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CONSIDERING MATTHEW SHEPARD
The UW Chamber Choir and the Grand Philharmonic Chamber Singers presented a memorial piece for the murdered teen.



THE TRUMP CATERPILLAR
Learn about this caterpillar's interesting survival strategy. P6

TRANS HEALTH CONFERENCE P12
The first ever Trans Health and Wellness Conference was hosted by McMaster last weekend.

THE POWER OF MUSIC P13
Music has been used as a powerful, controlling force throughout history.

TORONTO CHRISTMAS MARKET P8
Get an inside view of this year's Toronto Christmas Market.

Indigenization on campus and across Canada

Read more about the importance of Indigenization and reconciliation on P8



KUNDAI MARIGA

news

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Help guide the GSA into healthy future

Victoria Gray
Executive Editor

Allison Sachs got involved with the UW Graduate Student Association to help advocate for students when they run into funding issues or problems with supervisors.

"Students do clash with their supervisors and there's such a power differential between supervisors and grad students," they said.

Sachs, the chair of the board of directors of the Graduate Student Association started out as a councillor for the physics department, but stepped up to chair the board a year ago because conflict management is one of their strong suits.

"A lot of people get involved with the GSA because they run into a problem and want to make sure it doesn't happen to other people, so they come from a place of wanting to make change. I can take what might be anger and turn it into something productive,"

Sachs said.

The board of directors shapes and guides the GSA by putting policies in place to define the organization, like putting limitations on what the president of the GSA can do, limiting income inequality within the organization, and making sure the president sets and meets their goals.

The board also ensures the organization has a clear vision for the future; that student fees are used properly and that the organization remains transparent and running in line with its mandate to advocate for grad students.

The board and council need volunteers and engagement from grad students to represent them effectively.

"We have a healthy organization," Sachs said. "Grad students need to know what we offer. Without them we wouldn't exist."

The association also has part-time jobs for students.

For more information about the GSA's board of directors, volunteering for council, or applying for a job visit <https://uwaterloo.ca/graduate-student-association/>.



VICTORIA GRAY

Allison Sachs, chair of the Graduate Student Association's board of directors wants people to know the board and council need volunteers and support while they guide the association.

POLICE BRIEFS

Three people were taken to hospital after a horse drawn buggy and pick-up truck collided in Woolwich Township on the weekend.

On Sunday, Nov. 18, at 11:30 p.m., Waterloo Regional Police responded to the collision on Sandy Hills Drive in Woolwich Township.

The horse drawn buggy was travelling south on Arthur Street and attempted a left turn onto Sandy Hills Drive when a pick-up truck travelling south struck it. The three passengers of the buggy were taken to hospital. Two passengers suffered minor injuries, and a third passenger suffered serious, but non-life threatening injuries. The horse also suffered minor injuries. A 19-year-old Elmira man, who did not suffer any injuries, drove the pick-up truck.

The investigation is ongoing and charges are pending.

Anyone with information is asked to call police at 519-570-9777 ext. 8856

Four suspects attacked a person in the early morning hours of Sunday.

Waterloo Regional Police are investigating an alleged assault that occurred on Nov. 18 between 3 a.m. and 4 a.m. in the

area of King Street North and Columbia Street East in Waterloo.

The victim was attacked by four suspects who fled in a mini-van. The victim was later taken to hospital and treated for non-life threatening injuries.

Anyone with information regarding this incident is asked to call police at 519-570-9777 ext. 6399 or Crime Stoppers at 1-800-222-8477.

A Kitchener man was charged after a sexual assault at an osteopathy clinic.

Waterloo Regional Police charged a 34-year-old male after an alleged sexual assault at Tricity Osteopathy in Kitchener.

Dennis Oliver Long was charged with one count of sexual assault.

The investigation is ongoing. Anyone with information is asked to call police at 519-570-9777 or Crime Stoppers at 1-800-222-8477.

Waterloo Regional Police are asking people who live in the Chicopee area of Kitchener to check their personal surveillance cameras for any suspicious activity after a rash of daytime break-ins.

Police say they are looking for footage of a suspicious man, possibly on their porch

knocking on the door.

During October and November police received several reports of daytime break and enters to residences in the Chicopee area.

In most of the incidents homeowners were not at home.

All entry to the homes was forced.

Police say they are looking hope the footage will lead help them identify and locate suspects.

Anyone with information or footage is asked to call police at 519-570-9777 ext. 8255 or Crime Stoppers at 1-800-222-8477.

A fire broke out at the abandoned Trinity Church in Kitchener.

Emergency crews responded to a fire at the abandoned Trinity Church at 74 Frederick Street in Kitchener on Thursday, Nov. 15 at 1:30 a.m.

When fire fighters arrived heavy smoke and flames were visible from the back of the church. Members of the Kitchener Fire Department were able to contain the fire and prevent it from spreading to nearby buildings.

Damage to the church is estimated at \$100,000.

No one was injured.

The cause of the fire is still unknown and police urge the public to stay away from the area.

Anyone with information regarding this incident is asked to call police 519-570-9777 or Crime Stoppers at 1-800-222-8477.

Waterloo Regional Police found a female with outstanding warrants in the trunk of a car.

On Tuesday, Nov. 13 the community oriented response and enforcement team conducted a traffic stop on a motor vehicle near Thaler Avenue and Kinzie Avenue in Kitchener and found a female in the trunk along with carfentanil and crystal methamphetamine, and a canister of bear spray.

Three people were charged with two counts of possession for the purpose of trafficking. The driver was also charged with several highway traffic act offences including stunt driving.

Waterloo Regional Police arrested a 49-year-old male as part of an investigation into stolen property in Cambridge on Thursday, Nov. 15. As part of the investigation, officers seized suspected methamphetamine and a stolen bicycle.

Toward gender equality: plans for free menstrual products on campus

Harleen Kaur Dhillon
Editorial assistant

The Equity Office hosted a meeting with Plant Operations, Food Services, and the Glow Centre for sexual and Gender Diversity in early October to discuss the best method for making menstrual products available to the campus community, but nothing has been done yet.

"We are exploring options for providing free products," Gina Hickman, Director of the Equity Office, said. "One of the first steps was looking into whether we could use the existing dispensers machines (without cash). We recently received some information about the feasibility of that proposal and the associated costs. We are also looking into the cost of acquiring and installing new free dispensers," she said.

Accessibility of products for people who menstruate, but do not identify as women was also discussed. One of the ideas suggested was the use of existing dispensers in the women's washrooms and additional dispensers in gender neutral washrooms to dispense free products.

"[The stakeholders] all support the provision of free menstrual products and making these products available in a safe, hygienic, and respectful way," Hickman said.

"They also emphasized the importance of providing products in locations that can be accessed by people who may not identify as women and thus would not be in a women's washroom," she said.

In the interim period, the responsibility of providing menstrual products falls on the Women's Centre.

Faculties are also able to provide free menstrual products at their own cost.

"We are a Feds, student-run organization -- we do have a budget and if that's not put into consideration then we might not be able to provide those products anymore," Katerina Pagura, Social Director of the WC said.

"That's a big part of our mission -- to provide these kinds of resources on campus. However, we are looking forward to receiv-



Moomna Liqat, a 4th year Arts and Business student stares distraughtly at the empty menstrual product dispenser in the SLC bathroom.

ing further support from external partners within the university so we are better equipped to offer more than just menstrual products," Vivien Pham and Akshaya Raja, Service Coordinators of the WC said in a joint statement.

Initially, Plant Operations had planned to work with Food Services to provide menstrual products for a cost through vending machines. Students have previously expressed skepticism.

Pagura said that this put people who menstruate -- especially those who do not present female -- in a difficult spot.

"A lot of people are still embarrassed because of the stigma [to menstruate], and that's a big problem in our society as a whole, but if you already don't feel comfortable that you're menstruating, and then having to go somewhere very public [for menstrual products] -- that doesn't help anyone," she said.

Hickman also said that the plan with vending machines is unclear, and they would not be the main method of dispensing menstrual products.

The Equity Office maintains that they invited the Women's Centre to the meeting, but the WC denies receiving an invitation. Despite being an executive member, Pagura was unaware of the meeting taking place. She identified

the lack of communication among groups as a major barrier to student participation.

"I think one of the biggest problems with our schools is communication. Just because we have all these events and all these GMs [...] stuff that can really make an impact and a change, but the way they advertise it, I don't think [it] is well done," Hickman said.

"We are still in that mentality where groups get left out and don't get considered. Unless you're in this in-group where you work for Feds, you know exactly what's going on, or you're a prof, [...] you don't know, which is unfortunate because how are we supposed to know? How are students supposed to be able to make a change where we are living, where our money is going, and where we spend at least 80 per cent of our time now?" Pagura said.

Hickman said that the meeting was an attempt to consult with all of the stakeholders properly.

"Since the machines were removed, it has become clear that many campus members believed there was not adequate consultation involving this decision and that removal of the machines represents a significant inconvenience and a gap in service for people on campus," she said.

Pagura also said that, since He-

women on campus. I understand [the President wants] to do all of these impactful things for women, and that's great," Pagura said. "I think it just needs to be talked about, it's too quiet, it's too swept under the rug. However, when HeForShe hosts one Menstruation Day a term, and it's all focused around women menstruating where it's still called "shark week" -- that doesn't make an impact because that still puts the negative connotation with menstruating. So men, who are predominant in our school right now because of the Engineering and the Math faculties, have this negative stigma towards it," she said.

Pagura also believes that President Feridun Hamdullahpur needs to be more active in this conversation, especially as he is championing the HeForShe movement.

"There's a lot of things you could do for HeForShe that other schools are doing because it's not just menstruation, [...] I think he needs to be there sitting on these meetings because it's a major issue, people don't understand it, and people don't understand that it's not a choice," she said.

Plant Operations, Custodial Services, and President Hamdullahpur were contacted, but did not comment.

ForShe is a major project for the university, UW should be working towards gender equality on all fronts, and that includes access to free menstrual products. She also said that there is still a lot of stigma around periods, and "menstruation days" and "shark week" are not effective in empowering people who menstruate.

"[It's] doing nothing for the

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Fighting hate and violence for 20 years

Charlotte Hings and Miti Patel
Managing Editor, Reporter

In October 1998, Matthew Shepard, an American student at the University of Wyoming, was kidnapped, severely beaten, tied to a fence, and left to die in a lonely field, all because of his sexuality. This tragedy influenced laws against hate crimes, and both perpetrators were sentenced to two life sentences. This past October marked the 20th anniversary of his death.

The University of Waterloo Chamber Choir and the Grand Philharmonic Chamber Singers, with Artistic Director, Mark Vuorinen, presented *Considering Matthew Shepard*, composed by Craig Hella Johnson on Nov. 17 and 18 at the Hagey Hall Theater.

This piece incorporates a variety of musical styles and texts, in-

cluding passages from Matthew's personal journal. Lesléa Newman was a keynote speaker at an event hosted by the University of Wyoming's LGBTQ+ Association that Matthew was involved in planning shortly before his death. Newman created *October Mourning: A Song for Matthew Shepard*, which was a source for some of the content of *Considering Matthew Shepard*. This piece has been performed in many places in the U.S and this past weekend, was the first time it was performed in Canada.

The performance depicted an innocent boy subjected to a brutal hate crime: it presented a personal moving story which was also informative. It was told powerfully through poems and songs sung beautifully by the choir singers, accompanied with captivating music by the orchestra, and projections of background images, provoking varying emotions throughout the



RUTH STEWART-PATTERSON

Matthew Shepard was kidnapped, severely beaten, tied to a fence and left to die in a field in 1998, because of his sexuality.

moving performance. The images included photographs of a large empty field with a fence to set the scene; silhouette portraits of different individuals; and others relating to the content of the poems

such as moving images of fire and picture of a night sky.

The piece was a show of respect and support whilst also exploring the emotions of sorrow, pain and heartbreak as reactions

to the tragedy. Overall, the show conveyed a message of hope and standing together in support of equality through the emphasis on acceptance, resulting in a standing ovation from the entire audience.

Professors take course evaluations seriously

Course evaluations help profs understand how students experience their classes

Victoria Gray
Executive Editor

Sonya Buffone wants students to know she, other professors, and the University of Waterloo take course evaluations seriously.

"I reflect on the comments. I think the comments could be an important communication tool. [Some of my evaluations] said I went through concepts too quickly. I was trying to include as much as possible, but maybe I need to include less material and cover it with more depth and engage students in that sense," she said.

The research specialist and project manager of course evaluation team is encouraging students

to take part in a pilot project to improve and streamline course evaluations in addition to this semester's regular course evaluations.

The pilot evaluation is running concurrently with regular course evaluations for all departments and students can find the link on the portal where they would fill out their regular evaluation.

David DeVidi, chair of the course evaluation project and professor in the philosophy department said part of the pilot project's purpose is to standardize evaluations across departments and also to ensure the questions help gather appropriate and pertinent information.

"It's shorter and ensures the questions are questions students

can answer with certainty. If you ask a student how well their professor knew the course material, it's not something they can really answer," he said.

The results from the pilot will help the pilot team get a better understanding of reliability and validity of the ten core questions on the five-minute survey through a factor analysis.

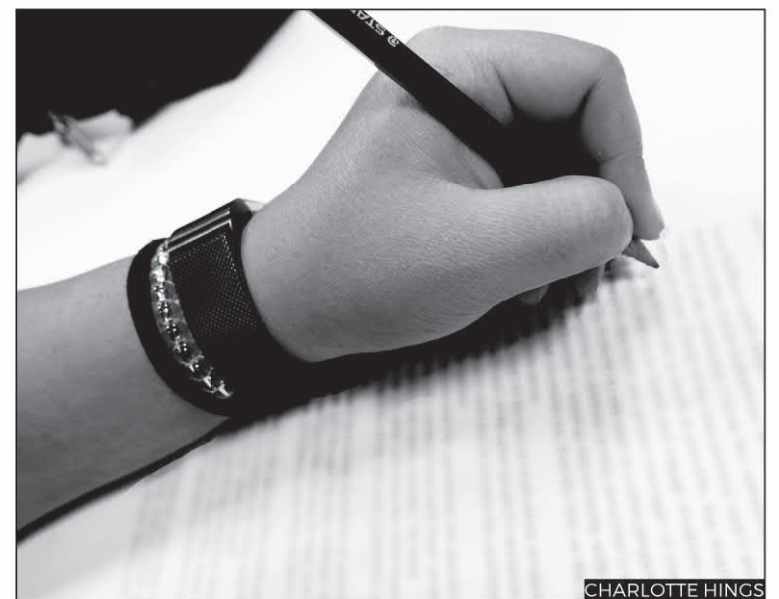
"We are really hoping as many students as possible take part because their voices are so important and we can't do this without them," Buffone said.

She said participating in the survey is easy and fast. The pilot team guarantees answers are kept anonymous and that student voices are the most important part of the project.

"I held focus groups in the spring with students and found a lot of them didn't realize how important course evaluations were and how powerful their voices are when it comes to their education," Buffone said.

DeVidi and Buffone want faculty to know that students participate more if their professors make an effort to show that they use the information to improve courses.

If faculty can offer five minutes



CHARLOTTE HINGS

If faculty can offer five minutes to students to fill out the survey it would help immensely.

to students to fill out the survey it would help immensely.

Many of the course evaluations used today are outdated and don't provide professors or the university with the kind of information necessary to improve because they don't take current theory and learning or teaching priorities into account.

After the pilot test results are

analysed the team will create a number of reports for the university community, as well as educational toolkits to help users, guidebooks, and recommendations for more testing.

Although it will take time, DeVidi and Buffone hope this pilot will lead to a new standard of course evaluation that will help both students and professors.

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Suburbanites lean right for comfort

Harleen Kaur Dhillon
Editorial Assistant

The sprawling hills of suburbia, the boy next door, the friendly neighbours waving hello on sunny mornings - were all planned, and all may influence your political standing.

Pierre Filion, a professor at the UW School of Planning recently published, *Enduring Features of the North American Suburb: Built Form, Automobile Orientation, Suburban Culture, and Political Mobilization* in the *Urban Planning Open Access Journal*.

The study focused on the influence of urban planning in the past century and its effects on the rise of right-wing populism in the present day.

The study concluded that, generally, those who live dependent on automobiles in suburban communities are less likely to sacrifice their comfort and convenience, so are inclined to vote for whomever caters to their needs.

"It's understandable that people whose recreation and livelihood depends on cars would be less willing to accept transformative changes that could disproportionately

impact their comfort and convenience," Filion said.

The study looked at urban planning and voting data from after World War II and 2010. It studied the influence of reliance on automobiles on political affiliation.

Dependency on automobiles also influences land-use and lifestyle factors. Combined with the increasing urban sprawl, dependency on automobiles normalized the unsustainable way of living. And the suburbs keep growing.

"As planners kept building suburbs they created scores of new electoral ridings and suburban voters who predictably voted for politicians and policies catering to their lifestyles," Filion said. "This translated into increasing automobile dependence, less land devoted to public space, and the continued cycle of building more suburbs."

As they are unwilling to give up a comfortable, albeit unsustainable life, suburban voters often resist changes that could affect them in any way.

"[There is] a sense of having their values attacked, and that could explain some of the waves of right-wing populism in North America," Filion said.



JOHN BRANFORD

Urban Planning may contribute to right-wing populism, study finds.

Goodbye Lime

Scooters temporarily decommissioned

Vi Shah
Creative Director

Have you recently opened up your Lime scooter app to not find a single one on site? Unfortunately, it turns out that the Lime scooters have been decommissioned due to break-and concern. The startup scooters, specifically manufactured by Okai, are the main concern.

In previous instances, Lime has had to recall scooters due to concerns that the batteries may catch fire.

Lime e-scooters launched their first Canadian pilot program in Waterloo in October. Waterloo will receive a replacement of advanced scooters in spring 2019 as they are also not designed for winter conditions. Until then, we're back on our feet and the GRT.



PHOTOS VI SHAH

E-scooter by San Francisco-based company Lime.

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Canadians could go to the moon



In 1969, Buzz Aldrin became the second person ever to set foot on the moon as part of the Appollo 11 moon landing.

Nick Owens
Science and Tech Editor

It hasn't been a secret that NASA has been planning a trip to Mars for the near future. But there are still many steps to go through before we reach the point where we're ready for interplanetary travel. One of the next steps would be to travel to our closest neighbour, the moon.

NASA, having recently received the propulsion system that will continue missions to the moon in the early to mid 2020s, has expressed interest in reaching out to other countries in the hopes of assisting in these missions.

Primarily, the head of the US space agency said that they wanted to see Canadian footprints on the moon. Canada has always been a big part of the United States space program. After all, the Canadarm, a piece of the International Space Station is on our five dollar bill. Our current Governor General, Julie Payette, is a former astronaut. Furthermore, the first Russian launched space mission since last month's rocket failure is planned to have a Canadian on board.

The upcoming missions to the moon are planned, not only to be a means of providing a more viable means of deep space travel. For instance, one of the plans is to setup the new, 'Lunar Gateway,' a sustainable space station that will be set into orbit

around the moon. Jim Bridenstine, a NASA administrator, talked about how Canada would be a great source of expertise in robotics and in artificial intelligence. Furthermore, he wants to see the Lunar Gateway equipped with a brand new Canadarm.

What all of this would ideally amount to would be a method of travel between the earth and the moon that is easier and less expensive than ever before.

From there, interplanetary travel, which is complicated enough as is, would become a lot simpler, finally making a mission to the red planet a possibility.

However, Canadian contribution would not, stop with the Lunar Gateway. With continued assistance from the Canadian Space Association, we could eventually see Canadians walking on Mars.

The federal government has been somewhat slow to respond. The prospect of seeing Canadians on the moon is pretty intriguing, but would require a lot of resources and money with very little profit to be had, aside from the betterment of human knowledge.

Canada has been continuously contributing to space projects for decades and it seems hard to believe that this would come to an end now. But, if the government waits too long to respond, then Canada might miss the opportunity to see some of its citizens walking on the moon or going even further.



The science behind...

Column

Charlotte Hings



The Trump Caterpillar

In nature, the way something looks can make it or break it.

The Megalopygid Caterpillar has recently earned a new nickname, the Trump Caterpillar, because of its resemblance to Donald Trump's iconic hair. The Trump Caterpillar is found in the Peruvian Amazon and has a special survival strategy.

Three main strategies of prey exist in the wild: camouflage, aposematism, and mimicry.

While some species avoid being eaten by hiding in plain sight through camouflage, the Trump caterpillar survives by advertising its presence. But how exactly is this a good strategy?

The Trump caterpillar's orange/yellow hair is actually full of spines that contain irritating venom. Its bright and flashy appearance signals its predators to stay away. This is known as an aposematic signal. Predators evolve with their prey and other species around them, meaning that they know what the local toxic species are, what they can eat and what they can't. In this case, the bright yellow/orange hair signals to all those who can see it, that this is a dangerous creature and to stay away.

This strategy has been so successful in the Amazon, that other non-threatening

species are mimicking the outward appearance of the Trump caterpillar, so as to trick their predators into thinking they too, are the poisonous creature. This is known as Batesian Mimicry.

The Cinereous Mourner bird practices this mimicry. The adult birds are grey in color, but the chicks, are bright orange, just like the Trump caterpillar. The chicks even move like the caterpillar when startled, adding an even more complex level of mimicry in this species.

Mimicry is especially popular with butterflies. A popular example is the North American Pipevine Swallowtail butterfly, that is so toxic that at least six other species of butterflies have evolved to mimic its wing color patterns.

The female African Swallowtail takes on an even more complex mimicry. It has been known to mimic more than a dozen other butterfly species, depending on what the local toxic species is.

Of course, a bird cannot look exactly like a caterpillar, but with Batesian mimicry, the disguise doesn't have to be perfect, it just has to be good enough to trick the predators. So be careful out there in nature. If it's begging for attention, it might just be best to stay away.



The Trump Caterpillar resembles this iconic hairdo.

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CAROLINE CHAN YING

Toronto Christmas Market 2018

December is around the corner and holiday festivities are coming to Toronto

Kundai Mariga
Volunteer Co-ordinator

“I really can't stay (*Baby it's cold outside*).” Christmas is nearly a month away and excitement is in the air. One of the biggest events in the GTA has opened its doors to welcome everyone who

has been bitten by the Christmas bug!

The Toronto Christmas Market, located in the historic Distillery District, is up and running until Dec. 23. Twinkling lights, Santa displays, and Christmas trees are set up all around the market. Numerous vendors in European-style cabins have lined up the sidewalks, each selling different trinkets such as ornaments, souvenirs, skincare

products, and hot drinks — including an assortment of alcoholic Christmas libations. Aside from the large number of items available for purchase, the Christmas Market also offers plenty of great photo opportunities that will allow you to snap the most visually stimulating pictures for your Instagram.

We all know that the true meaning of

Christmas is about giving and creating memories with the ones you love. The Toronto Christmas Market keeps this spirit alive by supporting numerous charities such as Daily Bread Food Bank, Plan International, and the Santa Claus Fund. If you are in the Christmas spirit, you will definitely want to take a much deserved study break — it'll be worth it.

Indigenization on campus and across Canada: “You can't have reconciliation without truth”

Harleen Kaur Dhillon
Editorial Assistant

Ciara Collingbourne, an arts student at the University of Waterloo, is a white supporter of Indigenous people and is always trying to help people when she can.

“I was wondering, too, as a white person, what can I do. And apart from bringing awareness, you know, maybe having these posters just with the simple question ‘What are your treaty rights?’ will bring about the awareness,” she said.

On Nov. 14, the Indigenous Student Association (ISA) invited students to St. Paul's University College to learn about the meaning of Indigenization.

After the Truth and Reconciliation Commission (TRC) specifically addressed the

role of universities in the Indigenization process, universities across Canada got to work making campuses more friendly for Indigenous people.

“The reason that most universities are doing these Indigenization strategies is because of the TRC ... that had all these calls to action and there are some that are very specific to universities, things like funding for Indigenous students ... there are also issues around early childhood education programs that are taught in universities,” Heather George, executive member of the ISA, said.

Reconciliation requires truth. Collingbourne recognizes the importance of raising awareness about indigenous issues.

“I think awareness is a huge part of this Indigenization process campus-wide and also just like as Canadians, awareness ... You can't have reconciliation without starting

from the truth. People aren't going to know the truth if they're not aware of what the truth is,” Collingbourne said.

In recent years the Land Acknowledgement, which is pasted on school curricula and read aloud at some gatherings, has become prominent on campus. Still, Collingbourne highlights the importance of understanding that colonialism is still happening today.

“That's why I said that it should [mention] that we aren't supposed to be here and that we're breaking our promise by being here,” Collingbourne said. “It's important to me that I said that we're breaking our promise by being here. I want to bring awareness to what we're doing, I want settlers and colonizers to [recognize that colonization is still happening],” she said.

George wants people to not only read the

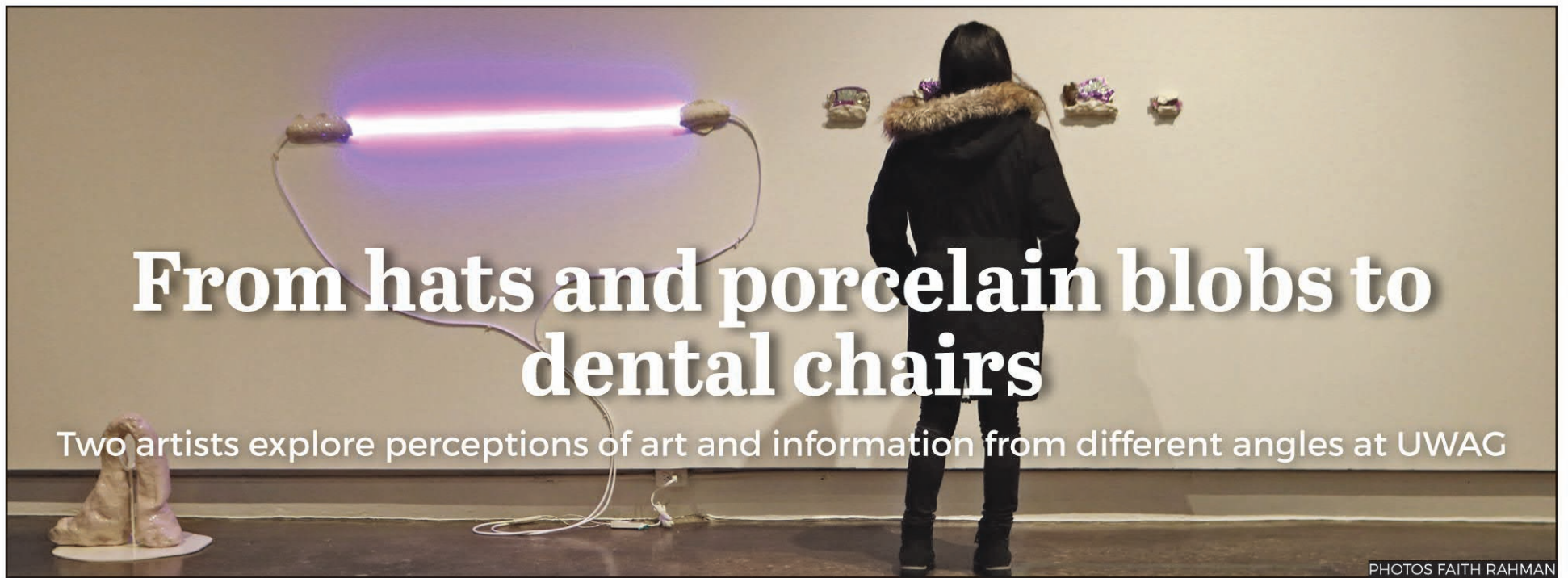
acknowledgement, but also to understand it.

“It's really great to put it on the curriculum and maybe say it in the first class, but only if you kind of understand what it means, because it's really pointless if you put something on the curriculum if you can't explain [it],” she said.

Collingbourne expects more action from the university and students.

She hopes to raise awareness for the cause by donating money and clothes.

“Why I'm interested in coming here tonight is because I recently learned that there are a handful of universities in this country that do recognize Indigenous studies as something worth mastering in, capable of being a faculty and the fact that we don't — I'm ashamed of this institution for that and I want to do what I can to help that,” she said.



From hats and porcelain blobs to dental chairs

Two artists explore perceptions of art and information from different angles at UWAG

PHOTOS FAITH RAHMAN

Art piece from the exhibit, Orchid mantis. Tom Selleck. Hats. (Gold-hatted, high-bouncing lover.) Also hats. by Katie Bethune-Leamen at UWAG.

Faith Rahman
Arts & Life Editor

Contrasting works of contemporary art are presented side-by-side at the University of Waterloo Art Gallery (UWAG).

With one half featuring glazed blobs of porcelain, a hat stand sculpture, and advertisements with Tom Selleck; the other half displays seemingly ordinary dentistry chairs that may be anything but. It is an intersection of hats, dentistry, and art.

On Nov. 15 the exhibition tour brought together artists Katie Bethune-Leamen and Catherine Telford-Keogh to discuss their collections, Orchid mantis. Tom Selleck. Hats. (Gold-hatted, high-bouncing lover.) Also hats. and Dental Dam respectively. Both work with fabricators who are individuals that specialize in their trade, such as upholsterers and metal welders, to augment their art.

Walking into the gallery, Bethune-Leamen's hanging wall piece featuring a rainbow tunnel titled, A billboard poster for 1980 French release of 'Holy Mount' in a decidedly brown-glazed porcelain frame immediately captures the visitor's attention.

Bethune-Leamen describes her style as a "hand-material sensibility that is both [controlled yet loose]". Her artwork is accompanied by narrative titles and primarily consists of indistinct forms of porcelain glazed in various colours alongside vivid neon lights.

She is interested in how things function spatially and change in relation to how individuals experience and view the piece at different angles. She enjoys exploring a realm where things lack definition.

"When something has a moment that isn't clear, for me, that's where I as a viewer have an ability to have more of a relation with [it]," Bethune-Leamen said.

Likewise, she expresses that certain horror movies may be so gripping due to the presence of something undefined as it is where the magic and power resides. She enjoys discovering the unknown, but not when viewers are required to understand a reference to experience the art.

A recurring object is hats, as seen in her piece Hat stand/Maypole/Qunagle Wangle's hat/Jodorowsky's hat, a hat stand skewered by porcelain blobs.

To Bethune-Leamen, hats represent an extension of self as statements of a person. For UWAG, she was able to create taller pieces such as this one to fit with the higher ceilings.

On the other hand, Telford-Keogh enjoys working with live art, materials like food and liquids that change over time. While challenges include materials degrading and reacting with other substances, producing work that may be unstable and difficult to transport, she finds the process all the more exciting.

"It's like when the object talks back to you when you want it to be a certain thing ... and it produces something you could've never expected," Telford-Keogh said. "That for me is ... when the work starts to make itself *with* me."

Inspired by a drooling bulldog to explore mouths and bodily functions, which gave rise to Dental Dam. Telford-Keogh seeks to dissect the associations of institutional spaces and trademarks in a capitalist society.

"Eating and digestion is a process about blurring boundaries by taking something into yourself," Telford-Keogh said.

As a result, off-white dental chairs fashioned from repurposed gamer chairs found on Kijiji and from Value Village, trays of Bio-Pure liquid that digest organic matter, and Vitaminwater in an airtight container hung on the wall are only a couple of the unconventional artworks at her exhibit.



Artwork from Dental Dam by Catherine Telford-Keogh.



Piece by Katie Bethune-Leamen.

She also experimented with branding names, their fonts, and the way in which they communicate ideas or tones as she works with language like she works with materials, really putting thought and detail behind each facet of the exhibit.

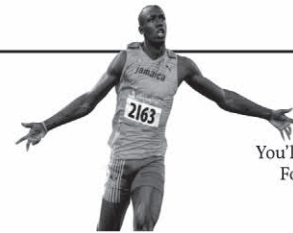
However, both artists express in a similar vein that their art encourages different perceptions of things in relation to where

one may be viewing their work. It leads to an expression of self in relation to the world surrounding them.

"My hope is always that there's a space being created for viewers to engage in a conversation that ... is one about what it is to be [in the world]," Bethune-Leamen said.

Both exhibitions will be on display at UWAG until Dec. 15.

sports & health



WRITE FOR SPORTS
 Want to go to UW games for Imprint?
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 For more info email sports@uwimprint.ca.

Voralek and Scher bag major honours



Mitch Voralek was named Player of the Year by the OUA.



Ben Scher was named to the all-star team.

Syed Naqvi
 Sports Editor

This season has been particularly fruitful for the Warriors in terms of individual accolades.

After Warriors bagged major individual honours in OUA Football, the Men's Rugby team has also shown its potential after Mitch Voralek was named the OUA player of the year and Ben Scher was named in the all-star team.

The reason the Warriors Rugby team was able to have one of its best seasons in the last ten years is all down to the individual talent, in the form of Voralek and Scher.

Voralek personifies consistency in that he carried his impeccable form from previous seasons, when he finished third and fourth

respectively in scoring charts, to finishing the top scorer in OUA Rugby scoring charts. His statistics for this season have been phenomenal as he finished with 124 points, 37 converts and 10 penalties.

He completed 77 per cent of his 61 kick attempts and 17 of his points came in post-season, thus solidifying his status as a clutch player.

Voralek has also shown his adaptability this season as he changed to a different position on pitch.

In his role as the outside centre this season he continued to showcase his flawless playmaking skills as he, in addition to his excellent scoring, provided eight tries.

Throughout the season, Voralek made his impact across the field.

He was not only an ever-present threat in attack but he also made his presence felt in

the defence.

He organized his backline, made precise tackles, and using his pace to his advantage, he shut down outside attacks.

His record-breaking season greatly pleased the Warriors' Head Coach Tyler Greer, who said, "I am very proud that Mitch is the MVP of the OUA." Mitch bust on to the scene winning Athlete of the Week in his second ever game and hasn't looked back since. He is a hard working leader who is consistently getting better every week. Our team has been incredible this year and they have given him so many opportunities to score points this season," he said.

Scher, who was named in the all-star team this season, immaculately performed in his role as the fly half this season.

And considering that this is Scher's first year at UW, makes this achievement to be

named an all-star all the more impressive.

Scher's individual stats might sell him short but he made his impact on the field in more important ways.

For instance his awe-inspiring leadership made a crucially positive impact in the positioning of the Warriors.

He controlled the tempo of the games he participated in, and was the catalyst in making warriors play up-tempo style of play.

On his impact on the team Greer said, "Ben made a huge impact in his first season with the Warriors. He brought a lot of on field leadership and rugby IQ to go along with his play making skills to the team this year," he said.

With the future of Warriors rugby looking bright as ever, Warriors' fans can finally start dreaming about winning championships next season.

THIS WEEK IN ATHLETICS AND RECREATION

im print

BASKETBALL

NOVEMBER 23
VS NIPISSING LAKERS
 (W) 6:00 PM, (M) 8:00 PM
 PAC GYM

NOVEMBER 24
VS LAURENTIAN VOYAGUERS
 (W) 6:00 PM, (M) 8:00 PM
 PAC GYM

M HOCKEY
 NOVEMBER 23
VS TORONTO
 7:30 PM
 CIF ARENA

W HOCKEY
 NOVEMBER 24
VS QUEEN'S
 2:30 PM
 CIF ARENA

NOVEMBER 25
VS UOIT
 2:30 PM
 CIF ARENA

REAL WARRIORS WEAR PINK

3-ON-3 INDOOR SOCCER TOURNAMENT

SATURDAY, NOVEMBER 24, 2018
 CIF GYM / \$45 PER TEAM

Domino's

ATHLETES OF THE WEEK

NEDIM HODZIC
 BASKETBALL

MARYN CARAGATA
 HOCKEY



REAL WARRIORS WEAR PINK #WARRIORSCARE



AIRPLANE T.O.S.S

FRIDAY, NOVEMBER 23, 2018
(W) 6:00 PM, (M) 8:00 PM / PAC MAIN GYM

DURING HALFTIME OF THE WOMEN'S BASKETBALL GAME
Prizes include a Think Pink bag sponsored by the Waterloo Store and
» \$100 Boston Pizza Waterloo
» \$100 East Side Mario's University Plaza
» Campus Dentist Prize Pack
» \$250 Best Buy gift card sponsored by Enterprise



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Canadian Cancer Society | 2018 GOAL \$15,000
GRAND TOTAL OVER THE PAST NINE YEARS \$213,526.13

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MONDAY, NOVEMBER 26, 2018



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FOLLOW US ON @BostonPizzaKW

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For more information on the WARRIORS THINK PINK event or to find out how to donate online, visit WWW.GOWARRIORSGO.CA/THINKPINK



THINK PINK MEN'S HOCKEY VS. YORK

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Transgender Health and Wellness Conference

Harleen Kaur Dhillon
and Charlotte Hings
Editorial Assistant, Managing Editor

Washington Silk works with young children and teens as part of his work with KW Counselling OK2BME program. Too often, they come across heartbreaking stories of young children facing shame and isolation just for being themselves.

"I was in a grade four class, and a young kid [...] said something like, 'you know when someone says something mean to you for so long that they don't have to say it anymore and you start saying it to yourself?'" they said. "It was definitely the saddest moment in my life when every kid in that room nodded."

Trans people face unique barriers in the healthcare system. The Transgender Health and Wellness Conference (THWC) was organized to address this problem. It took place on Nov. 17, in the Kitchener campus of the Michael G. DeGroot School of Medicine and brought together healthcare providers, educators, social workers, and anyone who was interested in sharing information on treating transgender patients.

Ashley Flanagan, a PhD candidate studying transgender aging, was one of the organizers of the committee.

"The main goal of this whole



Ashley Flanagan, a PhD candidate studying transgender aging, was one of the organizers of the committee.



"I was not alone. When you talk to kids and you talk to people, affirming that they are not alone is so important, and getting them to meet other LGBTQ folks is so powerful and so affirming"

WASHINGTON SILK

Washington Silk, a registered social worker and therapeutic counsellor with the OK2BME program.

conference was to bring everybody together, [and] up to speed and get people thinking and get people recognizing that there is a need in the Waterloo Region," Flanagan said.

"A lot of people think that it's more of Toronto-centric thing [...] What we're trying to do is build capacity in our region, so that we don't end up having to send trans patients and trans students and non-binary folks out of the region and put them on waitlists... If we create capacity in our own region, we will be able to better serve not only our community but communities around us as well," she said.

Cait Glasson, president of Spectrum - Waterloo Region's Rainbow Community Space, was also a panelist at the THWC.

She related her experiences from coming out in the 90's and the changes that she has seen now. She emphasized the importance of hearing, 'yes' from healthcare providers.

"For me, the message that I want to get to healthcare providers is to be the yes. Be the person that says yes because our experience of the healthcare system is overwhelmingly of people saying no. 'I can't do that for you,' 'I'll find somebody else who can do it for you,'

it's always no. And if we could find somebody who would be more inclined to say yes, we would have a lot better outcomes," she said.

While not knowing the correct way to treat someone is a valid reason to say no, Flanagan suggests that healthcare providers shouldn't stop there.

"To try and keep doors open I think is the biggest thing [...] Learn how to say yes. Rather than shut down folks that come to you for help," Flanagan said. "Don't say no and let it stop there [...] do your due diligence and try to look into things because trans patients are still your patients. I think not knowing is an impetus to learn more and to try and to go that next step," she said.

On campus, trans students face the similar issues. Milas Hewson, Administrator of Wilfrid Laurier's Rainbow Centre, shed some light on barriers to trans healthcare on campus.

"I know that it's perceived as sometimes a challenge, accessing healthcare on campus," who said. "I know that there's efforts to be improving it, I know that we put on trans-allyship workshops and we've had folks from the wellness centre attend those workshops which is a good sign. But there's

always more work to do and we are hearing that students definitely have difficulty accessing on campus healthcare system," Hewson said.

Dr. Michael Lee-Poy, one of the project coordinators for the THWC is the 2017 recipient of the Reginald Perkin-Family Physicians of the Year award, which recognizes leaders in medicine, and co-developer of the TransEd program for healthcare students. He said that mostly, people just need respect.

"I think the big thing is that people want to be respected for their identity. Receive respectful interactions, respectful care, respectful service and a big part for them is that they need to have gender-affirming care, care that recognizes their identity and ... they don't want to have to constantly prove their gender, they want people to acknowledge their identity, and then move forward," Lee-Poy said.

Letting people know that they are not alone can have significant effects on their health as well.

"I was not alone. When you talk to kids and you talk to people, affirming that they are not alone is so important, and getting them to meet other LGBTQ folks is so powerful and so affirming," Silk said.

Many barriers come into play

for trans people. Very few physicians provide them with the care they need, and many of them are in different cities like Guelph, London, or Toronto. Trans folks also need to see their doctors on a more regular and frequent basis.

An added barrier is that many trans patients have to convince their doctors to provide the care they need.

It took Glasson twelve years to convince her doctor to prescribe hormones for her.

"I think it's really the only interaction with the medical system where the patient is expected to beg for care. [...] We are forced to beg for care." she said. "And we are the only set of patients expected to educate our doctors."

Still, Glasson is happy with the progress that has been made, and hopeful for more progress in the future.

"There's been huge improvements," she said. "I came out 26 years ago, it was a very, very different time. In those days, you went stealth or you more or less died, those were pretty much the options."

Lee-poy will keep going forward.

"I think this conference is great because it really emphasizes the importance of transgender health and wellness, and what we can do as healthcare practitioners and as a society. It also brings people together [...] we can do so much more together than if we just try it on our own." Lee-Poy said.



Cait Glasson, president of Spectrum - Waterloo Region's Rainbow Community Space.

PHOTOS CHARLOTTE HINGS

imprint

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Next scheduled post-mortem meeting:

Wednesday, Nov. 21 at 3 p.m.
 Imprint Office, SLC 0137

Next scheduled board of directors meeting:

Thursday, Dec. 6 at 5:30 p.m.

opinion



HAVE YOUR SAY

Submit your letter to the editor or your community editorial to opinion@uwimprint.ca. Find more opinions at uwimprint.ca.

Music's Power Beyond Self-Expression

We become the subject of the music, and we are drawn into something much greater than ourselves.

Often music is just another thing we consume. We curate a personal playlist to listen to while walking to class, taking a shower, getting ready for a sports event, or to unwind after a long day. Music gives us an outlet for our emotions, or helps us shift moods. It can even give a sense of self and purpose to what we are doing. Listening to "our" music grounds our sense of identity amid the mundane tasks of the day.

In the Music Department, we practice making music together in the classroom, in small ensembles, and in formal and informal instrumental and choral ensembles from the Balinese Gamelan to Chamber Choir. But in our music making we also think about who is being included and who is being excluded. What story are we telling about the past? What communal identity are we forming together? What ideals are we putting forward about human flourishing?

These questions are, in part, what led our choral director, Mark Vuorinen, to program the Canadian premiere of *Considering Matthew Shepherd* by Craig Hella Johnson, which was performed by the Chamber Choir and the Grand Philharmonic Choir on Nov 17th and 18th. The piece forces us to grapple with the horrible past treatment of a young gay man, and join the musical vision of a future where people are not tortured because of their sexual orientation.

Live music making has the power to change us. Whether we are making it ourselves or taking in a performance, live music envelops us. We become the subject of the music, and we are drawn into something much greater than ourselves. This is best experienced by making music with others, regardless of whether it is classical music or a folk song. But even in a concert hall, the audience is part of the conversation that takes place between the composer and performers. Those on stage and in the audience are bound together into a collective "we" that did not exist moments earlier.

Several recent studies show that people from youth to the elderly feel integrated into a social group when they make music with others, particularly when they sing. One study in particular showed that when amateur choristers sing together, their oxytocin levels (the hormone that plays a role in social bonding) rise significantly. Music connects us. We certainly recognize this intuitively. Social organizations often make music together, particularly when incorporating new members. Girl Guides sing together. Fraternities often have their own songs. These songs bind their members to each other and elicit their allegiance to that community. Think about the last time you sang "O Canada." Was it at a school assembly? At a sports event? At a Remembrance Day event? We sing "O Canada" at such events because it collects our individual thoughts and feelings into one sentiment. We are united by our location and participation in the nation of Canada. To sing is to invest your voice, your thoughts, and your breath in the shared interest of the gathered community. Uniting your voice with individuals creates a bond unlike any other.

If you have ever been at such an event and not known how to sing "O Canada" (like me), you may realize that even though you are in Canada, you aren't Canadian. Therein lies the rub. Music has a powerful force, but it can be harnessed for good and for harm, whether intentional or not. It can include, but for those who dissent from participation, or simply cannot participate, it excludes. Even Ludwig van Beethoven's famous chorus in his 9th Symphony that lauds the brotherhood of all people slyly suggests that those who refuse assent to this optimistic brotherhood will be banished. Music demands allegiance. This is why dictatorships such as the Nazis often control what music can be performed within their country. For the Nazis, it was imperative that they suppress "degenerate" music that might harm the German people, simply by listening.

Music is a powerful tool for creating community. May the communities we create through music not only help us connect with others now, but also help us care for generations to come.

Kate Steiner

Assistant Professor of Music, Faculty of Arts



PHOTOS RUTH STEWART-PATTERSON

Music has a powerful force, but it can be harnessed for good and for harm.

campus bulletin

WHAT'S HAPPENING AROUND TOWN

Submit your 30-word announcement or upcoming event to ads@uwimprint.ca for free.

upcoming events

Wednesday, November 21
Walter Bean Public Lecture (free) - "On the State of Freshwater Fish and Fisheries: Finding a Future for the Forgotten," from 7 to 8:30 p.m., Humanities Theatre, Hagey Hall, with speaker Dr. Steven Cooke. Register at www.waterloo.imodules.com/tdwalterbean

KW Chamber Music Society presents "Se-Doo Park, cello and Benjamin Smith, piano" at 8 p.m., 57 Young Street, W., Waterloo. For info/tickets 519-569-1809 or www.TicketScene.ca/kwcms.

Friday, November 23
Gamelan Ensemble Concert at Humanities Theatre, UW, at 7:30 p.m. Free admission. For more info 519-885-0220, ext 24226 or music@uwaterloo.ca.

Friday, November 23 & 24
Booklovers - find treasures at the Elora Festival Singers Christmas Book Sale from 3 to 8 p.m. on Friday and 10 a.m. to 2 p.m. on Saturday. Cash only event. Admission and parking are free at the EFS Book Depot, 380 St. Andrews Street, W., Fergus (side entrance).

Saturday, November 24
UW Choir Concert "Musik's Empire" at First United Church, 16 William Street, Waterloo at 7:30 p.m. For more info/tickets www.uwaterloo.ca/music or 519-885-0220, ext 24226.

Wednesday, November 28
KW Chamber Music Society presents "Benjamin Sung, violin" at 8 p.m., 57 Young Street, W., Waterloo. For info/tickets 519-569-1809 or www.TicketScene.ca/kwcms.

Thursday, November 29
Orchestra UWaterloo "Telling the Story at Humanities Theatre, UW, at 7:30 p.m. Free admission. For more info music@uwaterloo.ca or 519-885-0220, ext 24226.

Saturday, December 8
Galaxy of Gifts - a fundraiser for Lutherwood Foundation at Luther Village on the Park - Great Hall, 141 Father David Bauer Drive, Waterloo. Over 50 tables of handcrafted items, jewelry and more! Free admission ; door prizes ; BBQ food and refreshments. For more info 519-783-3710.

announcements

TUESDAYS - GROOVE exercise class at E7, 2nd floor pitch space from 5 to 6 p.m. For more info cindy@uwaterloo.ca.

volunteering

Bereaved Families of Ontario - Midwestern Region, The Family Centre, 65 Hanson Ave., Suite 1042, Kitchener. We currently have a number of exciting volunteer opportunities. For more info, jaime@bfomidwest.org or 519-603-0196.

Become a Meals On Wheels volunteer! Call 519-772-8787 or www.communitysupportconnections.org/volunteer/apply.

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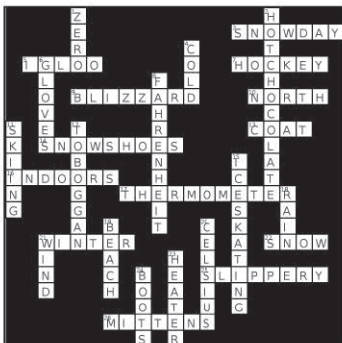
FOCUS ON WHAT YOU CAN DO INSTEAD OF WHAT YOU CAN'T CONTROL!

Fun Foods



RUTH STEWART-PATTERSON

Solution to last week's crossword:



Across

- 6. _____ and Jelly (two Words)
- 8. A warm puppy (two Words)
- 9. Shares the name of a bird
- 10. From the Latin salata
- 11. Eaten as a snack food, and used in a popular pie
- 12. Items served before the main courses of a meal
- 14. Red fruit with hundreds of small seeds
- 16. Made from tree sap (two words)
- 17. Great alternative for meat products
- 19. Lay's (two Words)
- 20. Collected on Halloween

- 21. Spread made with mashed chickpeas
- 22. Mainly used as a decorative garnish
- 23. Leavened, oven-baked flatbread found in the cuisines mainly of Middle East, Central Asia, and Ind an subcontinent
- 24. A fruit in disguise
- 25. An _____ keeps the doctor away

Down

- 1. Marketed as "Chocolate Sandwich Cookie" with over 20 variations (two Words)
- 2. Rich and creamy pasta dish

(two Words)

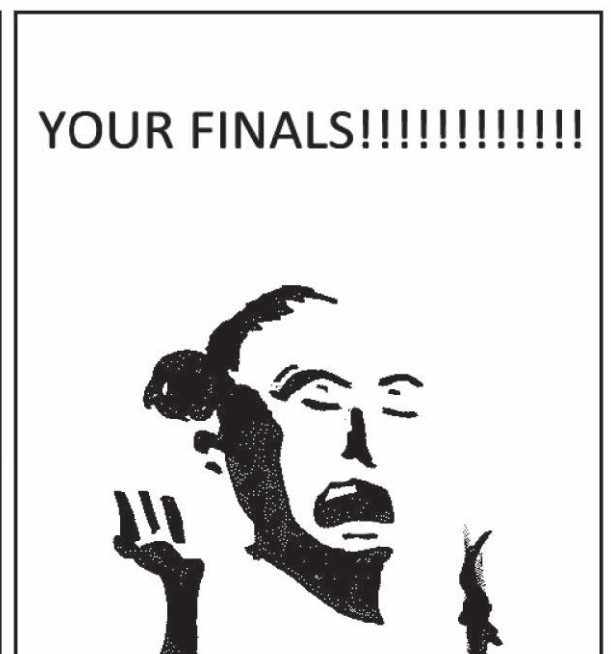
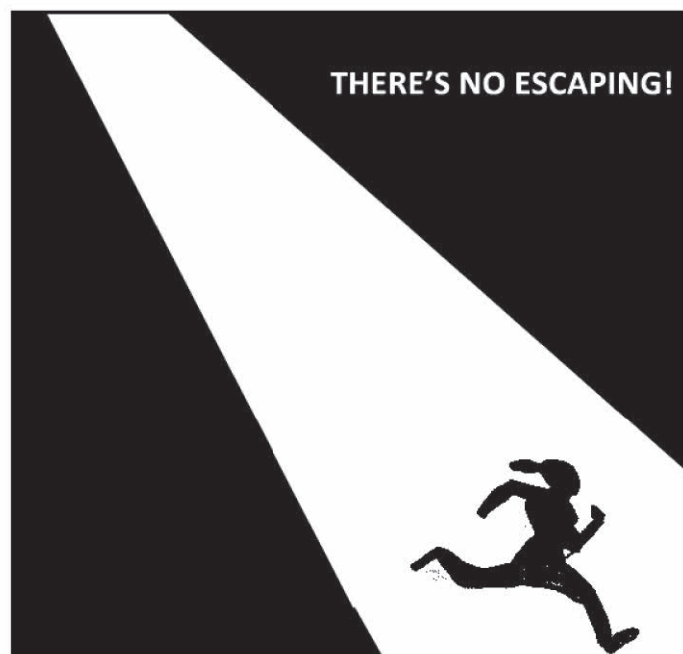
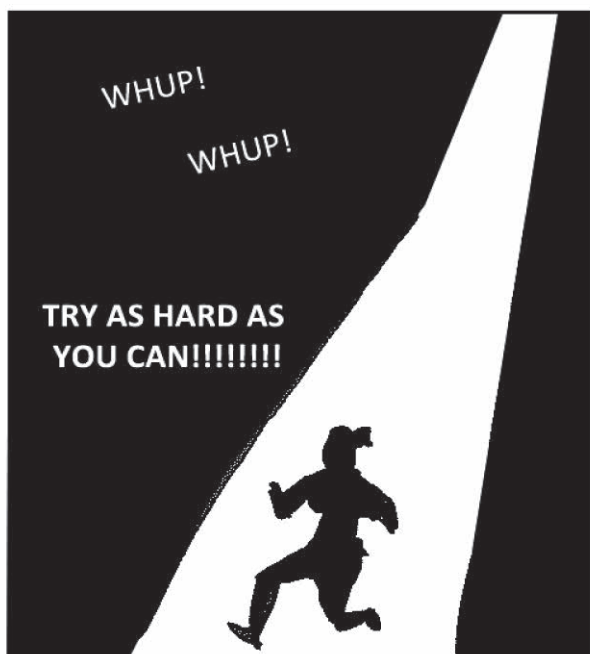
- 3. Type of grain originating in the Andean region
- 4. Smooth green dipping sauce
- 5. Type of ice cream that has two distinct flavours
- 7. Popular type of cheese often found on pizza
- 13. When life gives you lemons, make _____
- 14. Wrapped in seaweed
- 15. Pieces of dough wrapped around a meat, fish, or vegetable filling
- 18. A bunny's favourite food
- 19. Originating from Quebec

				7	3		1		
		5				3		6	
3	2	1							
				3	6				
4		2		5		7		8	
				4	2				
							9	6	5
2		7				4			
	5		1	4					

COURTESY WEBSUDOKU

Sudoku

Enter numbers into the blank spaces so that each row, column and box contains the numbers 1 to 9.



How are we doing?

Imprint Reader Survey, Fall 2018

UNIVERSITY OF WATERLOO'S OFFICIAL STUDENT MEDIA GROUP
IMPRINT
 PUBLICATIONS

Complete this survey online at uwimprint.ca!

Drop this page off at Imprint (SLC 0137) or at the Turnkey desk for a chance to win \$200 K167 Tiesto Headphones.

Winner to be announced Dec. 17 online at uwimprint.ca and over social media.

Question 1: On a scale of 1 to 5 (1 being never and 5 being always) how often do you read Imprint? Circle one.

1 2 3 4 5
 Never Sometimes Always

Question 2: On a scale of 1 to 5 (1 being poor and 5 being excellent) Rate your impression of Imprint. Circle one.

1 2 3 4 5
 Poor Sometimes Excellent

Question 3: On a scale of 1 (never) to 5 (always) how likely are you to read the following sections?

News	Opinion	Features	Arts	Science	Sports	Distractions

Question 4: Rate this statement: "Imprint keeps me adequately informed on campus issues."

1 2 3 4 5
 Strongly Disagree Neutral Strongly Agree

Question 5: Rate your satisfaction with Imprint sections from 1 to 5 (1 being very dissatisfied and 5 very satisfied)

News	Opinion	Features	Arts	Science	Sports	Distractions

Question 6: On a scale of 1 to 5 (1 being never and 5 being always) how often do you visit uwimprint.ca? Circle one.

1 2 3 4 5
 Never A few times a month Monthly Weekly Daily

Question 7: Where do you read Imprint most? Circle one.

♦ Print edition ♦ Online

Question 8: How often do you notice our ads/coupons?

1 2 3 4 5
 Never A few times a month Monthly Weekly Daily

Question 9: What's your favourite part of Imprint?

.....

Question 10: What's Imprint missing that you'd like to add?

.....

Question 11: How can we improve our social media posts?

.....

(Optional for prize)

NAME:

E-MAIL:

YEAR & MAJOR:

PHONE NUMBER:

Want to Volunteer? Bring this to SLC 0137.

What would you like to do at Imprint?

Write () Proofread () Take photos () Edit sections ()

Other (_____)

Do you want updates with Imprint's mailing or story list?

Yes () No ()

Name: _____

Program: _____

Email: _____

Section preferences: News () Opinion ()

Features () A&E () Science () Sports ()

Comics and Distraction () Photo ()