplier to distribute his latest CD, meaning a new distribution channel opened up. “I challenged them to distribute a CD, and the result was [that] I’m getting exposure being on sale at Best Buy, and Target, and Barnes and Noble next to Kendrick Lamar,” Kryst said. “I’m on my own, that kind of leverage is big for me.”

But Kryst is looking past physical albums — it’s not on the rise. While compact discs once occupied a significant portion of the music industry, it is now dwarfed by streaming income, which is about half of total music revenue. Again, when Kryst is trying to amplify his own work, he focuses on a non-traditional channel. In this case, the online Chinese rap scene.

“I’ve been traveling the world for some years now. China’s a place that I’ve never been,” Kryst said. “Watching them embrace the new music, even if it’s taboo, or forbidden, sometimes a risk for them to even enjoy.”

Kryst is on traditional streaming services in North America, but the massive Chinese market is a closed system: it has its own streaming and social media sites. That required a different entry method to access those 750 million online music consumers.

“I heard through a friend there’s a way to get in now — online, with videos,” Kryst said. “After I set it up I’m folding my arms: is this a B.S. lane to put things through, or is this the real China experience?” Kryst was referring to his Chinese digital distributor, Musicinfo.io. “I had four hundred views, next morning I have ten thousand. Next morning I have a hundred and ten thousand.”

Juri Kobayashi at Musicinfo says the demand is real — and a real opportunity for independent artists.

“China is kind of a closed culture, but the youth are very much a part of a huge movement to bring in new flavors, new sounds, and those are often in English,” Kobayashi said. “The good news is that nowadays, three out of five artists are independent artists in China. Not so much of a major label stranglehold there.”

Kryst picked a provider who allowed him to keep 100 per cent of his royalties, and one who would promote his music in China, not just upload it and forget about it. For all of his projects, he stresses that outreach to his fan base is critical — that goes double for students, who may only have a handful of loyal fans.

“Not everybody can make music that speaks to the world — you have to say ‘okay I got this amount of people who always like my stuff, I don’t care if it’s ten people!’” Kryst said. “You gotta make those people feel special. Nicki Minaj did a great job of this [...] I watched her career go from where it wasn’t to where it is. She gave her fans their own name, she made them special.”

Kryst looks back on his path — one that put him in both the department stores, and streaming in a country that often supplies those department stores.

“I feel blessed to be puttin’ out hooks and singles. It’s a blessing, I feel blessed and humbled. I am the quintessential hybrid artist, a mixture of the old and the new,” Kryst said. His style is making waves in the mainstream as well, getting noticed by mainstream hip-hop artists.

“Tracey Lee hit me up in a message, tellin’ me ‘Congratulations on being in one of the lopest markets of the world. That’s pretty cool.’

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Tamara Tatossian
Music Business Graduate
Meet Fresh
Taiwanese treats
Meet Fresh. Waterloo’s newest Taiwanese desserts shop on the block

Meet Fresh’s herbal jelly dessert with herbal blended ice and taro balls.

Audrey Ho
Staff Reporter

B Owen Liu wants to share the flavours of Asia with students and the community.

As the most popular Taiwanese dessert brand, Meet Fresh recently came to Toronto, and now, to the Waterloo region in the heart of the plaza at Phillip St. and University Ave. Meet Fresh has over 600 stores worldwide from South Korea to Australia to the US.

“I would say it’s very authentic. You’ve never seen this type of dessert here,” one of the store managers at Meet Fresh’s Waterloo location said.

Officially opening on Nov. 9, there will be a three-day giveaway. On Nov. 9, Meet Fresh Waterloo will be giving away 100 free mochi desserts. On Nov. 10 and 11, they’ll be giving away 100 free taro ball desserts and 100 free grass jelly desserts. The store opens at 12 p.m. and it will be first come, first serve.

Specifically, Liu’s inspiration for bringing Meet Fresh to the Waterloo community was the uniqueness of the desserts that Meet Fresh offers on its menu.

“It’s something never seen here at Waterloo. Even in Toronto, you don’t see herbal jelly with taro balls [as their signature dish],” Liu said.

Imprint sampled Meet Fresh’s signature dish, a herbal jelly dessert with herbal blended ice and taro balls, a purple rice porridge with rice balls, the winter melon fresh milk tea with tapioca, and winter melon tea with lemon juice. The portions for the herbal jelly and porridge desserts were quite large and definitely more than enough for two people. The herbal jelly came with milk to add on top and was a tasty mix of soft and chewy textures. The porridge was warm and perfect for a cold afternoon. The drinks were delicious and definitely worth a try especially since the flavours are so distinct.

As a recent graduate of the University of Waterloo, Liu has experienced the growth of restaurants and cafes in the local area.

“When I was in first year, there was only one bubble tea place, Sweet Dreams. But then Chatime opened up, CoCo’s opened up, and in the past five years, [there have been] a lot more options,” said Liu.

Liu envisions Meet Fresh to similarly follow the rapid rise in the popularity of bubble tea.

“Taro balls have a very similar texture compared to tapioca. [We don’t expect locals to come here by themselves. We want to] build up a network where us Asian Canadians can recommend this place to other people of other backgrounds. [We want to] see if we can develop this type of business among non-Asian students here,” said Liu.

The concept was started by Mr. and Mrs. Fu, a traditional farming couple living in Central Taiwan, who wanted to preserve the traditional methods, taste, and overall cuisine of Taiwanese desserts.

The name, Meet Fresh is derived from Mr. and Mrs. Fu’s desire to introduce customers fresh and healthy desserts they created and sold.

“Everything is made fresh [at Meet Fresh]. We only get taro balls imported from Taiwan. Everything else is locally sourced,” Liu said.

The ingredients are healthy.

“Sweet potato and taro are vegetables that are good for you. Herbal jelly cools you down in Chinese medicine. We’re also trying to do some vegan options and maybe add soy milk options [to the menu]. It’s something we’re working on at the moment,” Liu said.
It’s time to get off the bottle for good

Sean Menezes  
Reporter

O
ter the course of just one year, it is estimated that one billion plastic water bottles are not recycled in Ontario. This staggering figure raises questions about the irrationality of the continued use of plastic bottles — and for good reason too.

Despite the fact that most Canadians have access to alternatives to disposable bottled water, the water-bottle industry in Canada still generates sales of $2.5 billion annually. This overdependence on plastic water bottles seems absurd, considering the abundance of water that is available in Canada. The more worrisome implication of water bottle usage is the risks it poses to the environment and aquatic ecosystems.

If plastic water bottles are not recycled properly, they can end up in landfills or large bodies of water instead. In turn, this poses serious concerns for wildlife, especially for aquatic ecosystems. The plastic debris in oceans or lakes breaks down into tiny plastic particles that are then consumed by fish, who are unable to distinguish the debris from food. In fact, roughly one in four fish contain plastic or other man-made material in its guts. This can prove to be disastrous for humans too, as consumption of seafood introduces these tiny pieces of plastic into our body.

Additionally, plastic water bottles pose numerous other health concerns for humans. These effects are mainly due to the chemicals found in the plastic bottle that transfer in small amounts to the water itself. Over time, the concentration of these chemicals in the water greatly increases, potentially causing sickness from its consumption.

With all of these cons to using bottled water, the question arises: why do so many Canadians continue this irrational and lethal habit? The most obvious answer is for the sake of convenience, as bottled water provides a reliable option for hydration on the go, despite being a problem easily solved by using a reusable bottle.

The less apparent rationale lies in the glamour of bottled water. This may sound absurd, but bottled water companies promote their products using images of mountains and snowy landscapes for a reason. Consumers often associate a degree of purity with bottled water, giving the impression that it is cleaner than tap water; however, this is not the case.

Bottled water is often just filtered tap water, it is of a similar quality to tap water. Plastics bottles also work out to be significantly more expensive than using a reusable water bottle. When bought in bulk, a typical price for bottled water is $0.16 per litre, whereas tap water only costs tens or a cent per litre.

With all this information in mind, it becomes easier to see that buying bottled water is an unhealthy alternative to using tap water, as the user’s health is put in jeopardy through the plastic bottles. For Canadians across the nation, this realization could help them to stop this dangerous and irrational habit once and for all.

Spider Silk

Spiders have been making webs out of a surprisingly complex substance known as spider silk, for the past 380 million years. Over this time, spiders have diverged into over 46,000 different species, each being able to produce four to eight different types of silk for their webs. The different silks vary in proportion of strength and stretchiness depending on their purpose. There are silks for wrapping prey, latching the web to a structure, making the web itself, egg wrapping, and many more.

The specialized fibres of spider silk are primarily composed of the protein spidroin, which is unique to spiders. The raw ingredients for every protein chain are 20 amino acids and the order of amino acids in these chains determines what a protein looks like and its function. The proteins that compose spider silk are built in a very special way. Imagine a silk molecule as a long train with many box cars. Inside each box car is a string of amino acids. In any one type of silk molecule, we see the same box car over and over again, repeating hundreds of times along the train. This unique pattern is what makes spider silk so specialized.

For example, in the dragline silk of the Black Widow spider, the silk used to make the frame of the web is the strongest, but least stretchy of its types of silk.

This silk is very rich in the amino acids, glycine, and alanine, specifically poly-alanines, which are sections of many repeating alanine units. In the capture silk of the Garden Argiope spider, the silk used to capture and engulf its prey is the stretchiest but the least strong of its types of silk. This silk is characterized by many repeating units of the amino acid serine.

The proteins that compose each type of silk are produced in their own silk gland inside the spider. Within one of these glands, the concentrated proteins have the consistency of honey. The spider pushes this protein through long glands that lead to microscopic spigots on the spider’s spinnerets. As the spigots pull long strands out of the ducts and extrude them, the molecules stretch and link to form long strands. The spinnerets then, wind these strands together to form the sturdy silk fibre of the spider’s web.

Spider silk is one of the most high-performance materials known to man. Weight for weight, spider silks are five times as strong as an equal mass of steel, and humans have yet to engineer something as stretchy, strong and sticky as spider silk. Spiders are smart, there’s no doubt about it. As Charlotte the spider said herself, “I can surely fool a man. People are not as smart as bugs.”

Bottled water holds many serious drawbacks for both the environment and Canada as a whole.
Climate change is hitting close to home
Canada is already seeing the repercussions of a shift in temperature

The federal government reports that 2018 was worst year on record for wildfires in British Columbia and if global temperatures continue to increase forest fire frequency will increase and they will get closer to the Waterloo Region.

Nick Owens
Science and Tech Editor

It hasn’t been hard to notice the increase in sporadic weather patterns in recent years.
Many like to point to the increased number of annual hurricanes in the south Atlantic as an example of the ways that increased greenhouse gasses are affecting the global climate.
However, even if most of Canada is not usually the common example of these types of extremes, there is still plenty of evidence for the negative effects that climate change could cause close to home.
Over the summer, temperatures reached much higher than initial estimates would have guessed, with well over 50 heat-related deaths in Montreal alone.
Toronto’s heat was not quite as bad, but multiple storms caused severe flooding which is unusual as a repeat occurrence over one season.
On the Pacific coast, this was the worst summer on record, according to the BC wildfire service, over thirteen thousand square kilometres lost.

More alarming has been the shift in temperatures.
Globally, the world has warmed up by about one degree Celsius on average over the past seventy years.

However, records seem to vary greatly from province to province, with the Northwest Territories reporting an average increase in temperatures of up to four degrees Celsius.
Currently, these numbers can give us a loose, but still meaningful representation of what could happen in the years to come.
For example, in the next 50 years, Toronto is expected to lose several days of sub -15 degree weather.

This would lead to an increase in the number of days where freezing rain can occur and an increase in the amount of damage that such events cause.
Out west, the number of wildfires is expected to increase as well as the amount of flooding caused by severe rain. These events are already causing significantly more damage than they have in the past and are likely going to increase in the future.

Like all problems, there are, however some positives that can be seen due to these changes in temperature.
For example, the harvest season in Canada has actually expanded in recent years, leading to more food production, and therefore, higher exports of Canadian trademarks such as wheat.
However, it is worth noting that this could be a niche positive. The future effects of climate change could vary greatly, but the potential for increased risk of drought could eventually cause this expanded harvesting season to actually shrink in the long term, due to the lack of necessary water as well as other resources.
Furthermore, this year, ash from the BC wildfires was able to reach the Prairie Provinces. The increase in ash in the air could make it more difficult to go outside and, therefore, farm.
All of these events go to show the outcomes caused by the shift in climate in our country and depict a draenic need to prepare for the years to come.

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Climate Trends across Canada over the past 130 years. Darker areas illustrate where temperatures have increased the most.
Warriors make it to the last four

Syed Naqvi
Sports Editor

The Waterloo Men’s Rugby team has made it to the semi-finals of the OUA. The team standing in their path to the semi’s: Trent. However, Trent was not their only opponent on Oct. 27, with rain and a cold weather equally opposing them in their pursuit of glory. But, their unquenchable thirst for success enabled the Warriors to overcome both their opponents and crush Trent 21-5 to book a spot in the semi-finals of the OUA.

Mitch Voralek was once again the star of the show as he opened the scoring for the Warriors with Sam Newhook also playing an equally important role to put the Warriors up by 7-0. With the weather and conditions totally against them, Warriors, just five minutes later found another breakthrough. This time it was Paul Kaía who punched in the try at the line and Voralek was, yet again, on hand to hit the convert. The score-line at half-time read 14-0 in the Warriors’ favour.

The second half began and the Trent players came back rejuvenated and with the wind also blowing favourably for them, they controlled the play. However, it was in this time period that the Warriors’ defense came to life and expelled all the attacks from Excalibur. However, the incessant attacks from the Excalibur did finally bear fruit for them as they broke the Warriors’ defence for a try. However, they didn’t take full advantage of the try as they missed their convert. With only ten minutes left, the score was 14-5 in the Warriors’ favour.

Realizing that they have to counter this constant threat from the Trent Warriors went back on the offense. Harrison Cooper scored one more try and this was followed by another kick from Voralek who made the score 21-5 for the Warriors. Voralek scored 6 points in the game and made his tally for the season 150.
Oct. 27, 2018 was a day full of ups and downs for the Warriors’ fans. On one hand, the Warriors’ Men’s Rugby Team booked their place in the OUA semi-finals, but on the other hand Warriors’ Men’s Football Team lost to Guelph Gryphons in the quarter-final of the Yates Cup.

It was after a long wait of 15 years that the Warriors finally made it to the playoffs. However, the third seed, Guelph Gryphons, became the reason for the Warriors stumbling at the third-last hurdle on the road to glory.

The early part of the game was fraught with penalties against the Warriors. As a result, Gryphons got an early lead of 10-0 in the game, courtesy of field goal and Theo Landers’ rushing score.

Warriors soon regrouped and their star quarterback, Tre Ford, combined with Tyler Ternowski for a 55-yard touchdown. With both teams vying for dominance, spectators were treated to some end-to-end action on the field. In this scramble for dominance Ford completed another 39-yard touchdown. The early deficit proved to be decisive, as the first half ended 31-21 in favour of the Gryphons.

Early on in the third period, Gryphons extended their lead to 37-21 with Kade Belak scoring the touchdown. Curtis Gray of the Warriors forced J.P. Cimankinda to fumble and Joshua Brown was on hand to recover on the Gryphons’ 18-yard line. The very next play Warriors cut the lead to 9 as Ford combined with Richmond Nketiah to make the scoreboard read 37-28.

After a host of turnovers from either side, the Gryphons once again increased the lead to 44-28. With the clock ticking and less than 5 minutes remaining, the Warriors showed everyone their undying spirit as Ford teamed up with Brandon Metz for another 17-yard touchdown making the scoreboard read 45-34. Before long the final whistle was blown and the game, coupled with the Warriors’ season, ended.

Gryphons came into the game with a solid strategy of defeating the Warriors using their strong ground game. With the Gryphons running back, Cimankinda, was the catalyst in the implementation of this tactic as he covered a total of 256 yards and scored three touchdowns. To put this into perspective, the whole team covered 284 rushing yards and Cimankinda was involved in 90 per cent of them. Gryphons quarterback, Landers, also brought his best self to the game as he, with his immaculate passes, completed 240 yards and contributed to two touchdowns.

However, in this cloud of despair: Warriors still have a lot of silver linings in the form of Ford, Ternowski and the fact they have rejuvenated their football program. Ford was a treat to watch in this game as he completed 23 of his 32 passes, in the process covering 295 yards and contributing to three touchdowns. He did not just dictate the tempo of the game but he also led from the front, completing 150 yards whilst rushing into the opposition area. Ternowski ended his season by further bettering his impeccable record of producing a touchdown catch in every game he played. Simultaneously, this refocus on the football program has enabled Waterloo to become an excellent destination for potential recruits and from this point onwards all the Warriors’ fans are only hoping for the best.
In defense of curiosity

Our education system should promote exchange of knowledge and ideas rather than material and financial success.

What does the term “education” mean? Does it mean teaching someone how to live? Perhaps it means being job-ready?

Every person comes into the education system with their own definition and expectations of what to expect. It can be anything from enabling the pursuit of a passion to securing a ticket to a cozy desk job.

In my eyes, education should be closer to the impartation of knowledge and wisdom rather than the impartation of the skills necessary to thrive financially.

Each day that passes seems to bring more news of the growing gap between the rich and the poor. I come from a middle class family and I understand, at least in part, the pressure that comes with having to find a path to financial security.

I’ve made the choice to go down this path myself, so by no means do I feel that education is useless towards achieving that goal; however, looking at it idealistically, I believe that this system is completely broken.

What should be an exchange of opinions, ideas, and knowledge is overshadowed by constant undercurrents of career, financial, and materialistic success.

It’s rare that I come across curiosity for curiosity’s sake nowadays.

Despite having this curiosity myself, I constantly feel blocked when I try to let it out.

For example, I find all of the classes I’ve been taking to be very interesting, but I don’t get much of an opportunity to deeply explore the content because of the constant threat of examination.

In the pressure to “grind” it out and slog through to conform precisely to what and how you are expected to learn, curiosity dissolves into a luxury. This leads me to ask the following: why can’t we be content to teach and learn without having to resort to proving we know what we are expected to know?

The answer I have (so far) is that the education system runs on competition, just like the rest of the world. I am reminded of a TEDxUW talk by Hamid Tizhoosh where he talked about the omnipresent ranking mentality: We live life comparing every single aspect of our life to the lives of those around us. While it has helped us survive and evolve to this point, it feels far too superficial for a construct of human intelligence, such as knowledge.

It is not the same to rank barriers by potential harm levels and to rank how well students can learn based on teachers’ expectations. The competition that’s generated by testing completely shatters what should be an opportunity to learn without having to study in a particular way.

The education system and academic world at large are streamlined for a very specific set of people that enjoy the process of studying and hustling.

I, on the other hand, have a hard time with this simply because I enjoy learning new things. On the surface, this might seem like the same thing, but it results in cognitive dissonance from feeling pinned down by focusing on very specific subject matter all of the time.

As someone who is interested in everything from philosophy and psychology to technology and poetry, being put under pressure to learn on someone else’s terms does not feel like the right way to learn, yet it feels like it’s the only way to get my degree. It feels like we’ve come to silently accept a system which apathetically watches us become moulds of their creation.

Not all people may not enjoy knowledge in the same way I do, but it is certainly not right to be made to feel insignificant and pinned in the pursuit of something as wonderful as curiosity.

Abhishek Kaul
1B Electrical and Computer Engineering
Mirror, mirror on the wall...

OK Google, how do I fix my life?

The person inside my head has never matched the person I see in the mirror and it’s intensely frustrating. The person inside my head is intelligent, fiercely independent, and strong both mentally and physically. In reality, I question my own intelligence many times a day. I feel like I have no idea what’s going on or what to do or how to do it. How am I in charge of anything? Where are the adults? Oh, that’s me, right... sh’t.

I’m winging everything. Google is my best friend.

How do I make a KPI? What is a KPI? How do I do a thing in Photoshop? How do I get a bloody grass stain out of a dress? How do I knit a cowl? What’s the best and easiest way to design a logo/webpage/business card? How do I change a tire, unclog the bathtub? Oh, that’s why you don’t put hair down that one. Why is my car making that noise?

Google knows all.

I have no idea how my parents did anything in a pre-Google age. I’m so confused about everything.

All. The. Time. But the person I envision has it all together. She’s not drowning in laundry that needs to be folded, she’s not yelling at her daughter for no reason, and she’s not crippled by the crushing weight of her responsibilities.

She certainly doesn’t feel guilty about failing at adulting because she’s not. She’s killing it and she knows it. She’s beautiful and confident, but when I look in the mirror I don’t see her.

I see weakness, imperfection, and anything other than beauty.

So, why are we so far apart? We are one and the same, but so fractured.

Is this normal? Does everyone feel this way?

Maybe my expectations of myself are too high.

Maybe it’s OK not to have all the answers.

Maybe it’s OK not to be a Pinterest mom, a beauty queen, a feminist rebel who enjoys exercise.

Every stage of life feels like the most difficult experience and like no one understands what you’re going through.

I think we are all going through things we don’t even understand. I think we need to be kinder to ourselves and to the people around us because nobody really has any idea what they are doing or how to do it. If you do, kudos to you, but I don’t buy it.

We’re just doing the best we can. We are all just trying to mirror the cool kid in our heads while managing society’s expectations and all the terrible things life throws at us.

The bad news is, it doesn’t get easier to put those people together.

I think it gets harder.

When you’re young there are so many frames of reference to define yourself against.

You can define yourself by your education and the stereotypes that go with it, but as you get older and your rule changes; as you get laid off, hired, and moved here and there, you don’t trust it as much.

I was a newspaper reporter, then a crime reporter, a wife, a mother, a municipal affairs reporter, an editor... a mentor.

More fractured.

Staying grounded and keeping it all together is a lifelong struggle that everyone is going through.

Be kind and take comfort in the fact that the struggle is real and we are all facing it in different ways.

Where are UW’s funding priorities?

You are all aware of the new engineering building, E7, that was recently built on campus.

The university spent almost $100 million on this new state of the art building in order to enable engineering students to have access to state of the art tools and a better environment to conduct their work in. It feels almost as if the university only cares about the engineering faculty. What about updating the rest of the campus?

There are numerous areas of the school that could use safety reinforcement and a renovation, but the school blantly ignores them. Students in other faculties need to feel appreciated and know that what they are studying matters. Unfortunately, it’s hard to feel that way when the university fails to treat each faculty equally and give funding to enable other areas to be modernized and match up to buildings like E7. It would be nice to have all the buildings match up in terms of amenities and resources. PAS is an old and dilapidated building. MC could use new washrooms, and the silent study rooms in the Davis Centre make you feel more depressed than motivated.

Last year, Claudette Millar Hall opened and was hailed as Waterloo University’s new residence building. Each room has its own thermostat and each floor has its own study rooms. It is a stark contrast to the living conditions in other residence buildins. Village 1’s central heating system is horrible. I lived there for one semester and had to have my heating vents fixed twice.

The lights in my room kept flickering on and off and this was not an environment conducive to studying. The University of Waterloo Place (UWP) does not have an AC system at all. In the summer, the buildings feel like a heated death trap and if you do not own an extremely powerful fan or at least five mediocre ones, be prepared to simmer through the summer months.

I often find myself drifting to more modern and newer buildings to study and these are usually buildings in different facilities because my own faculty building is a sad place. Being there does not motivate me or foster any sense of creativity and motivation. It is such a shame that funding cannot be spread evenly throughout the campus. Other areas of the school are suffering but nothing is being done and from the looks of things, it feels like things are not going to change any time soon.

Anonymous
Submission
upcoming events

October 2018

For all of UpTown Waterloo Fall activities visit www.uptownwaterloo.ca.

Savour in Stratford - Saturday morning Market from 7 a.m. to 12 p.m. at the Rotary Complex; and more! www.visitsstratford.com.

Friday, November 9 & 10

Art & Pay Member Annual Juried Art Show & Sale at 137 Glasgow Street, Kitchener. For event details visit www.artsypay.org.

Friday, November 9

KW Chamber Music Society presents “Ensemble Made in Canada” at 8 p.m. at 57 Young Street, W., Waterloo. For tickets/info 519-569-1809 or www.ticketscene.ca/kwcmcs.

Saturday, November 10

Love of Music Marathon presented by the K-W Symphony Volunteer Committee First United Church, King Street, S. at William Street, Waterloo from 10 a.m. to 5 p.m. One hour concerts all day with amateur and professional musicians; all kinds of music. Free admission.

Sunday, November 11

Scrabble & More Christmas Bazaar at Parkminster United Church, 275 Erb Street, E., Waterloo. Enjoy shopping at our Marketplace for unique gifts, preserves, gift baskets, baking, books and puzzles. Fun games, door prizes and refreshments. All proceeds to Stephen Lewis Grandmothers to Grandmothers Campaign.

Monday, November 12

KW Chamber Music Society presents “Terzetto!” at 8 p.m. at 57 Young Street, W., Waterloo. For tickets/info 519-569-1809 or www.ticketscene.ca/kwcmcs.

Wednesday, November 14 to 17

Theatre and Performance program presents Fall term production “Tomorrow Love” at the Theatre of the Arts in Modern Languages, UW. For more info/tickets 519-888-4908 or Janelle at jrainville@uwaterloo.ca.

Saturday, November 17 & 18

Grand Philharmonic Choir and Mark Vuorinen, Artistic Director present “Considering Matthew Shepard” at Humanities Theatre, UW, Nov 17 performance at 7:30 p.m. and Nov 18 performance at 7 p.m. First performance in Canada. For info/tickets 519-888-4908 or www.centrehinquescure.com or www.grandphilchoir.com.

Wednesday, November 21

Walter Bean Public Lecture (free) - “On the State of Freshwater Fish and Fisheries: Finding a Future for the Forgotten,” from 7 to 8:30 p.m. Humanities Theatre, Hagey Hall, with speaker Dr. Steven Cooke. Register at www.uwaterloo.imodules.com/twalterbean.

Friday, November 23

Gamelan Ensemble Concert at Humanities Theatre, UW, at 7:30 p.m. Free admission. For more info 519-885-0220, ext. 24226 or music@uwaterloo.ca.

Friday, November 23 & 24

Booklovers - Find treasures at the Elora Festival Singers Christmas Book Sale from 3 to 8 p.m. on Friday and 10 a.m. to 2 p.m. on Saturday. Cash only event. Admission and parking are free at the EFS Book Depot, 580 St. Andrews Street, W., Fergus (side entrance).

Saturday, November 24

UW Choir Concert “Musik’s Empire” at First United Church, 16 William Street, Waterloo at 7:30 p.m. For more info/tickets www.uwaterloo.ca/music or 519-885-0220, ext. 24226.

Thursday, November 29

Orchestra UW WATERLOO “Telling the Story at Humanities Theatre, UW, at 7:30 p.m. Free admission. For more info music@uwaterloo.ca or 519-885-0220, ext. 24226.

Saturday, December 8

Galaxy of Gifts - a fundraiser for Lutheran Foundation at Luther Village on the Park - Great Hall, 141 Father Dowd Bauer Drive, Waterloo. Over 50 tables of handcrafted items, jewelry and more! Free admission, door prizes, BBQ food and refreshments. For more info 519-783-3710.

announcements

TUESDAYS - GROOVE exercise class at E7, 2nd floor pitch space from 5 to 6 p.m. For more info cinddy@uwaterloo.ca.

Gamelan - join the World Music Ensemble or Community Gamelan. For more info, www.uwaterloo.ca/music/ensembles.

Chapel Choir - connect with friends, unplug from screens, sing your faith. Chapel Choir meets Mondays and Wednesdays at 4 p.m. Available for credit or an extracurricular. Contact Professor Kate Steiner at ksteiner@uwaterloo.ca or www.uwaterloo.ca/music for more details. Audition interviews begin September 10.

volunteering

Bereaved Families of Ontario - Midwestern Region, The Family Centre, 65 Hanson Ave., Suite 1041, Kitchener. We currently have a number of exciting volunteer opportunities. For more info, janine@bfmidwest.org or 519-605-0196.

Become a Meal On Wheels volunteer! Call 519-772-8787 or www.communitysupportconnections.org/volunteer/apply.
Daylight Savings Time!

Across
2. Daylight savings time abbreviation
5. Comes with the setting sun
8. Losing precious sleep time
10. Day of the week that the time changes
11. A short unit of time
14. DST is used to _______ daylight hours
15. Month where DST begins (Canada 2016)

Down
1. Tell the time on an analog clock
3. Canadian province that does not observe daylight saving time
4. Hours of darkness
6. It’s all relative
7. First country to adopt daylight savings
9. The loneliest number
12. What needs to be adjusted during DST
13. Month where DST ends (Canada 2016)
16. There are 24 of them in a day

Supreme Quart of Justice

Order!

Some whiskey, some vodka, few bottles of wine...

Supreme Quart of Justice

Solution to last week’s crossword:

THE ASSASSINATION OF MOVEMBER BY THE COWARD OCTOBER

Best Halloween buy yet
Drop this page off at Imprint (SLC 0137) or at the Turnkey desk for a chance to win $200 K167 Tiesto Headphones. 
Winner to be announced Dec. 17 online at uwimprint.ca and over social media.

**Question 1:** On a scale of 1 to 5 (1 being never and 5 being always) how often do you read Imprint? Circle one.

Never | Sometimes | Always
---|---|---
1 | 2 | 3 | 4 | 5

**Question 2:** On a scale of 1 to 5 (1 being poor and 5 being excellent) Rate your impression of Imprint. Circle one.

Poor | Sometimes | Excellent
---|---|---
1 | 2 | 3 | 4 | 5

**Question 3:** On a scale of 1 (never) to 5 (always) how likely are you to read the following sections?

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<thead>
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<th>News</th>
<th>Opinion</th>
<th>Features</th>
<th>Arts</th>
<th>Science</th>
<th>Sports</th>
<th>Distractions</th>
</tr>
</thead>
</table>

**Question 4:** Rate this statement: “Imprint keeps me adequately informed on campus issues.”

Strongly Disagree | Neutral | Strongly Agree
---|---|---
1 | 2 | 3 | 4 | 5

**Question 5:** Rate your satisfaction with Imprint sections from 1 to 5 (1 being very dissatisfied and 5 very satisfied)

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<th>Features</th>
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<th>Science</th>
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(Optional for prize)

NAME: ........................................................................................................

E-MAIL: ........................................................................................................

YEAR & MAJOR: ........................................................................................................

PHONE NUMBER: ........................................................................................................

Want to Volunteer? Bring this to SLC 0137.
What would you like to do at Imprint?
Write ( ) Proofread ( ) Take photos ( ) Edit sections ( )
Other ( ______________________________________ )
Do you want updates with Imprint’s mailing or story list? Yes ( ) No ( )