COUNSELLING LIMITED FURTHER
Students and WUSA propose mental health help alternatives in response to counselling cuts

## BDS VS CFS

Jewish groups call for and against boycott of Canadian Federation of Students. P3 stage from Nov. 13-16 with a contemporary spin per director Matt White.

FORD'S NEW CENTRE P11
Ford's new technological innovation centre features UW co-op students.

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## news

## The end of an $E(z)$ ra?

Ewan Simms
Reporter

TTwice a year, thousands of students from Waterloo and beyond gather on Ezra Ave. to celebrate Homecoming and St. Patrick's Day. Many students view this as a rite of passage, where they can gather as a community to celebrate. Some non-student residents in the area view it as disturbance and have vocalized their concerns to city council. The City of Waterloo has assembled a task force to deal with the unsanctioned public gatherings.
According to Waterloo Regional Police Service, the crowds on the two days have increased significantly. St. Patrick's Day's attendance has grown by about 50 per cent each year for the past four years, with almost 33,000 attendees in 2019.

On these two days, first responders spend most of their day patrolling and responding to calls around the Ezra Ave. Residents of the area often complain of rowdiness and improperly disposed waste. They also cite the cost of medical and police services which was $\$ 700,000$ for St. Patrick's Day 2018. Despite the number of police-reported incidents decreasing while attendance increases, the city wants the gatherings to
stop. It is the task force's role to find out how.
The task force is charged with finding an alternative to the current situation, while prioritizing community safety and financial stability.

A full recommendation is not due until early 2020 , but their current ideas include, discouraging the gatherings through stu-dent-relevant social media channel, having an alternative event, and finding a way to make students pay for the cost.
However, the operational strategy has already been piloted at Homecoming 2019. The street was flooded in neon vested officers, with additional reinforcements from as far as Peel Region. Officers were stationed atop scaffolding spread through the street, while many more circulated amongst the gatherers. Paramedics blocked off the eastern terminus of Ezra Ave. at King St. in order to be closer to the action. They regarded the pilot a success: attendance decreased by 10,000.
To find a workable solution, the task force tried to consult all the relevant stakeholders. Students shared their perspective through a single discussion-based event. Formally organizing the events, with amenities like public washrooms, waste receptables and food trucks, was the most popular solution
among students. They blamed out-of-town students for most of the rowdiness and the disruptiveness, saying they would have less attachment to the community.

Members of the community were invited to provide written statements about these "unlawful assemblies," as one community member put it. Most protracted public comments see the gatherings as a nuisance and believe that they should be
terminated. Many also complained about the financial burden placed upon taxpayers by the gatherings, though students are in fact also taxpayers and contribute a substantial amount to the city's economy.
The wildest suggestions ranged from renaming Ezra Ave. to something "uncool", modifying the Charter of Rights and Freedoms, and dispersing the crowd via water cannon.


There were almost 33,000 attendees on St. Patrick's Day in 2018.

## Police Briefs

more, they charged him with Dangerous Operation of a Motor Vehicle, Stunt Driving, Speeding, and Novice Driver Blood Alchohol Concentration, 80 plus milligrams, above zero. They impounded his vehicle for seven days, and suspended his licence for 90 days as well. Three men were also charged because they weren't wearing seatbelts.

## Drunk driving causes hydro outage on

 Snyders RoadA dodge pickup truck hit a hydro pole on Snyders Road East, Wilmot last Saturday. Police say the accident happened because the driver was impaired. The crash caused a hydro outage, which meant the road had to be closed for 10 hours. The 27 year-old man driving the truck was arrested and charged for driving while intoxicated. Around 2:40 a.m., emergency services arrived at the scene.
Victoria Street crash seriously injures pedestrian

On Halloween night, a 22 year-old man was taken to the hospital with serious injuries after being hit while crossing Victoria Street. According to police who arrived on the scene, the man didn't have the right of way. Because of the accident, the street was closed for two hours. The police say that the investigation is still on going and that charges are pending. If anyone has additional information, police want them to call the Traffic Services Unit at 519-570-9777 extension 8856.

## Man and woman face multiple charges after civilian complaint

According to police, someone called in about "suspicious people entering motorvehicles" around midnight last Tuesday. After arriving in the Brown Avenue area, police say that they charged two Cambridge people with multiple offences, including theft and trespass charges, and stolen credit card charges too. Aged 30 and 32, the man and
women are still being investigated. Police urge anyone who sees suspicious activity to report it.

## 250 guns found in Kitchener home

Police say that they found about 250 firearms, a lot of ammunition, and a grenade in a Kitchener house on Halloween. Helped out by people from the Emergency Response Team, the Waterloo Regional Police Service's Drugs and Firearms unit say they charged a Kitchener man with Unsafe Storage. Police say they used a Criminal Code search warrant to find the guns. They think there will be more fire-arms-related charges, saying that the investigation is still happening.

KATHLEEN BALL

# Canadian Jewish groups divided over BDS 

Mubassir Ahmed
Editorial Assistant

Canadian Jewish groups are fighting back pro-Israel advocacy groups after a campaign was launched encouraging students to opt out of student union fees.
"[Independent Jewish Voices Canada] will continue to stand up against attempts by pro-Israel advocacy groups-Jewish or other-wise-to undermine student organizing and human rights activism on campuses," Corey Balsam,
IJV national coordinator, said. The Canadian Jewish News (CJN) had previously received a letter from the leaders of four Jewish groups-B'nai Brith Canada, Hasbara Fellowships, StandWithUs, and the Alpha Epsilon Pi Founda-tion-urging students to opt out of Canadian Federation of Students (CFS) union fees because CFS supports the Boycott, Divestment and Sanctions (BDS) movement, which amounts to 'antisemitism'.
"Today, in Ontario, there is finally some good news: every Jewish student (and ally) can strike
a simple and cost-saving blow against anti-Semitism and an-ti-Zionism on campus," read the letter signed by the leaders of the four groups sent to CJN.

The BDS movement is a Pales-tinian-led movement for freedom, justice and equality. IJV said in their press release that although CFS has voted in favour of the BDS movement in their November 2018 General Assembly, their members had also passed the notion to revitalize their No-Anti Semitism campaign, adding that these efforts are not contradictory in any way.
"We applaud the Canadian Federation of Students for its commitment to Palestinian human rights as well as to fighting antisemitism," Balsam said.
Geneviève Charest, a representative of CFS said that they are currently developing and renewing the No-Anti Semitism campaign and should have draft materials ready for CFS members to review at the upcoming November 2019 General Meeting.
CFS said in their statement on the motion to support BDS that the movement is a call from Pal-
estinian Civil Society which asks for freedom, justice and equality by applying pressure on Israel to comply with international law and end its military occupation in Palestinian territories, while also granting equal rights to Palestinians. The press release issued by IJV states that the new definition of antisemitism is being used to silence any criticism against Israel and is being weaponized against the BDS movement. Balsam said that the BDS movement is strong and resilient and so blatant efforts by right-wing pro-Israel groups like B'nai Brith and Stand WithUs to shut down student organizing are more than likely to just encourage more support for BDS in the long run. Jewish people, including Jewish Canadians, are among one of the most vocal critics of Israeli actions vis-à-vis Palestinians, he said.
"A recent poll of Canadian Jews conducted by EKOS found that almost equal proportions oppose [45 percent] and support [ 42 percent] the US decision to recognize Jerusalem as the capital of Israel" Balsam said.


## Decreased counselling to come

## Vidyut Ghuwalewala

Assistant News Editor

Counselling services recently started following a guideline that only allows for a maximum of six sessions per student, down from the previous io.
The guideline was brought out partly to reduce wait time and because many past cases have been dealt within a six session period.
"I'm sympathetic to Counselling Services difficulties in reducing the waitlist, and I don't necessarily think that it's all their job all the time," said Michael Beauchemin, President of the Waterloo Undergraduate Student Association (WUSA).
People have different needs, some need the assistance of a counsellor or a psychiatrist while others receive sufficient help from peer services without the need of going to counselling services.

There is no other trained pro-
fessional alternative on campus for anyone whowould like to speak to someone. The only other route for support that students can find on campus would be through student support groups such as Mentor Assistance Through Education and Support (MATES). WUSA has recently been working on bringing another alternative to campus called the Student Assistance Plan (SAP) for mental health which would be within the Health Plan.
The SAP is similar to the Employee Assistance Program (EAP) which is a 24 -hour crisis and referral centre where calls are answered by mental health professionals.
"The idea was well-received, and we are currently doing a mini-request for proposal to pick the plan that best suits student needs," Beauchemin said.

This plan would allow for students to use both Counselling Services and the SAP to identify their needs and better care for
themselves. With the Health Plan already reimbursing up to 80 per cent or $\$ 400$ per year, the SAP along with MATES and Counselling Services is expected to meet student needs on campus.
"If a student feels their treatment at Counselling Services has been unfair, I would encourage them to reach out to their Students' Councillors to raise it as a concern," Beauchemin added.
"It's easy to get an initial first appointment but it's like three to four months of waiting on the waitlist to make actual progress. Until then, I've been trying to go to support groups and even off-campus services like CMHA," said a Reddit user.

Students can access resources off-campus and community resources like kwcounselling.com that has affordable drop-in sessions provided for as little as $\$ 15$ which has been made possible through United Way.


## WEACCEPT WAT CARD



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# Lebanon: A leaderless revolution 

Joseph Moulallem \& Laura EI Mekkawi Reporters

Lebanon, a multicultural, multi-religious country in the Middle East, is undergoing an unprecedented na-tion-wide revolution uniting the people against the ruling political class.

People took to the streets on Oct. 17, in retaliation to a proposed tax on WhatsApp calls and other VoIP services, which was quickly discarded.

It was only the most recent of proposed measures of economic austerity with an economic crash looming.
The Lebanese government has been planning on imposing new taxes on tobacco, gasoline, and other factions as well.

The recent tax proposal was merely the straw that broke the camel's back. The tax hike was proposed two days after Mount Lebanon experienced its worst wildfires in decades, which the government ineptly contained.
Corruption and incompetence have long ruled the country, and the people have finally had enough.

The ongoing protests call for changes in all forms of governance, starting with
the resignation of the current government a success achieved when the Prime Minister Saad Hariri stepped down on Oct. 29.

On a larger scale, the revolution calls for a complete change in governance, from the current sectarian system that has been implemented for the last 30 years, to a secular technocratic system.

For the most part, the protests that have swept the nation have been civil. In over 70 cities and villages, the people have come together to celebrate their national identities as Lebanese.
They declared the death of sectarianism and civil strife, which have fueled hatred and fear since the days of the Civil War, which ended in 1990.

With out a single political party flag in sight, the Lebanese flag is the only one raised in these protests for the first time ever.
Signs affirming that Lebanon's civil war has officially ended on Oct. 17, 2019 as opposed to Oct. 13, 1990, symbolize the nation's frustration with the sectarian system of governance that have kept people in a time capsule, in fear of others.
The people on the streets do not fear their fellow nationals, the walls of sectarianism have been torn down, and rhetoric of civil
war hasn't divide a newly united people.
Wedding celebrations, dance parties, discussion circles, yoga and meditation sessions, embody the cheerfulness and resilience of the Lebanese people against hardship.

On Oct. 27, citizens joined hands to form a human chain that stretched over 170 km from the north to the south of the country to symbolize national unity and the fall of the sectarian system.
Globally, the Lebanese diaspora has shown its solidarity with the revolution back home, with protests occuring in over 50 cities, internationally.

In Canada alone, protests and gatherings have been held in Ottawa, Vancouver, Toronto, Windsor, Edmonton, Calgary, Laval,

Mississauga, and Halifax, as well as other areas.
Some Lebanese expats have even flown back to their homeland to join the protests.
What is perhaps most unique and unprecedented about the revolution is that it remains leaderless. The face of the revolution is all the different people that make up the Lebanese identity.
The women forming a human wall, protecting the protestors from security forces, the families preparing food at home and in tents and feeding those in the streets. The men dancing and singing, the youth discovering blocked off public spaces for the first time, the people coming together.
Joseph Moulallem and Laura El Mekkawi are both UW researchers from Beirut.


People took to the streets on Oct. 17, in retaliation to a proposed tax on WhatsApp calls and other VoIP services.

## Campus Question

 "I don'tparticularly have
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WUSA, not FEDS."

V Facecchia, 4A Political Science

Should Fed Hall be renamed to WUSA Hall?


PHOTOS RYAN CHOW \& DAVID YIN

## "No,

because I like the name 'Feds Hall' and I think it sounds good, but I understand changing it to fitting with WUSA so that it's not just a random hall called 'Feds'.'

Leanne Mendonsa, 3A Psychology
"For consistency purposes, I think it'll be great they do change it because for incoming first years, even for this year's first years, they might have found it confusing because they ve always heard of the term WUSA, but then with Feds, it's a completely new term for them.

Gillian Shaw, 2A SciBus


## \$35 parking ticket vs delicious pizza



Save your money for pizza. In Waterloo you need to register if you park on the street overnight.

# arts \& life 

# The Seagull, 100 years later 

Mubassir Ahmed
Editorial Assistant

This year's main stage production hosted by the Theatre and Performance department will have a modern twist. The Seagull play, a 100 year old Russian classic, will be full of references to Canadian contemporary culture, filled with lines about Uber, Atwood, and vaping.
"We're trying to empower the lead female character where the traditional production showcases her as a victim but we're trying to empower her so it's a new interesting take and its big goal of the production," Kendalin Bishop, lead actress, said.
Director Matt White said the play captures the complexity of life lived in fragments, from the funny and ridiculous moments in people's lives, to the tragic moments that catch people off guard.

Chekhov, The Seagul's playwright, was a physician by trade, which allowed him to look at life from a different perspective, White said. The different extremes of life that Chekhov witnessed, from people at their deathbeds to people cheering on during his plays influenced him to write this


COURTESY UW THEATRE AND PERFORMANCE

The Seagul, White said.
Chekhov showcases in this classic, with well developed characters, embodying strong emotions and big dreams, the lengths to which people will go for love, acceptance and survival. He also demonstrates the unrealistic expectations people place on each other to give them meaning.
While Chekhov insisted that the play is a comedy, White, said that a lot of interpretation from Chekhovs' work can be self indulgent, mellow, and glum. White loves that the play is still funny.
"We're really trying to find the comedy in the times of these tragic people," White said.

Although the play has a modern touch to it, the message is as accurate today as it was Ioo years ago when Chekov shows us how the idiosyncrasies of people and the obsessions that people have distract them from making true connection with others.

The two-hour long play will take place from Nov. 13-16 at the Theatre of the Arts and will be directed by Matt White, sessional instructor at UW and Artistic Director at Green Light Arts, a local non-for profit theatre company.
Student and senior tickets are priced at $\$ 10$, and at $\$ 15$ for the general public.

# A Primer on Land Acknowledgements 

Katie Turriff, 4B Planning

## Part of an ongoing series by the Indigenous Student Association

Twas told a story once about a professor 1 trying to get a point across about the silliness of land acknowledgements. At the beginning of class, he went around the desks and took everyone's laptop.
He brought them to the front of the room and stated, 'I have everyone's laptop.'
There was a look of confusion as if the students were thinking, 'okay, now what... I need them to write.'
However, the professor kept them, sharing the idea that stating so must be enough justice.
That, folks, is what a land acknowledgement is like.
I've got a love-hate relationship with land acknowledgements. I think it's a great starter for people to be aware of the land's history that they are now occupying

However, it's so obvious to me when
that's all they're doing - when they read it like a script and move on to a completely new subject in an awkward, jagged-like way. Or, even worse, when it's so obvious they didn't research what they were saying.
I had a law professor once who, after claiming she worked with a Haudenosaunee community for years, couldn't even pronounce Haudenosaunee correctly. I had to cringe.
My problem with land acknowledgements is that people act as if that's the band-aid fix in achieving justice, like the excellent point the professor was making when he stated he had everyone's laptops.
I mean, it's right in the name - it's just an "acknowledgement". The students are sitting there thinking, "okay, let's have them back now" - but not many people are thinking that after a land acknowledgement is
said, because land isn't urgent to them like a laptop is. They are already comfortably settled on the land - they interpret the acknowledgement as a testament to the land's history. Land, however, is not just history for us. It is our urgent future.

It is our sustenance and our livelihood, our spirituality and our family. So when I hear a scripted land acknowledgement followed by, for example, the location of the washrooms at a conference, I know no one else cares about land like my relations do.

That said, I personally would hate for them to just stop happening, because of their ease in spreading awareness as a start-er-conversation among people who haven't had that kind of conversation before.
The problem with this is, many Canadians have already had this conversation. So it's time for the next piece of the puzzle to
be placed, and ask yourselves: what are you doing to give the land back?
If you are responsible for giving land acknowledgements, this is a plea by your Indigenous peers to make them meaningful. Here is a little cheat sheet for doing so: Someone who is a settler should be the one doing the land acknowledgement. Not an Indigenous person.

Research to know how to pronounce the names you are saying.
Don't leave it as a stand-alone statement or to-do list item, but do your best to work it into the topic you are about to present.
Make it a conversation among your peers.

Do not read off a script. Memorize the treaty and nation names you need to know, and let it organically flow off your tongue. Follow up and give the land back :)

# Review: Pho Ben Thanh hits Jack Frost where it hurts 

Cyrus Fiori
Reporter

Howdy food fans. Recently, my buddy Jack has been giving me some problems.
He keeps asking if he can come over, and although he used to be a breath of fresh air, his chilly personality now makes me shiver. All he talks about is snow and ice, and as a result, our conversations have become quite glacial.

This week, I thought I'd show Jack who's boss and journeyed to Pho Ben Thanh Restaurant near Conestoga Mall for some good, hearty winter fare.

On Fridays, this establishment doesn't take reservations after 12 p.m., which is a close shave considering that they open at II a.m. However, upon arriving, I saw that it was for good reason: they were packed.
Somehow, they conjured up a table for my group of six within io minutes.
The menu was virtually bottomless, with

everything from pho, to curry, to bubble tea, to a decently sized vegetarian section.
The entire menu is also online, giving the keeners in your squad a chance to lord their predetermined choices over you as you scramble through this culinary encyclopedia.
Service was lightning-fast, and our food was placed in front of us in mere minutes. I ordered a large Ben Thanh Special Beef Noodle Soup which contained lean beef, flank brisket, soft tendon, and tripe. The portion was fantastic, providing a satisfactory amount of food for the $\$ 12.38$ price tag. Although at a comfortably warm temperature, the soup could have been served a little hotter. If it ain't steamy, it ain't dreamy, you know?
The broth was full bodied and perhaps a little too well-seasoned, giving me a thirst

7 out of 10 spoons

for the gourmet tap water they offered.
The noodles were unassuming and cooked well, if perhaps a tad too long.
Initially, the meat was pink and uncomfortably chewy, but as is typical with pho style soups, the meat continued to cook in the broth after being served, improving in texture throughout my dining experience. The tripe was cooked nicely with a perfectly chewy texture.
Fresh sprouts, basil, and chilis were provided on the side to resuscitate the pho's flatlining flavour profile with splashes (or perhaps cannonballs) of heat, earthy umami , and succulent crunch.

The star of the dish was the beef tendon. Cooked to perfection, it was supple, yet incredibly tender, and designed to be eaten with minimal effort.
This tendon offered a brief glimpse into

pure serenity, the eye of the hurricane, the freshly raked Zen garden, or the cool side of the pillow, as it were.

Only two pieces were present, which clearly signaled to me the duality of all things, or was it that the best things come in pairs? Maybe the real conclusion here was that it was mind-blowingly good.
All things considered, you get what you pay for and the service really stands out.
I would definitely recommend giving this place a try despite its few culinary flaws.
As the saying goes "Life is like a bowl of soup, you never know which spoonful you're going to get."

And as for Jack, he's still around. At least the pho left a better taste in my mouth than kicking him to the curb.
See you next time food fans.


## Tell us what you think!

Help us design two new parkettes in Northdale
Join us at our drop-in public information centre to review and pick your favourite park design concepts for two new parkette spaces in the Northdale neighbourhood - Sunview Parkette and Hemlock Parkette.
Feedback from the community to date has been a valuable input into these new design concepts. Now, we'd like to check back with you to better understand if we've hit the mark with the proposed designs.
Tell us what you think and vote on your favourite concepts at this informal meeting or visit online to share your input.
To share your comments online, or for more information, visit engagewr.ca/waterloo

Wednesday, Nov. 13, 2019
3:30 to 7:30 pm
The Atrium, Lazaridis School of Business and Economics
75 University Ave. W, Waterloo

To share your comments online, or for more information, visit engagewr.ca/waterloo


# Zubin Thakkar: a journey from UW to the peak of music 

Prisha Skukla \& Avnash Sidhu Reporter

Zubin Thakkar is a wonderful example of how academics are not the sole measure of success when embarking on a career after university. After completing a degree in Systems Design Engineering at UW, Thakkar became a platinum-selling, Billboard charting songwriter, producer, musical director and guitarist. These achievements are complimented by his collaborations with revered artists such as; TLC, Boyz II Men, Tyler Shaw and Shawn Mendes.

As an undergrad, Thakkarwas an incredibly talented student and an asset in the Faculty of Engineering. Thakkar demonstrated that one can successfully pursue their passion. His story is both inspiring and a positive example for students who are wishing to branch out from their academic fields.

During his time at UW, Thakkar was continually juggling school and music-while even having his own band. He recalls co-op terms as being the most productive in terms of creating music, as during most school semesters, he would always be found studying.
Even in his co-op term, he managed to remotely relate his work to music. When he worked with a professor to observe and document a piano hammer hitting a string, he used this experience to create software that digitally modelled the piano.

Thakkar is amiable, grounded, and down to earth. He also recognises the people who have played a role in his journey and is very
grateful for all the opportunities that he has received. "Every day you wake up and you're filled with all sorts of emotions, whether it's excitement for what you're doing that day, cause something cool is after your particular show or if it's a, you know, maybe you're proud about something that just happened," Thakkar said. It's clear that Thakkar is immensely grateful to the people that have helped him reach his level of success. He credited his friend Dan, who recommended him to Shawn Mendes' team, as this led to a major rise in his career. Reflecting on the past five years, Thakkar admitted that he is in awe of Shawn's incredible talent and artistic vision and that he has learned a great deal from him.
He admires and praises him for believing in him since the very beginning and continuously motivating him to create music.
Thakkar recalled many childhood memories of visiting the Roger's Centre with his dad, which allowed him to be washed over with feelings of nostalgia when he had the opportunity to play the venue last month, as Shawn Mendes' lead guitarist. He recalls that the evening was surreal and emotional, not only for him, but for the whole band, who all come from the GTA and Kitchener area.

He also acknowledges how overwhelming it was for them to receive love and support not only from their family and friends but also from a crowd of over 50,000 people.
For Thakkar, the evening evoked a sense of accomplishment and gratitude, as being on that stage unfolded memories of his entire journey up until then. Thakkar said that the performance will remain etched on his
heart forever.
Beyond touring and live shows, Thakkar has achieved many notable accomplishments, such as playing at the Grammy's and Saturday Night Live.

When it comes to curating the performances for such shows, the team typically attempt to replicate the artists' vision, in order to create these memorable performances.

Additionally, they also endeavour to compose every show and broadcast differently, meanwhile attempting to creatively enhance the songs, so that every performance is unique in its own way.

For Thakkar, many of his proudest accomplishments are not that of high notoriety, but rather his ability to play with some of his inspirations, such as John Mayer, who has influenced him in many ways. Through his description of this occasion, it is clear that Thakkar does not take these events for granted,
"He's an absolute legend at this point, you know, and to me as well as the guitar player, but like I love his music, and it means a lot to me. So, to get, to actually play with them was, uh, it was an incredible experience," he said.

Having pursued music professionally for more than io years now, Thakkar feels that the zeal, enthusiasm, and artistic hunger to get better and work harder is stronger than ever.

He does not believe in resting on his past accomplishments, as one of the things that have stayed with him from his time at the university is to constantly work hard and push himself out of his comfort zone.

Thakkar said a successful musician today must have the ability to continually reinvent yourself and be able to do a little bit of everything. This reflects in his own journey as he started off his career following poprock and punk music, followed by country music and eventually transitioning into a guitarist.
Thakkar was able to cultivate a whole new vocabulary of his own, through adaptability and figuring out how to employ his skillset within a different genre. He said this assisted him in expanding his creativity as an artist.
What really fuels him is the time spent with his family. For him, the trickiest part about the job is the ability to strike a balance between spending time with his family and the travelling and long hours.
Even while on tour, he makes sure to put his kids to bed via FaceTime and spend time with them in any way possible. He credits his wife to be incredibly strong, understanding, supportive, and being the rock of the family.
Lastly, when asked to give any advice to students who are looking to branch out or pursue their passion, he says that many of his friends did not go down conventional paths, but rather branched out in different fields ranging from academics to research to the corporate world.
"Don't give up if you love something, yeah, you have to work tirelessly at it, but if you stick it out for long enough, there is definitely a good chance," Thakkar said. "But you know, something can come of it, just have persistence and the confidence to keep moving forward."

# Artist Spotlight: Madison Galloway 

Charlotte Hings
Reporter

Madison Galloway is an extremely talented, young, emerging artist in Canadian roots music.
Galloway grew up in Fergus, Ontario, and began pursuing music at a very young age. She started with classical piano training, then delved into the world of music theory and appreciation.
However, when she picked up a guitar as a teen, she discovered her true calling, and from there, began writing and creating original songs.

Today, at 19 -years-old, along with her band and their signature blend of earthy
rock and blues-inspired by nature, community, and roots music, Galloway takes the stage, always delivering high-energy, and entertaining performances.

They play a variety of instruments, including acoustic, slide and electric guitars, harmonica, keys, ukulele, and banjo, keeping audiences intrigued continuously and entertained.

This reporter first heard Galloway play at MacGregor Point Provincial Park at the Wild for the Arts festival in September 2018.

It drew people to her from afar when her beautiful voice sang a cover of Joni Mitchell's Big Yellow Taxi.
Her calming voice lured in the crowd, and the rest of her performance left the audience in complete awe, clapping, laughing,
and crying the whole way through.
Galloway's talent is hugely apparent anytime she plays, but especially when she starts playing the harmonica in the holder around her neck, and still flawlessly continues playing the guitar.
At Wild for the Arts, she showcased her original songs, Coffee Stains and Bye Bye.

Coffee Stains is an instrumental song, with an upbeat and intense vibe that makes you want to tap your foot or get up dance right away.

Galloway wrote it for a school project several years ago, to depict the impacts of neonicotinoids on bee populations.

The song really reflects Galloway's signature sound and identity, as it demonstrates her love of nature, environmental concerns,
and passion to have her voice heard and make a difference.
It's a cute and fun song, but at the same time sends a beautiful and essential message.
Over the past year, Galloway's career has taken off.

She toured relentlessly, played hundreds of shows across Ontario as part of her band or duo, and performed solo as well.

She even shared the stage with wellknown artists such as 54-40, Ron Hawkins (Lowest of the Low), The Sadies, and Alysha Brilla.
She recently released her first full-length album and has plans for national touring, but she's only just getting started.

# sports \& health 

## Football season ends with narrow semi-final loss to Western

Varun Venkataramanan Sports Editor

Fresh off their first playoff victory in 20 years, UW's football team strolled into London looking to secure a birth in the Yates Cup Final. The Warriors were the better team for the first three quarters, but the Western Mustangs took over in the fourth, ultimately squeezing out a $30-24$ victory.

With the win, the two-time defending champion Mustangs advanced to the Yates Cup Final, where they will play the McMaster Marauders.
For the second time this season, the Warriors stuck with topranked Mustangs until the very end. While their last matchup was 45-42 offensive clash, both teams struggled to generate consistent offence, making for a defensive battle.

Western began the scoring four minutes in with a 30 -yard field goal from Marc Liegghio. On the next drive, UW looked poised to deliver a counterpunch, but running back Dion Pellerin fumbled the ball on the Western 12-yard line.

Slippery hands were an issue for the Warriors, who dropped two in-
terceptions later in the first quarter to bail out Western quarterback Chris Merchant. They would drop another opportunity in the third quarter.
The Mustangs doubled their lead early in the second frame when Liegghio converted a 33 yard field goal.

Midway through the quarter, Pellerin was forced to leave the game with a leg injury. It was a huge loss for the Warriors, who relied heavily on Pellerin to score in their last matchup against Western.
Fortunately, UW took the lead ten minutes later, when quarterback Tre Ford found wide receiver Gordon Lam to cap off an eight play, 90-yard drive. Liegghio kicked another field goal late in the second quarter to secure a 9-7 Western lead going into half time. Waterloo began the second-half perfectly, forcing a two-and-out off the kickoff to regain possession. Then, on the ensuing drive, Ford threw a 6 -yard touchdown to Rushon Dagelman to give the Warriors a 14-9 lead.
However, Western cut down the lead with a field goal on the next drive. They then pulled ahead, securing an interception and touchdown to take a 19-14 lead. Waterloo's Jonah Zlatinszky converted a


The Warriors' defence was strong in the loss, restricting the potent Western offence to just one major.
field goal late to trim the deficit to two points.
Liegghio began the fourth quarter by converting his fifth field goal of the game, but his miss from 39 yards gave Waterloo the ball down six with eight minutes remaining. Unfortunately, the Mustangs' Kojo Odoom picked-off Ford's first pass of the drive and returned it for a 65 -yard touchdown to give Western a commanding 30-17 lead.

Dagelman answered with another touchdown, but it was too
late, as the Mustangs simply ran out the clock to secure the victory. Ford was impressive as usual, finishing the game with 226 yards, three touchdowns, and 65 per cent completion. He also led the team with 72 rushing yards, doing his best to power the Waterloo offence after Pellerin's injury.
UW's defence was strong again, stifling one of the nation's best offences to only one major score. They also sacked Merchant twice. It was a tough ending to the

Warriors' season, but the team has lots to be proud of, such as the individual success of Ford and Pellerin. It also marks a remarkable turnaround for the Warriors, whowere the OUA's perennial bot-tom-dwellers less than five years ago.
The Warriors will return most of the team's core next season, leaving many optimistic for their recruiting season and the team's chances of winning the Yates Cup next season.


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WARRIORS' SWIMMER BREAKS $\mathbf{1 0 0} \mathbf{M}$ BUTTERFLY RECORD
Lukas Wormald had a stellar performance at the NYAC Cup, coming second in the Ioom butterfly with a new school record of 54.69 . Wormald also finished second in the room freestyle.


FIELD HOCKEY'S LARISSA MCLEOD TAKES HOME THE HARDWARE
UW field hockey's Larissa McLeod was named a USports All-Canadian for her bronze medal contributions. She was also received the Gail Wilson Award for her strong academics, contribution to sport, and community service.

# Raptors recap: new beginnings 

## Toronto is off to a 4-2 start but not everyone seems to be on the same page

## Dashawn Stephens

 Sports ReporterTThe banner is up, the rings have been awarded, the NBA season is officially well under way. Although it's only been six games, the Raptors have displayed a remarkable level of talent. Let's dive into what we've seen through the first two weeks of the season.

Who are the Toronto Raptors?
As predicted, the Toronto Raptors have fully adopted the identity of a defensive team. Through six games, the Raptors have produced a top ro defence in the league. They've shown that their defence can keep up with some of the faster pace offenses in the league. No, Toronto hasn't faced the likes of the Rockets or Lakers yet, how-
ever, they've shown that they can slow down young, athletic, fast -paced teams such as the Celtics, Pistons and Bucks.
The Raptors have also been a dominant paint defence. Serge Ibaka, OG Annunoby, and Chris Boucher have been securing the rim, averaging a combined 4.2 blocks per game. This defensive trio was on full display when the Raptors dominated the Bulls en route to a $108-84$ victory.
The most important statistic the Raptors defence can be proud of is their allowed field goal (FG) percentage. The Raptors defence is holding opposing offences to a FG percentage of 40.1 per cent, which is the best in the NBA.

## What's going on with Gasol?

At age 34, Marc Gasol is off to an extremely rough start this season. He's averaging 6.3 points per
game, while shooting 31.7 per cent from the field, and 36.8 per cent from beyond the arc. These are not the numbers that you want from your starting center.

How didwe not see this coming? Last season, Gasol played 79 out of 82 regular season games, and all 24 playoff games, before ending the season in mid-June. This meant a shorter off-season. Gasol also represented his home country, Spain, in the FIBA World Cup, and took only one week of rest after the Championship parade. Gasol played all eight games in the tournament, which concluded on Sept 15 .
In short, Gasol entered this season having already played III games in less than a year, with only a few weeks of rest. He is playing fatigued, but for understandable reasons. However, if he is going to be a starter and see his


WHEN
November 12, 2019
10:30 a.m. to 12:00 p.m.

## JoIn the conversation

## PRESIDENT'S TOWN HALL

Join President Feridun Hamdullahpur in conversation as he discusses the state of the University of Waterloo and presents the University's 2020-2025 Strategic Plan Connecting imagination with impact for a better world.

WEBCAST livestream.com/itmsstudio
EMAIL | send your questions to townhall@uwaterloo.ca TWITTER @UWaterloo, \#UWth

WHERE
Federation Hall

## LUNCHEON

12:00 p.m. to 1:00 p.m. Columbia Room A \& B

UNIVERSITY OF
WATERLOO


Pascal Siakam has been almost unguardable this season.
usage increase, he needs to display more consistency, confidence and decisiveness.
A major downside with Gasol's struggles is that his trade stock is dropping tremendously. If Nick Nurse can't find a way to put Marc Gasol in a position to be successful, the Raptors just may end up losing him for nothing.

## This is why they paid him

Coming into the season, all eyes were on Pascal Siakam to takeover the majority of the load left behind by Kawhi Leonard. Last season, Leonard averaged 26.6 points, 7.3 rebounds, and 3.3 assists, and although it's still early, Siakam has been up to it, averaging 26.0 points, 8.5 rebounds, and 3.3 assists
Notably, Siakam has added an outside shot to his arsenal of offensive tricks, shooting 42.4 per cent to begin the season. He's been aggressive pulling the trigger, even late in the shot clock or with a defender draped all over him. Siakam's new jumper means that teams can no longer guard him using their centre, and if this keeps up, he may become one of the league's most unguardable offensive threats.

Siakam is definitely on the right track in terms of picking up the load and becoming the definitive leader of this Raptors team. It will
be entertaining to watch him continue to ascend throughout the season, as well as match up with some of the best in the game.

There's no doubt Masai Ujiri made the right investment. Siakam is going to be something more than just special.

## Needing more experience

The Raptors are currently a solid basketball team. They thrive on the defensive side of the ball, they have multiple players who can give you at least 20 a night, and a bench that can provide solid minutes. The Raptors can compete, but can they compete against the league's "elite" teams?
Toronto is loaded with players - Siakam included -who are still growing. Meanwhile, these "elite" teams are loaded with players who have already matured and are now chasing rings. In their previous losses to Boston and Milwaukee, this was on full display; the Raptors struggled down the stretch against far more experienced and mature teams.
Toronto's biggest challenges are still ahead of them, as they will face the Lakers, Clippers, and Trail Blazers on an upcoming road trip. They will be major tests for the team, and it will be interesting to see how they continue to grow and find their rhythm in this young season.

# science \& tech 

# Ford's innovation runs on UW co-op 

Mubassir Ahmed
Editorial Assistant

Ford Motor company has been quietly building a technology team at Waterloo for over two years and has finally made their first public appearance."[Ford's Waterloo team] had a lot of renovations going on the last couple years but we've finally got to the point where we are ready to put our best foot forward," said Rob Maurice, Ford of Canada's Manager of connectivity and Waterloo site lead.
He said that they have been hiring a lot of co-op students for the last two years. "Right now we have approximately 20 coop students, and I can say with 90 per cent confidence that most of our co-ops are from the University of Waterloo for the Waterloo location," Maurice said.
Maurice said Ford is looking to grow their operations in Ontario. Waterloo, Oakville, and Ottawa was chosen based on the availability of high-tech talent.
The unveiling on Oct. 23 showcased the latest vehicles and technology that Ford has been working on.
At the event, people walked into the office for the first time and were given tours around the labs, including the quality assurance lab, wifi communications lab, and the bluetooth lab. Maurice said that a large portion of the Waterloo team focuses on the software side of development, mainly the dashboard operating system.


The Ford Connectivity and Innovation Centre is located near campus at the Research and Technology Park.
"Most of the work here focuses on the software development side which includes testing, certification, release management," Maurice said.

With the newest version of Fords' inhouse dashboard system rolling out-Sync 3, the Waterloo innovation centre showcased the in-vehicle communications and entertainment system on their yet to be released 2020 Ford Explorer and the 2020 Ford Escape to visitors at the official launch.
"We had two of our all new vehicles on hand, which are the first vehicles to get the latest version of Sync 3 that was designed, developed and tested in-house and was the main catalyst behind the unveiling, this is what the team at Waterloo is working on," Matthew Drennan-Scace, Ford of Canada's Communications Manager said.
"It's not just about horsepower and towing anymore, there are other needs that consumers expect and the infotainment
system and the apple carplay, android auto, built in integrated navigation, the ability for the phone to connect, and hands free is all an expectation," he said.
Drennane-Scace said it's very important to see that Ford delivers the best possible consumer experience, and so showcasing SYNC 3 at the unveiling was to make sure that they started to tell that story.

# UW Board of Directors and Fossil Free UW discuss climate "inaction" 

Jansher Saeed
Reporter

Representatives of UW's Board of DirecRtors met with Fossil Free UW on Oct. 29 at the Ira Needles building for a board meeting.

They aimed to reach a consensus on the long-debated policies regarding UW's climate change policies, concluding with the Board signing on the United Nations Principles of Responsible Investing (UNPRI).

Both Fossil Free UW and the Board realized the urgency of the matter. Discourse and questioning periods for the event were
rooted in Fossil Free UW's concern for what they called the university's negligence towards the UNPRI.
"The board seems to be avoiding this commitment," Petra Duff, a member of Fossil Free UW, said.
"The climate crisis is the defining emergency of our generation. The university president claims to be 'committed to tackling climate change at the institutional level' in his message praising students and faculty attending the climate strike. Where is this commitment in their investments? This silence is an outrage, and we won't take it quietly," she said.
Students from Fossil Free UW protested against UW's climate inaction with signs
and banners as the board discussed their take on UNPRI and its place within their policies for the upcoming year.

This included discussing investments to companies that are well-known producers of carbon emissions. These companies include BP, Total, Exxon and Royal Dutch Shell, which have been receiving $\$ 68$ million in investments from the university.

Fossil Free UW has been lobbying for divestment over the past five years, with their first large scale organized initiative being the WESEF divestment vote of 2015.

Since then, Fossil Free UW has taken to launching a series of initiatives aiming for divestment with the Oct. 29 conference being yet another victory along their path.

The board chair requested the Finance Investment Committee to contine considering UW's investments in fossil fuels and has agreed to take a policy-central approach to UNPRI.

President Hamadullahpur thanked students that arrived at the meeting and brought awareness of the issue to the board. He said the decision is not as simple as it appears.
"[Fossil Free UW will] continue to engage in dialogue [with the board]," Lesley Johnston, another member of the initiative, said.

Fossil Free UW hopes to convince the Financial Investment Committee that companies UW invests in are companies primarily focused upon business-not clean energy.

## imprint

## Wednesday, November 6, 2019 | Vol. 42, No. 15

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Next scheduled post-mortem meeting:
Wednesday, November 6 at 4 p.m.
Imprint Office, SLC or37

## Date - TBD

Imprint Office, SLC or 3

# Rejection, a path to freedom 

Imagine seeing a toddler - about two years old - on the street, alone.
Her parents aren't paying her any attention, although her big brother keeps glancing back at her with concern.

What's the first thought that runs through your head?

Oh, that poor, abused child. How could her parents just leave her?

Writing it down it seems so much more dramatic than it happened.
Yes, I am that child, but no, I was never abused, that was just the Indian way which I think extends to all Desis.

It was a small town, the-know-every-body-who-lives-there type, and I, being a stubborn child, wanted to get a toy from a vendor on the street.
In earnest, I have no recollection of the memory. But my mother always chuckles when she tells that story. The man at the shop was my father's friend and I think he was a few minutes away from just giving the toy to me for free.
There was no malice in my mother's heart, she simply had the goal of refusing me. The story is meant to remind me of the time that my mother taught me the importance of saying no.
Like many parents that I've seen these days, she could have easily given in to the inevitable tantrum that I am sure I threw after she refused to buy me that toy.
Instead, she chose to literally leave me there and let me sit in the wake of her refusal, ignoring me until I calmed down and was no longer fixated on that toy.
Now, as a child, I'm sure I was pissed, but every time I hear this story all I can think is respect. We all want our parents to give us whatever we want, whenever we want but think about the harm that refusing to say "no" actually does.

We see it with kids most often. I'm sorry but I don't want to deal with your little brat acting like he can do anything he wants including (but not limited to) knocking over display cases, screaming, and being rude to the cashier - just because you can't say no to him.

Think about the way that you were raised. If you're Desi, it's very likely that you can relate to my abandoned-on-the-road incident. There were a lot of restrictions on what I could, and couldn't do, which made me work harder to get what I wanted. I can't even imagine a reality where I could act however the hell I wanted without con-
sequences. It wasn't as easy at pointing to something I wanted and having it handed to me. Initially most Desi kids heard a "no" because of cost, then it became: "you already have something like that."

It didn't seem like we could catch a break even then.

But I'd like to thank my mother for my argumentation skills because they've been developed from the multiple years of hard work squabbling with her.

Not only has the normalization of no

made us better arguers, but it's also taught us that no is not an ugly or taboo word. It's just another word, and we have the right to invoke it, no matter the reason.

Saying no is not a privilege, it is a right.
Obviously, you can't just blow off work because you feel like it, but if you don't want to go to a work social, you can say no.

Because of my acclimatization to the word, I can honestly say I live a less of a stressful life that a university student can.

Especially with our generations pressure to be on $24 / 7,365$ days a year, it's almost an audible relief to realize that you are allowed to say no sometimes.

If you needed just one reason to believe how important it is to normalize no let it be this: we need failure.
As somebody who has received a lot of rejection in her life - I'm in co-op so I've got stories - I can say that to succeed we need to fall flat on our face sometimes.

Not only is it a humbling experience, but it allows us to find in ourselves strength that
we didn't know we had.
Hearing no from a young age can do one of two things: make you immune to the hurt of no or prepare you for no in the best possible way.

Failure can come in many forms but hearing a flat-out rejection is direct and can devastate somebody. Hearing that from childhood, however, can make us immune to the negative effects of the word and develop a really thick skin. Or it can mean that we will feel the failure of the no, but we'll have strategies to cope with it.
Never hearing no and then going into a state of hearing it constantly as a young adult is going to screw these kids who only know yes, over so hard because they are going to be so emotionally unequipped to deal with any form of rejection.
Isn't it true that the more you experience something, the more accustomed to it you become? I can guarantee you that a kid that has heard no and faced rejection 40-50 times is going to succeed significantly better than a kid that has never had that experience because that rejected kid knows how to fight back and win.
No rejected kid is ready to up and give up his first time facing rejection because his silver platter has rusted.

You are not the centre of the universe and the universe is going to remind you of that every so often. Learn to work through it.
I will leave you all with this: as a young person there is such a pressure to live up to the expectations of what others want to see of me.
It seems like there's always another level of life that we're told we haven't unlocked yet.
You'll understand when you get a job. You'll know that you're right when you have your own kids. Enjoy your time now, it'll all end when you have to settle down.
What the hell does that even mean?
And why is it assumed that our lives are linear, that we will all live and work and die as one?

It is assumed that we are so monotonous that this blanket advice can be given to us.

Ritika Puri
Arts and Business Undergraduate Student

# Doing the (mental health) work 

Our society has come to accept the noion that "it's okay to not be okay". We can agree that mental health is important and struggling with mental illness is nothing to be ashamed of.

For many people, dealing with their struggles means taking medication. Unfortunately, there is a popular misconception that medication is the most important part of dealing with mental illness. The truth is medication is a piece of the recovery process, not the entirety.

This is not to say medication is evil, nor that people do not need it.
Medication can be a useful tool in treating mental illness when used properly.

I can personally attest to the benefits of antidepressants and anti-anxiety drugs, having taken a laundry list of them myself.
But I too am guilty of believing medication was the only thing that would help me.
At 16, I was diagnosed with depression and anxiety. To deal with these issues, I set out in search of a "cure".

After a particularly bad day I went to my family doctor, laid out my problems, and came home with a prescription that I was convinced would make all my troubles disappear.

I held this mindset for a long time, working my way through a litany of medications. When one drug didn't satisfy my expectations,

I would return to the doctor, continually seeking a pharmaceutical fix. I am not alone in this approach to mental illness.

We are socialized to treat physical illness with medications to cure them, so naturally our approach to mental illness is the same.

However, mental illness cannot be seen from an "A cures B" perspective.
This went on for a couple years, coming to a head this past January. By that point I had gone through numerous medications, and because I was feeling better, I thought I had found my "cure".

Evidently, I had not. The medication I was on stopped working and my symptoms returned.

After a few major breakdowns I ended up in a psychiatrist's office, demanding that she "give me something to fix me."
Typically, this would have been the point where I received a higher dosage, or an entirely new medication.

This psychiatrist was different however. She refused to change my medication, instead urging me to listen to my therapist, who had been working with me on developing healthy habits in my life.

Without saying it outright, this psychiatrist made it clear to me that medication is not the sole fix for mental illness.

At the time I found this idea troubling, but now I wholeheartedly agree with her.
This idea of healthy habits was not a new concept in my life.
It had been suggested countless times

during my mental health journey. From my mother, various counsellors, mental health initiatives in school, and all over the internet.
The problem was I did not apply the advice I'd been given, remaining fixated on finding a "cure".
This is where people often struggle, because applying this advice means changing their entire approach to their issues.
Changing one's approach may be difficult, but the development of healthy habits is key to recovery.
Following this meeting I began to seriously consider what my daily life looked like. I had been able to recognize many of my problem behaviours and patterns in the past - sleeping too much or too little, living a sedentary life, using alcohol and marijuana to cope - except this time I was prepared to do something about them. I had come to terms with the fact that if I wanted to get better, I had to put in the work.
This meant adjusting my daily routine. I began following a strict sleeping schedule, going to bed and waking up around the same time every day, getting eight hours of sleep each night.
As well, I started paying more attention to what I eat. I also implemented new behaviours in my life: establishing an exercise regimen and getting in the habit
of daily meditation. I did not make all these chang es overnight and changing my habits was not easy.
It required a great deal of dedication and persistence, which people frequently overlook. In order to recover you must be willing to commit to a routine of healthy habits, regardless of how tough or mundane they are.
As I sit here today, I can positively say I am recovering from mental illness.

I am not "fixed" or "cured", but I am improving. Much of this can be attributed to the fact that I now recognize the importance of actively working toward recovery. I am devoted to my healthy habits, having seen
first hand how difficult recovery is when you solely rely upon medication.
My story is not unique or a "one off". It serves as a testament to the fact that taking positive action to improve your mental health works.

It is why developing healthy habits appears so frequently in the discussion of mental health and wellness, and why ignoring this piece of the recovery process in favour of focusing on medication is detrimental.

Medication cannot replace the importance of the time, effort, and positive selfcare.

I challenge you to consider your own habits. What are you currently doing, or not doing, that is preventing your growth?
What can you do to address these negative behaviours?
Better yet, are you willing to put in the work?

Sean Herring Arts student


## campus bulletin

## upcoming events

## November 2019

For all of UpTown Waterloo Fall activities visit www.uptownwaterloobia.com. Savour in Stratford - Saturday morning Market from 7 a.m. to I2 p.m. at the Rotary Complex; and more! www.visitstratford.com.
Unplug from screens. Connect with friends. Sing your faith. Chapel Choir meets Mondays and Wednesdays at 4 p.m. Sign up for an audition at uwaterloo.ca/music/ensembles. No prep required. For more details ksteiner@uwaterloo.ca or 519-885-0220, ext 24226.
Gamelan - join the world music enemble or community gamelan. No experience required. For more info www.uwaterloo.ca/ music/ensembles.
Choral and Ensemble auditions begin. Can be taken for credit (.25) or extracurricular activity. For more info www.uwaterloo.

## ca/music/ensemblesmusic@uwaterloo.

 ca.Saturday, November 9
Love of Music Marathon at First United Church, King and William Streets, Waterloo, from Io a.m. to 5 p.m. Community gathering of 300 musicians. Drop in and enjoy the fun! For more info www. loveofmusicmarathon.com.
Sunday, November 10
KW Chamber Music presents "Cicci-litti-Cowan Guitar Duo" at 8 p.m. at KW Chamber Music Society, 57 Young Street, W., Waterloo (walkable from campus). To reserve tickets/info contact jnarveso@ uwaterloo.ca.
Tuesday, November 12
Coin collectors! The Waterloo Coin society monthly meeting will begin today at 6:30 p.m. at 510 Dutton Drive, Waterloo. Designer of D-Day $\$ 2$ coin will be the special speaker. Door prizes, 50 lot auction ... all welcome! For info www.waterloocoinsociety.com or vicepresident@ waterloocoinsociety.com.
Wednesday, November 13

UWaterloo presents "The Seagull" at 7:30 p.m. at ML Theatre of The Arts (on Nov 14,15,16 as well). November 14 at 12 p.m. For more info/tickets www://secureI.tixhub. com/waterloo/online/b_otix.asp. KW Chamber Music presents "Duo 526" at 8 p.m. at KW Chamber Music Society, 57 Young Street, W., Waterloo (walkable from campus). To reserve tickets/info contact jnarveso@uwaterloo.ca.
Saturday, November 16
KW Chamber Music presents "David Jalbert-piano" at 8 p.m. at KW Chamber Music Society, 57 Young Street, W., Waterloo (walkable from campus). To reserve tickets/ info contact jnarveso@uwaterloo.ca. Saturday, December 7
5th Annual Galaxy of Gifts fundraiser at Luther Village on the Park at 3 p.m. Over 65 vendors, baked goods, jewellery and more! Free admission to BBQ, silent auction, door prizes and hot apple cider. For more info 519-783-3710.

Bereaved Families of Ontario Midwestern Region, The Family Cen tre, 65 Hanson Ave., Suite 1042, Kitchener. We currently have a number of exciting volunteer opportunities. For more info, jaime@bfomidwest.org or 519-603-0196.
Become a Meals On Wheels volunteer! Call 519-772-8787 or www. communitysupportconnections.org/ volunteer/apply.

## help needed

NOT JUST TOURISTS - We are a humanitarian organization that pack medical supplies and bring them to developing countries. We are in need of volunteers, donors and travelers. For more information, please visit www. notjusttourists.com.
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IMPRNWT needs one employee to deliver Imprint every Wednesday morning heginning at 5 a.m. for the winter term January 8 to April 1 , four to five hours per week.

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## Summit cover letter//resume to ads@uwimprint.ca or

 drop in to the office, SLC room 0137.
# A page entirely devoted to art for the sake of art. 

This page is created by
UW students and serves as a speaker's corner for the school's creators.


## distractions

YOU KNOW WHAT SEEMS ODD TO<br>ME?<br>Numbers that are not divisible by two...

## Crossword for all you cultural plebians



## Across

I. Space for relaxation and rejuvenation
4. Mixture used on roads and paths 8. Nobel-level medal for Mathematicians
9. Rock with a healthy amount of valuable material
iI. Begin again
12. Band of "Wonderwall" and
"Champagne Supernova"
13. Yellow Teletubby, __ Laa
15. Treebeard's race
16. Conquerors of Ancient Samaria
20. To speak with a stutter
23. First
25. American basketball organization
26. Son of Abraham and Sarah 28. UW language course-code
30. New York rapper who debuted with Illmatic
31. Compact Volkswagen
32. Mark Wahlberg movie featuring a stuffed bear (2012)
33. Before a married woman's maiden name

## Down

I. Transgress against the Lord
2. Rinds
3. Brand of menstrual pads
4. American-Chinese chicken dish named after General Zongtang 6. To she who most impresses the bachelor
7. Move wherein Pokémon sleeps for two turns and is fully restored 8. Only pet featured in an American President's memorial
10. Wash, ____, Repeat
14. Creative expression, usually in a visual medium
17. Game of Thrones Queen of the North
18. Being __ , Canadian animated series
19. Brand of sleeping pill with zolpidem
21. Layer of paint
22. Part in a show or play
23. Pig's sound
24. Direction of the sunrise
27. Essential component of medical
cannabis
29. Beer brewed without hops


