### June 2024 Volume 1 Issue 1

# Imprint Your Stories, Your Voice

One year since Hagey Hall: What progress has been made? P3

What services are available to UW grads? P9 A history of encampments and divesment at UW P14

### TABLE OF CONTENTS





Hagey Hall stabbing: What progress has been made?
by Andie Kaiser

UW and the death of campus concerts by Andie Kaiser

Services available to UW graduates by Michael Kershaw

Tyson Hergott: From career threatening injuries to Canadian football's biggest stage by Justin Gec

History of encampments and divestment at UW by Mariam Naim

How to spend your summer in Waterloo by Sophie Smith

18 UW campus prepared for climate change?
by Bethany Pöltl

Co-ops after hours: Lessons collected from a work term by Carla Stocco

Recipe: The summer sandwich by Ingrid Au

Crossword by Zoe Cushman



June 2024 University of Waterloo Waterloo, Ontario N2L 3GI P: 519.888.4048 | F: 519.884.7800 uwimprint.ca

Publisher: Andres Fuentes Executive Editor: Veronica Reiner Distribution: Vacant Cover Art: Maya Wei Creative Team

Maya Wei Iqra Majeed Paul Sherk Ella Ye Rongbin Gu Bimdini Perera Imprint is the official student magazine of the University of Waterloo. It is an editorially independent magazine published by the Federation of Students, University of Waterloo, carrying on business as the Waterloo Undergraduate Student Association ("WUSA"), a corporation without share capital. Imprint is a member of the Ontario Community Newspaper Association (OCNA). Content is provided for general information, education and entertainment purposes only, and does not necessarily reflect the views of the Editorial Committee, WUSA, staff or advertisers. We welcome editorial submissions, articles, letters, photos and graphics (submissions) for publication in any edition of Imprint subject to terms and conditions for submissions, which are available upon request. Imprint does not guarantee that submissions will be published. Imprint reserves the right to approve and edit any submissions to be published. A submission will not be published if it is determined to be libelous or in contravention of Imprint's policies, code of ethics and journalistic standards. Imprint may reproduce content, including submissions, for commercial purposes in any format or medium. Imprint disclaims direct and indirect liability for reliance on or use of its content. Imprint is published monthly as a magazine and regularly online. Imprint reserves the right to screen, edit and refuse advertising. One copy per customer. Imprint [SSN 0706-7380] Imprint CDN Pub Mail Product Sales Agreement no. 40065422. Pub Mail Product Sales Agreement no. 40065422.

Imprint acknowledges that the University of Waterloo is situated on the traditional territories of the Attawandaron (Neutral), Anishnaabeg, and Haude-nosaunce Peoples. The University of Waterloo is situated on the Haldimand Tract, land promised to Six Nations, which includes six miles on each side of the Grand River. Therefore, Imprint recognizes and respects this land that it is situated upon.

## Hagey Hall stabbing: What progress has been made?

Andie Kaiser, Staff Writer

n June 28, the UW community will mark the one-year anniversary of the attack that took place in a gender studies class in Hagey Hall. In the weeks and months after the attack, many students, staff and community members advocated for change at the institutional level. This included calling for better mental health services at UW, improvements to the emergency communications system WatSAFE, and training for staff and faculty on 2SLGBTOIA+ topics.

In response to these calls to action, the university released a series of statements over the past year. The most recent of these statements came on May 16, and aimed to update the UW community on the ongoing initiatives being undertaken by the university.

The first of these initiatives concerns WatSAFE, the university's emergency communications program which was designed to issue alerts to users about potential emergencies or changes on campus. After the app failed to alert users of the Hagey stabbing (taking nearly two hours to specify that the incident took place in Hagey Hall), professors and students alike took to social media, expressing confusion and concern at the program's inefficiency. Now, the university says it will be launching a completely new system this summer, which will begin fully operating in the fall. Not much is known about what this new system will include — so far, the university has only confirmed that it will use new features such as SMS messaging to issue alerts. The platform will be provided by Regroup, an American company specialized in mass

In addition to technical concerns about emergency preparedness, the university also faced pushback on a number of issues regarding how gender and sexuality is addressed both in and out of the classroom. During a community forum held in the wake of the stabbing, students expressed concern that the university doesn't make enough of an effort to crack down on hate speech and other forms

notification software for corporations.

of oppression. Students and professors (particularly those in the humanities), also highlighted that the stabbing was not a random act of violence, but instead reflective of the rising hatred towards 2SLGBTQIA+ topics being taught in schools. When it was first reported that the attacker targeted PHIL 202: Gender Issues, UW professor Aimée Morrison wrote online: "The university says, 'there is no risk to the campus community' but a gender studies class [taught] by a female prof in the humanities targeted deliberately feels a lot like collective ideological danger that has now tipped into violence. You can't arrest one person and call it a day."

Aiming to address concerns about safety and student support on campus, the university committed to holding discussions with members of the 2SLGBTQIA+ community as well as hiring a new position which would focus on "gender identity and expression." Addressing these commitments in their most recent statement, the university wrote that: "with deep regret, we acknowledge that progress on these two items has been slow." The

these two items
statement
nounce

then went on to anthe progress that has been made:

UW's office
of equity,
diversity,
inclusion
and
an
call um special constable services

(call 510-888-4011)

call um special constable services

choose your campus
choose your choose your campus
choose your choos



campus which have done advocacy and support work for the 2SLGBTQIA+ community. It also thanked UW's faculty and staff associations for distributing Progress Pride Flag stickers across campus during the fall. The statement failed to acknowledge, however, that a number of these stickers were reported to have been ripped down in the months following their distribution. Posting a photo of the scrapedoff sticker on her door, Morrison wrote in February that the act "feels targeted." This lack of acknowledgement from the university might echo performativity concerns similar to those expressed by students in the wake of the stabbing. Fol-

lowing the attack, the university announced that they would leave Pride flags flying on campus past June. At the time, graduate student James Chow said, "I do acknowledge the point of symbols, of leaving up the Pride flag stuff and whatever, but I think we should have the attitude of 'yes and' — yes this plus other things."

With Pride month already underway and the oneyear anniversary of the Hagey attack approaching, it seems that the university will continue to hold ceremonial events designed to allow the UW community to "come together." At 1 p.m. on June 28 in the Arts Quad, the university will mark the anniversary of the attack, though details about this event have yet to be

shared as of press time.

The university's

statement also referenced a number of consultations which have taken place over the past year, in collaboration with organizations such as the Queer-Trans Alliance, as well as through UW's own taskforce on freedom of expression and respectful engagement. Though the statement concluded that consultations have been helpful in allowing institutional leaders to hear from the community, exact strategies resulting from these consultations have yet to be shared publicly. The university said that "there is a lot more work [they] need to do" and a university spokesperson confirmed that a task force report will be released next month which will reflect the anonymous feedback collected from community members.

While the university's statement may have focused on UW-specific initiatives, the reality is that last year's stabbing caused a ripple effect across many Ontario campuses, causing several institutions to alter the way they operate. In the months following the attack, universities including the University of Toronto, Western University and the University of Guelph decided to follow suit with UW and began removing details like course location and timing from public-fac-

> ing websites. While these changes might dispel safety concerns in the immediate future, experts across the country have warned that hate-motivat-

> > ed rhetoric against the 2SLGBTQIA+ community reaches far beyond the classroom. Earlier this year, the Canadian Security Intelligence Service reported that the "anti-gender movement" would pose a "violent threat" over the coming year.

"Violent actors may be inspired by the University of Waterloo attack to carry out their own extreme violence against the 2SLGBTQIA+ community or against other targets they view as representing the gender ideology agenda," the report read. With such warnings being issued, many community members may continue to feel concerned about the safety of engaging in courses and discussions on gender studies, let alone existing in the world as a member of the 2SLGBTQIA+ community. For more resources and support, chat with

LGBT Youthline at 647-694-4275 or call Trans Lifeline at 877-330-6366.

## UW and the death of campus concerts

Andie Kaiser, Staff Writer

or anyone who has researched UW's history, it would come as no surprise to learn that many large-scale concerts have taken place on campus over the years. In a post-pandemic, inflation-riddled world, however, the concert scene on campus looks quite different — in short, it doesn't look like much at all.

The last major concert organized in connection with UW took place on Columbia Lake during Waterloo's Canada Day celebrations in 2017, while a fall welcome week concert hasn't occurred since 2014. Though concerts still take place on campus, they're smaller in scale and usually organized by student groups. Ultimately, it's clear that bringing outside acts onto campus has become much more difficult than it once was.

Regardless of these challenges, UW students have expressed — often on online platforms like Reddit — that the desire for concerts on campus hasn't simply faded away. In many of these posts, students appeal to the

Waterloo Undergraduate
Student Association
(WUSA), asking to consider
hosting a concert. Tham
Sivakumaran, who previously
sat on WUSA's board of
directors, took to Reddit to ask
students more about what they wanted
to see and whether they would be willing to
pay more for events. One user, u/North-

Reaction-6160, responded that "people will pay extra

for cooler events, [WUSA] just need[s] to host them."

WUSA has also attempted to gather student feedback about event programming and other operations through their Representative Survey Platform. WUSA's spokesperson stated that current feedback "indicates [students] are interested in WUSA continuing to offer a range of events." Indeed, many students seem to desire a wider range of opportunities on campus, with students frequently lamenting the lack of social life at UW compared to other institutions. Sivakumaran echoed these feelings: "Waterloo has that reputation of [being a] study school, and if you really want to have fun and go to parties and have a good time, then you go to Laurier."

This was part of Sivakumaran's motivation behind creating the Reddit post. "I wanted to frame it more as, what are [the] events you actually want to see that would actually make being on our campus fun and not [causing you to be] running off to another school?" Larger-scale rankings might also point out this trend: while Waterloo placed third overall in Maclean's 2024 university rankings, it placed 12th in the student services category.

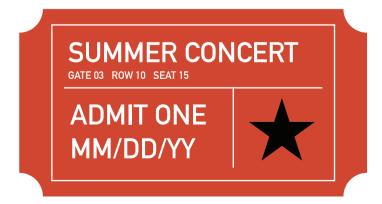
There are student-run clubs which attempt to keep concerts alive on campus, however. One such group is JamNetwork, a club which prides itself on welcoming students of all musical skill levels. Club copresident Bastian Perez and secretary Imaan Gill spoke about the club's effort to host music-based events both on and off campus over the last few years in order to best serve the student community. "All of our concerts have done pretty well in terms of large-scale attendance... I think that's definitely because we've been able to [fill] this gap in entertainment programming," Gill said.

Though JamNetwork has begun expanding their operations off-campus (for instance, partnering with local businesses like the Princess Cinemas to host concerts), Perez and Gill emphasized the value of campus-based events, noting that they are more easily accessible for students. Having entertainment on campus, Perez added, also increases student awareness about what clubs like JamNetwork have to offer: "In terms of student life at Waterloo, I feel like people don't realize that they want [concerts] or that they would be benefitted by big events. [It's] like a demand that's sort of not realized because we've gotten so used to there not being big [events] like that."

However, actually putting on these larger-scale events can be a challenging endeavour for clubs at UW. Event proposals must be submitted to WUSA at least one week in advance of the event taking place, but this process can take longer depending on the scale of the proposal. Gill explained that when JamNetwork hosts Jamboree — the club's large end-of-term concert — they reach out to WUSA's clubs manager well in advance in order to gain approval and arrange logistical details such as event financing. "That's the part where there isn't really a specific process per se, it gets a bit more vague," they noted.

Gill also spoke about the necessity for clubs to reach out to various branches within WUSA and the university at large, with departments like Plant Operations being responsible for booking spaces across campus. For events of any kind, all ticketing and transactions must also be filtered through WUSA. Clubs have to book a portable payment machine from WUSA in advance, and use it for any transactions during the event. These logistical requirements for making a profit might be one reason that clubs shy away from transaction-based entertainment events on campus. Gill explained that when using the WUSA machines, there are "sometimes some delays" with having the money transferred into the club's account after the event.

Other logistical factors for clubs include accessing various types of equipment, as well as having access to people who





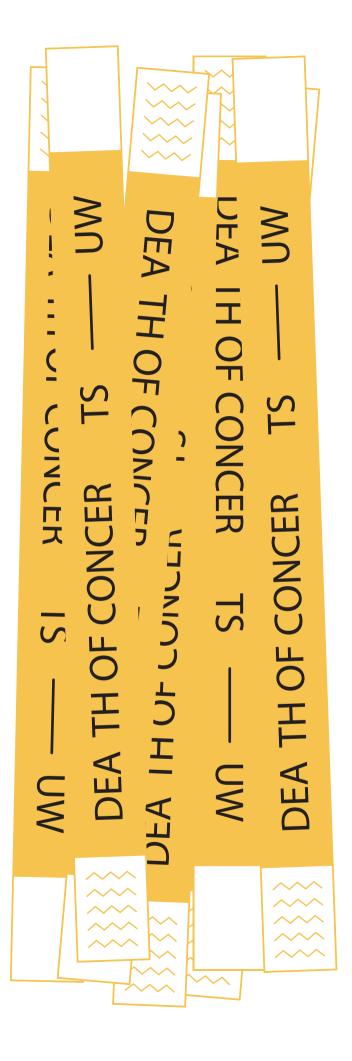
are able to transport and operate the equipment during the event. Finances, however, are still the biggest consideration when planning events. "Right now, it really seems like the thing that's limiting [JamNetwork] the most would just be funding," Perez concluded.

"There's a lot of places on campus... that are just inaccessible because of how expensive they are, like the Humanities Theatre or [the Theatre of the Arts], for instance, that kind of pushes us to do stuff off campus because eventually we've started to exhaust a lot of the cool places on campus," Gill explained. While the Humanities Theatre and Theatre of the Arts do waive rental costs for student clubs, they would still be required to pay for any necessary equipment or labour.

It's a similar story for the event planners at WUSA. "It's the same problem as literally everything else... we were being told [that the problem] is that inflation is also hitting the events sector," Sivakumaran added. Commenting on the lack of concerts at UW compared to other universities such as Wilfrid Laurier University, a spokesperson for WUSA said that the changing nature of the industry has made it difficult to find artists that are both well known and within budget. "A concert with a reputable name costs a significant amount of money and would impact the event's affordability or reduce other programming throughout the year due to the increased cost for one event." Sivakumaran added that "Waterloo has a unique problem because we are a co-op school," and explained that the three-semester model can create further budget limitations.

In addition to the cost of renting spaces, the number of spaces themselves might simply be dwindling. One of the places on campus that was historically used to host events for students was Federation (Fed) Hall, which opened in 1984. The building was completely paid for by UW students and operated for 27 years as a student nightclub managed by Feds, the student federation prior to WUSA. That all changed in 2012 when the university chose not to renew Feds's lease. Management of the space was then transferred to Food Services, which still manages Fed Hall today. Though Fed Hall can still be booked for events, it is a more complicated and expensive process for students now that they no longer manage it. Perhaps the loss of this event space (one of the largest on campus) is yet another obstacle facing students who wish to generate more entertainment experiences on campus.

One change students might look towards in the coming academic year is the one-dollar increase to WUSA's events budget, which was approved during WUSA's annual general meeting in March. Though a three-dollar increase for subsequent years was not approved, Sivakumaran hopes that the one dollar can motivate change once it comes into effect in the fall. "[Students] approved the dollar and [they] said first let WUSA prove that yes, we can do bigger, better events." As for increases to WUSA's event budget after that, it will depend on how students vote in next year's annual general meeting.



## UW services available for alumni

Michael Kershaw, Contributor

he milestone of graduation comes every year during UW's fall and spring convocation. While many alumni may believe that the end of their university career means an end to the services they can take advantage of, that is not the case at UW. It is important that graduating students understand the resources that are there for them, and to make use of them.

As a UW graduate, you have access to a range of tools and resources designed to support you in your career. These include career counselling services and access to the university's job search platform. Additionally, alumni are eligible for exclusive discounts on various products and services with university partners. You can also take advantage of extended learning opportunities through the university's continuing education programs and seminars.

#### For Career Development

WaterlooWorks: If you've ever been a co-op student at the university, then you are likely familiar with UW's job search tool, WaterlooWorks. Not only is this tool available to students who are not in the co-op program, but it is also available to those who have graduated. In the WaterlooWorks dashboard, alumni have access to job postings for graduating and full-time jobs, employer information sessions and opportunities for professional development.

Career Centre events: Alumni can also make use of some of the events held by the Centre for Career Action (CECA). This includes networking events, employer information sessions and online workshops on how to secure jobs.

Consulting appointments: Those who graduate from the university are entitled to three appointments for career planning free of charge from CECA. These alumni career appointments include resume and cover letter reviews, interview preparation and employment search strategies. After the three free sessions, each session will cost \$40.

#### For Exclusive Offers

General discounts: As a former student of the university, you also have access to several exclusive promotional discounts. These promotions, which cover housing, lifestyle, finances and entertainment, are made possible through partnerships that the university has established with various companies. To ensure you're taking full advantage of these opportunities, you can find the most up-to-date list of alumni promotions on the university's alumni page.

Insurance promotions: Since many graduating students may no longer have access to coverage from Studentcare or their parents, there are exclusive promotions provided to alumni. This currently includes TD and Manulife Insurance, which offer preferred rates on home, auto and related insurance.

LinkedIn Learning trial: In addition, alumni are also entitled to a temporary four-month trial of complimentary access to LinkedIn Learning, a digital course service that is typically priced at over \$30 a month. LinkedIn Learning provides a large suite of online courses that you can take to expand your pro-

fessional education. If there's

ever been a course you are interested in through

LinkedIn Learning, be sure to take advantage of the extended free trial.



#### For Extended Learning

Continuing education: Learning doesn't have to end once you've graduated. The university offers courses and certificates to support you in your professional goals. This is done through the university's WatSPEED, which offers certificates in project management, data analytics and other related fields. The university offers these opportunities at a discount of up to 20 per cent for alumni.

Informal learning: If you aren't looking for any formal certificates, the university also provides online learning through podcasts, panels, interviews and webinars. Some topics covered through these sessions include finance, leadership in the workplace, mental wellness and advice on productivity. These are tailored to help alumni stay updated with the latest industry trends and skills.

#### Your Watcard and WatIAM

WatIAM and email: Keep in mind that after graduation, you will continue to have access to WatIAM (and therefore your @uwaterloo.ca email account). This can be an added bonus to students who may have been initially concerned about losing access to their email account. Maintaining this email account can help you stay connected with the university community and make use of online resources linked to your student email.

WatCard: Waterloo graduates can obtain an Alumni WatCard through the Alumni Office. While the Alumni WatCard differs from the typical student WatCard, it still grants access to several on-campus services. For instance, alumni can continue to use library services and library borrowing privileges through their WatCard.

#### For Recreation and Sport

Use of athletic facilities: If you miss using the university's athletic facilities, such as PAC or CIF, you are still able to do so as a graduate! While individuals who are not affiliated with UW in any way are unable to purchase a membership, you are still affiliated with the university as an alumni. However, as you are no longer paying for these facilities in your tuition, you will need to purchase a membership. This membership comes at a per-term price, rather than a monthly rate that you may encounter at other athletic facilities. You can purchase a membership from either the PAC

ATERLON

Service Desk or CIF Service Desk during their open hours.

#### Black and Gold Alumni Pass:

Graduates can purchase a \$20-pass for the entry of themselves and a guest to all home games throughout the regular season and exhibitions for football, men's and women's basketball, men's and women's hockey, and men's and women's volleyball. In addition, the pass gives access

to special alumni days for the other sports you did not choose. The pass also includes a \$10~W Store gift card.

Beyond the tangible benefits and services, there's another invaluable resource waiting for you post-graduation: the extensive network of Waterloo alumni. According to the university's alumni website, there are nearly 250,000 graduates living across the globe. The alumni network offers numerous avenues to connect with those who had similar experiences in university, from networking events to mentorship.

Even as you walk across the stage to receive your degree, your connection to the UW doesn't end — it evolves. As you become an alumni, consider taking advantage of the many resources, services and opportunities that are still available.

### Tyson Hergott: From careerthreatening injuries to Canadian football's biggest stage

Justin Gec, Staff Writer

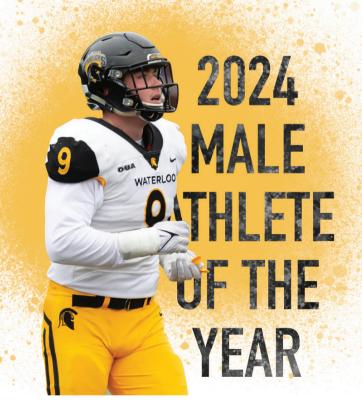
pril 30, 2024 is a day that every athlete eligible for the Canadian Football League (CFL) draft will remember for years to come. For most, this day will be characterized as regretful, with an unexpected outcome. For the 72 players that do get their name called, this day ultimately marks the first day they begin to live the lifelong dream of playing the sport they love at a professional level.

The 2024 Male Athlete of the Year, UW's very own Tyson Hergott was one of the 72 players who heard their name called on draft night. Hergott, a 6-foot-2, 246-pound defensive lineman, was selected 24th overall in the third round of the CFL draft to the Toronto Argonauts. When asked about the draft experience in itself, Hergott shared, "It's nothing like anything else I have ever experienced in my life, watching the clock, hearing other guys have their name called, it felt like time was at a standstill." Hergott was joined by close family and friends on draft night to celebrate this outstanding milestone.

Looking at the statistics from Hergott's 2023 season playing for the Warriors, it is no surprise that he got selected within the first 25 picks of the annual CFL draft. In just nine games, Hergott racked up 53 total solo tackles, 13.5 tackles for loss, 11 sacks, one interception, and three forced fumbles. "Tyson's 2023 campaign was nothing short of special, whenever he was on the field it was clear to see who the most dominant player was," said Warriors head football coach, Chris Bertoria.

Not only did these numbers put Hergott as the topperforming defensive player for the Warriors, but also asserted him as a top performer nationwide. Upon completion of the 2023 regular season, Hergott was second in the country for total sacks, only 0.5 behind the nation's leader. Hergott was selected as a first-team All-Canadian, an honour that is reserved and used to recognize the top players in the country for each respective position. Hergott was also awarded the JP Metras Trophy, an award that is voted on annually and reserved for the top-performing linemen in the Ontario University Athletics system.

On top of Hergott being an outstanding player during the 2023 U Sports football season, he also produced some great numbers at the CFL National Combine held in Winnipeg, Manitoba on March 19-24. Hergott put up 19 reps on the 225 bench press test, ran a 4.85-second 40-yard dash, jumped a 34-inch vertical, and ranked third amongst his position group in agility tests (three-cone, shuttle). When asked about the combined experience, Hergott commented, "It was a super stressful situation, not only are these scouts interested in how you are as a player, they watch everything you do during those few days — how you interact, your mannerisms, and just overall how you are as a person."



With Hergott getting drafted so high, it's fair to assume that these scouts were not only impressed with him as a player, but also him as a person.

There is no denying that Hergott would not have been able to achieve the success he has or reach the heights he did without an exceptionally strong work ethic. "I do not think people really understand how much work is truly required to be put in, to truly be at the top of your game, whatever that may be — athletics, academics, etc."



However, he noted, "In my circumstance, being a hard worker was only half the battle. I had such a strong support system, not only friends and family but also coaches, teammates and other support staff at UW."

His support systems were put to the test and leaned on heavily during winter 2021. During an off-season training session, Hergott was working through routine defensive line drills when he took one wrong step and ruptured his Achilles tendon. "When I first felt the injury and felt my Achilles pop, I was worried — I thought my career and future in football were over. Everyone I talked to more or less made it pretty clear that many people do not come back the same or in some cases come back at all from an injury like this," Hergott said.

After careful consideration and discussion with family and doctors, Hergott decided that the best course of action to resolve this injury was to get reconstructive surgery, a procedure that in the best case scenario means taking 9-12 months to return to sport.

"When dealing with a serious Achilles injury, as Tyson had, it can go one of two ways, either the rehab process is very successful and the athlete can get back or even come back better than they were pre-injury, or the polar opposite, where the athlete is not even close to where they were pre-injury," said Kyle Ferggin, a registered physiotherapist at MSK Centre in Waterloo.

Ferggin was the main physiotherapist that led Hergott through his recovery. "My role was just to put Tyson in the right position that would allow him to succeed, he put in the work that was needed, there is no replacement for that," Ferggin said. "The decision that Tyson made to get the surgery overall proved to be a good one to say the absolute least, not only was he able to get back to where he was presurgery, but all his testable numbers as far as strength went, he recorded better numbers after his rehab."

Not only is Tyson one of my best friends, but he is also someone that I look to for motivation.

- Kyle Dawdy, former teammate



Following the completion of his Achilles rehabilitation, Hergott was able to return to the Warriors for the 2022 season, his first time playing in a legitimate football game since 2019. The time off did not change much and he hit the ground running. Not only did he get through the entire season injury-free, but his performance that season earned him the nod for East-West 2023, a showcase for all players eligible for the 2024 CFL draft.

However, during the offseason of 2023, near disaster struck again as Hergott faced many question marks regarding his ability to play the sport that he loves. This time, Hergott was facing disc problems in his back that impeded his everyday function. Naturally, this led to many questions about his ability to play such a physically demanding game like football.

But, once again, just like his Achilles injury, Hergott bet on himself and trusted the work and practices of Ferggin, attacking the rehab process head-on. "Tyson was so bought in and would not take no for an answer," Ferggin said. "He was willing to do anything and everything that would put him in a position that would ensure he was healthy and ready to go for the 2023 season." He did just that — Hergott's 2023 season is something that will go down in Warrior football history.

When writing this and taking a deep look into who Tyson Hergott is as an athlete or even more so as a person, it is quite clear that he is somebody who has such a compelling story and is an inspiration to others. "Not only is Tyson one of my best friends, but he is also someone that I look to for motivation. Understanding his story and his battle with injuries and how he just kept pushing and pushing to get back on the field and play beside each other is something that fires me up," said Kyle Dawdy, a former teammate of Hergott.

Having grit, being a hard worker, and staying determined are traits that Hergott has emphasized and used throughout his journey to finally achieving the dream of playing football at the professional level. He could have sat back and let his mishaps from injury change his path. Instead, Hergott kept his shoulder to the boulder and kept pushing. Now, he finds himself living out the dream of professionally playing the sport he loves.



### History of encampments and divestment at UW

Mariam Naim, Staff Writer

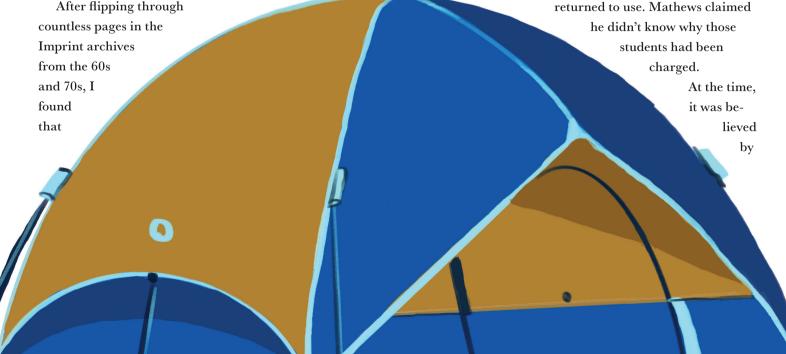
If you've been on campus the past month, you've likely seen the encampment set up at the Grad House by a group called Occupy UWaterloo. Students, faculty, and community members live in tents, day after day, relentless posed, aptly named the University of in their efforts to make change happen at UW. The encampment's goals involve full disclosure of the university's investments and divestment from companies on the Boycott Divestment and Sanctions (BDS) list. On their website, BDS states that the list was created by "170 Palestinian unions, refugee networks, women's organizations, professional associations, popular resistance committees and other Palestinian civil society bodies." Throughout the history of UW, students have partaken in protests for various causes — however, encampments hold only 10.6 per cent of the power in are seldomly done. On the contrary, divestment is not an uncommon goal for protests in UW's past.

UW is no stranger to encampments from cided to demonstrate on March 22, 1972. students.

Setting the scene 52 years ago in March 1972 – unrest is brewing across UW campus. A new act has been pro-Waterloo Act. For two new university governing bodies, the Board of Governors and the Senate, students will only hold 12 out of 113 seats for representation. A university is meant to be a cooperative institute between students and faculty, with students holding a strong say and power within its government as they are the main demographic of a university. No one would know what they want or need quite like themselves — after all, it takes one to know one. How could students do that when they their own government?

The students were enraged and de-

They went to Dana Porter in the evening and trekked up to the university business offices mere minutes before closing. Over 200 students gathered around desks and filing cabinets, filling the floor to the brim. After the office staff clocked out, security poured in to monitor the occupation. Students were not forced to leave or offered an ultimatum. The president of the university at the time, Burt Mathews, responded to the occupation, saying he was "willing to let the group stay in the offices as long as they wished and not bring about a confrontation with security officials." In a matter of hours, the number of students had dropped to 50 as they waited for the discussion that would take place in the campus centre the next afternoon. In the morning of March 23, four students were arrested for petty trespassing after some refused to leave the desks that the office workers



staff that if the students were ignored, they would go away. This was a vain hope as students continued their protest, with their numbers now growing to almost 400. Students had protested for over 24 hours to regain their voice on governing bodies. The bill ended up being taken all the way to Queen's Park, where action on it was delayed due to the version of the bill being different from advertised. It was decided that legislature would wait until February 1973 to make a decision on the bill.

As for the conclusion of the University of Waterloo Act, the Board of Governors has students now representing 10 out of 36 seats. Students hold 27 per cent of the power on the Board. The Senate has 99 seats, of which undergraduate and alumni students represent 16 seats, holding 16 per cent of power there.

Seventeen years later in March 1989, a representative from the African National Congress spoke on campus. During this time, apartheid would be an ongoing issue in South Africa. Black people did not have the freedom to choose their jobs, salary, education, or even where they could travel in South Africa. They would be forced into reserves where nothing could grow, not to mention the lack of access to healthcare. Unfortunately, 50 per cent of Black children in these reserves would die from malnutrition before they reaching the age of five.

The name of the representative is not known from the archives. They were asked how UW students could get involved with being heard on the issue of apartheid. The representative responds, "It is a very common misconception that the youth of this society have little influence in determining Canadian foreign policy. How many students are there in Waterloo? Imagine 20,000 students demanding that the university divest of any financial involvement in South Africa. Twenty thousand students demanding that all companies in Waterloo divest their holdings with South Africa, and picketing local stores that carry South African products would be a voice that the community could not ignore."

Students are the majority across the university campus. As the majority, what they desire could be reasonably fought for if working together, which the representative emphasized. A commonality from the past to the present of student resistance is the presence of group collaboration. They know strength in numbers, and so they ensure that numbers are present.

Fast forward to the present, there is an encampment for Gaza at the Grad House. As reported from their Instagram page @occupyuwaterloo, at 3 a.m. on May 13, students set up an encampment on campus to "demand the end of UW complicity in the genocide in Palestine." The university sent out an email that supported an environment where students could protest, while making sure that said protests would stay peaceful. However, not long after the encampment was set up, many noticed the security cameras installed on the roofs of Dana Porter and the Tatham Centre to monitor the encampment. This encampment lacks huge numbers compared to the past, as only about 20 people could be observed on the first day, but the actions they have taken make up for the small number.

According to a statement by Nicholas Joseph, the encampment media liaison, "We've helped rallies, we've had petitions, we've had senate meetings, we've done everything in our power to end the University of Waterloo's complicity and the admins simply won't listen to its students, so we're here camping, much like many other people and we intend to stay here until our demands are met."

If anything could be learned from the past and present, it's that when students are truly passionate about an issue, they will take any action to make their voice heard. When one voice is alone, its power is small, but multiple voices together can be a powerful force. It doesn't matter how long they must stay in one place or how big their demands are — if they desire action from the university, then they will get it, come hell or high water. After all, as previously mentioned, in a university, student voices are the majority, and so they must be heard. It is a universities responsibility to foster an environment where students' concerns are properly heard and addressed.



## How to spend your summer in Waterloo

Sophie Smith, Contributor

With Canada Day celebrations, markets, festivals and more, the Waterloo Region comes alive in the summertime, and you won't want to miss out on all it has to offer. Here are 10 ways you can spend some time exploring the region in the coming months.

#### 1. St Jacobs Farmers' Market

Located minutes south of the scenic village of St. Jacobs, the farmers' market offers the best of local meats, cheeses, baked goods and fresh produce (the apple fritters are a must-try). There is also an abundance of talented artisans with plenty of jewelry, crafts, quilts and furnishings on offer. Open on Thursdays from 8 a.m. to 3 p.m. and Saturdays from 7 a.m. to 3:30 p.m., come check out Canada's largest farmers'

market. A bonus — after your visit, head
over to St. Jacobs Market Road
Antiques, located just down the
street from the market.

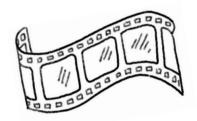
#### 2. Cambridge Butterfly Conservatory

Spend an afternoon admiring the thousands of butterflies fluttering around the lush Cambridge Butterfly Conservatory. It is open Tuesday through Sunday from 10 a.m. to 5 p.m. Tickets can be purchased on the conservatory website.

#### 3. Movies in Waterloo Park

Grab a blanket and some popcorn and spend a night under the stars watching a movie in the park. Beginning at sunset near the bandshell, movie nights are held on June 13, June 27, July 11, July 25, Aug. 8, and Aug. 15. Keep an eye on the Explore Waterloo webpage for movie title announcements. Select movie nights (July

11, July 25, Aug. 8, Aug. 15) support the Waterloo Region Food Bank. On these nights, remember to bring a non-perishable food item to donate.



#### 4. Open Streets Festival

Head down to Willis Way on June 15 from 12 p.m. to 6 p.m. to enjoy live performances, the art market, mural painting and games.

#### 5. Kitchener-Waterloo Multicultural Festival

The 57th Annual Kitchener-Waterloo Multicultural Festival is coming to Victoria Park on June 22 and 23. Join the Waterloo Region community in celebrating with performances, food, activities and more.

#### 6. Final Fridays Art Market in Waterloo Public Square

On the last Friday of each month this summer (June 28, July 26, and Aug. 30) shop from local artisans in Uptown Waterloo Public Square from 6 p.m. to 9 p.m.

#### 7. Canada Day Celebrations in Waterloo Park

Celebrate Canada Day on July 1 with a community picnic, artist showcase and food trucks in Waterloo Park from 4 p.m. to 10 p.m.

#### 8. Waterloo Jazz Festival

From July 19 to July 21, the Sun Life Waterloo Jazz Festival is bringing some of the biggest acts in Canadian jazz to Uptown Waterloo. These include pianist and singer, Laila Biali, pianist Hilario Duran, and the Canadian Jazz Collective. It promises to be a fantastic live music experience that you will not want to miss.

#### 9. Kitchener Blues Festival

Can't get enough of some good live music? Just a couple weeks after enjoying the jazz music in Uptown Waterloo, check out the Kitchener Blues Festival from Aug. 8-11. With four stages and over 35 bands, it is one of the most vibrant live music events in the region.

#### 10. Paddle the Grand River

Rent a kayak or rally the roommates together and head out on the Grand River in a canoe to connect with nature after a long term of studying inside. From May to November, Canoeing the Grand offers kayaks, canoes, tubes, and river rafts for rental, so you can spend a day taking in the beautiful scenery the Grand River has to offer.



## Is UW campus prepared for climate change?

#### Flooding, heavy precipitation and heat events in Waterloo region

Bethany Helaine Pöltl, Contributor

n the next five to ten years, the Waterloo Region will experience increased warming and extreme heat events, heavy precipitation with risk of flooding, and be affected by wildfire smoke travelling thousands of kilometres across the country. What does this mean for UW, and how do students, staff, and faculty have a responsibility to ensure a climate-safe future for all?

"The need to adapt to climate change impacts is urgent," said Caroline Metz, managing director of climate resilience and health at the Intact Centre on Climate Adaptation. "Adaptation will need to continue as our climate continues to warm, and the threats evolve. Solutions exist for how to reduce risks from extreme weather. Investing today and putting these solutions in place now, can save money, lives and health costs, by avoiding future damages and losses."

The Intact Centre is located in the faculty of environment at UW. "It is an applied research centre dedicated to climate adaptation — 100 per cent focus on adapting to the impacts of a warming climate — and building a more resilient country. We develop guidance, standards and tools that can be used by various stakeholders to reduce physical risks from climate change and extreme weather," Metz explained. The Intact Centre looks ahead to manage risks well before weather events and help minimize disasters, ensuring people and communities remain safe and "works to address risks associated with the three most financially and socially costly extreme weather hazards in Canada — flooding, wildfire and extreme heat."

"The University of Waterloo lies in the Grand River watershed, with the waterways Columbia Lake, Laurel Creek, and Laurel Lake passing through campus. The Grand River itself flows through the municipalities of Waterloo and Kitchener," Metz said.

Flooding can cause infrastructure damage, impact

commute to class, public transportation operation, and accessibility of spaces. On campus, Laurel Creek is on the path of many students' trips to class. It is also used for labs with ecology students and others venturing into the creek for sampling and data collection.

The Grand River Conservation Authority (GRCA) manages water levels and flood risk within the region and has a multitude of flooding resources, for warning and preparedness.

"Much of our flooding issues are related to rapid snowmelt, which may be accompanied by heavy rainfall in the months of January through March," said Mark Anderson, senior engineer in flood management at GRCA. "There are two flood-related issues that we believe are related to climate change. The first is more frequent mid-winter snowmelt events, where snow accumulates early in the winter and then melts quickly when temperatures rise quickly above zero. The second is ice jam flooding, which can happen when we experience back to back freeze-thaw cycles where thick ice forms, breaks up and moves downstream then refreezes."

The GRCA observed this behaviour in February 2018 when it caused significant flooding in the city of Brantford. The ice jam flooding led to over 2,000 homes evacuated, with homeowners facing thousands of dollars in damage, once they were able to return.

Flood occurrences in the Waterloo Region include Feb. 4, 2019 at Huron Road in Kitchener where it crosses Schneider Creek and Jan. 13, 2020 in the village of Ayr. In these cases large amounts of debris, such as branches and full trees, were washed into the river, prompting the GRCA to advise residents to stay away from waterways well after the flood event, as it was unsafe to access them. Several roadways were shut down during these floods, the 2020 flood reached Warning Zone Level 3, stopping at the lower threshold of this

warning, just before homes are flooded directly.

Damage is both environmental and financial with homes, roadways and greenspaces affected by floods. Flooding is always a concern when businesses and residences are built on floodplains.

"Flooding on campus from heavy precipitation will remain a significant risk for the future, given that heavy downpours are occurring more frequently and intensely as our climate continues to warm," Metz said.

Mentioned in the 2023 Sustainability Report, the Sustainable Land Care Standard was first drafted by the UW Sustainability Office in 2022. Water management is one of the seven focus areas the standard covers, with "[u]tilize green infrastructure in flood-prone areas" stated as one of the water management key points.

Natural solutions and engineered examples are provided in the standard as green infrastructure options that will help slow down movement of water during rainfall events, as well as increase absorption capacity of greenspaces.

"We have built out numerous features across the campus, including storm ponds, naturalized spaces, and permeable pavement, that improve water retention and reduce flood risk. We are also supporting stream and ecological restoration projects along the Laurel Creek corridor that can also manage potential flooding," said Mat Thijssen, director of sustainability at UW. "We do know the risk of flooding over time will increase, so we are working through identifying areas in need of future prioritization for green infrastructure."

Other risks are also present on campus, such as extreme heat. Greenspaces can play a role in cooling campus spaces, and are one outdoor solution.

"Risks from extreme heat can also be managed through behavioural and planning actions, and green and grey infrastructure actions. Residents, tenants (including UW students), and property owners and managers within the UW community can take action to reduce risks," Metz said.

In the first article of this series, residence infrastructure was examined with a focus on extreme heat concerns. Progress is being made towards infrastructure updates that mitigate heat risks in campus housing residences.

The Intact Centre has developed guidance on how to manage flood and extreme heat risk. A variety of infographics can be found on their website, such as the



Infographic by Intact Centre on Climate Adaptation

"Apartment and Condo Heat Protection" infographic which can be of use to students on and off campus.

Comparing climate data from 1976-2005 to future projections for 2051-2080, the Intact Centre's report "Irreversible Extreme Heat" concluded that several Canadian cities in the area north of Lake Erie, from Windsor to Toronto (and further east) will experience high heat conditions. Metz summarized, "For Kitchener-Waterloo, the number of 'very hot days (above 30 °C)' is expected to go from 10 to about 54 days by mid-century (2051-2080). The 'warmest maximum temperature' is expected to go from 33 °C to about 37.5 °C (by 2051-2080), and the 'average length of heat waves' will go from three to about seven-and-a-half days (by 2051-2080)."

Every action we take today has an impact on future climate outcomes. 2051, although seemingly distant, is closer to us through our everyday choices. Imagine picking up today in the timeline and picking up the same day in 2051 and folding the two together like corners of a napkin. Aligned, the effect of days in the present on days in the future is clear. With regards to extreme weather events, rising temperatures, and increased flood risks, ask why is this happening? What is driving climate change in my location and what steps can we take to increase climate change literacy and preparedness while decreasing climate change causes?

Ask yourself, what kind of climate future do you want to live in?

## Co-ops after hours: Lessons collected from a work term

Carla Stocco, Contributor

The first day of spring term had arrived. I sat at one of the window-view tables at QNC, my laptop opened to my course page on Learn. I found my gaze shifting to the flurry of activity outside. A student waved enthusiastically at another student, seemingly ecstatic to see them again. They exchanged a few words, smiles, and a fist bump. Suddenly, I heard my own name called out by a friend I'd made last fall term, and we chatted for a bit as we tried to catch up on the past four months.

It seemed I was not alone in missing people I had not seen over my latest co-op term.

Co-op is often described as a chance to explore exciting career possibilities and make connections. It seems like an ideal program with plenty to offer students. Yet, when it comes to the real student experiences in the co-op program, there's a lot of blood, sweat, and tears behind the shiny job titles. From the stress of the job search and the pressure of interviews to the gamble that is the ranking system — co-op is not as seamless as it might appear. Through it all, perhaps recalling our humanity amid the hamster wheel of the job search might be a welcome reminder that our value and potential goes beyond job titles, performance evaluations, and solid interviewing skills. Lina Zhou, a fourth-year student in computational mathematics, echoed this sentiment, stating, "I try to practice work-life balance, keeping in mind that life isn't solely about work. I joined sports clubs like cycling and swimming after work hours to allow myself to disconnect and enjoy moments with friends."

#### What makes UW's co-op program so special?

UW is recognized worldwide for its worldclass cooperative education program. With the chance to explore a variety of career options, earn income, and gain invaluable experience, coop boasts many benefits. With UW being North America's largest co-op program, it's safe to say there is credibility and opportunities for students pursuing co-op designations. Maria Nastase, a first year student in systems design engineering, is confident in the advantages of the co-op program: "It takes experience to gain more experience, so no matter how hard the co-op search can seem, it is likely much harder to find a full-time job without prior experience."

#### Beyond ideas, beyond the job search

When bright minds and promising career options align, it can be easy to overlook everything else the university experience, and life itself, has to offer.

UW students work tirelessly to balance assignment deadlines amid job applications to secure next term's co-op position. With such intensive demands on our time, it becomes increasingly easy to slip into the habit of focusing solely on advancing our academics and career opportunities.

Challenge yourself to go beyond the textbook and beyond the work search — learning and success means choosing to develop the skills that support your well-being and the relationships that matter to you. For those who choose to enter the workforce immediately after graduation, remember that after your nine-to-five is over, you'll want meaningful relationships that make free time worthwhile.

#### Growing career skills or breeding isolation?

Many students have echoed the feeling that the rigid structure of UW's co-op program contributes to a culture of isolation and lack of close relationships on campus. Having to work a full-time job for a term often means needing to move away or spend additional time commuting. This can make having a normal university experience and social life seem near impossible.

With alternating academic and co-op terms and the different sequencing across programs, it's hard to know whether a friend you make on an academic term will also be on campus during your next academic term.

Yet, if we look closer, we might notice a deeper lesson UW's co-op program can teach us that has nothing to do with careers, and everything to do with meaningful relationships. Co-op teaches us that maintaining relationships is tough, no joke. It takes mutual effort and determination to keep any relationship, friendship or romantic, alive during the four months away. Additionally, knowing we'll be gone on a work term in four months teaches us to take a risk if there's someone we met over a study term we hope to stay in touch with. When there's a time limit, it becomes a little more pressing to stay connected to the people we care about. Marcus Tunkl, a third-year nanotechnology engineering student, believes that "the stronger the foundation of trust prior to [a] distance change between partners, the better shot you have at keeping the partnership." Tunkl's message to students worried if their love can last during co-op terms abroad? "Distance will not break honest love." It's worth considering; if one truly loves another, does time and distance weaken that affection? If love is dependent on presence, then does that not create conditions to love? Shouldn't the truest loves rest on an unconditional sort of affection?

So, perhaps what we learn is to fight for the people that matter to us. To make time for what's worth it to us. To any given job, we're just another resume to sift through. It's easy to feel insignificant when a job posting has hundreds of applications. Why would anyone pick us? It's easy to fall into a negative thought spiral in such circumstances. Remembering your individual strengths and meeting yourself where you are, are often the most effective ways of uncovering your potential.

#### Balancing the demands

To any student currently pursuing a co-op program or anyone considering Waterloo's co-op programs, never lose sight of the need for balance. Strive for your goals and ambitions, persist when the job search gets tough, but never lose sight of the fact that co-op jobs are simply that — temporary experiences. They can lead to finding the career of your dreams or likewise, discovering a career nightmare you'll never hope to relive.

#### Being kind to yourself

Co-op, like life, is what we choose to make of it. You can choose to berate yourself when your application is rejected or you can choose to continually improve your resume, cover letter, and interviewing skills, all the while learning to recognize the things you can control and the things you cannot. Show up and always do your best — whatever the results, you'll have the peace of mind of knowing you gave it 100 per cent.

For UW graduates, the benefits of co-op go beyond a few additional jobs on a resume. Through our work experiences, we learn more about who we are and what we value: about the people who matter, about what we value, and about the potential that exists within each of us.

### The summer sandwich

#### By Ingrid Au, Contributor

Sandwiches are subjective. There is an ongoing debate about which sandwich is the best: a crispy chicken sandwich, grilled cheese, an all-veggies sandwich, bánh mì, and in my opinion — the least agreed upon — an egg sandwich. But that's just my opinion. With so many options, I like to match my sandwich preferences with the season, so what constitutes a "summer sandwich" for me?

#### Sandwich ingredients

- A loaf of ciabatta or focaccia
- Deli meats of your choice: spicy salami, prosciutto, mortadella, etc.
- Pepperoncini
- Pepper jack cheese
- Lettuce, thinly sliced
- Pesto
- Garlic aioli
- Tomatoes, thinly sliced
- Onions, thinly sliced

#### Garlic aioli ingredients

- 2 tbsp of garlic, finely minced
- 1 tsp of Dijon mustard
- 1 egg yolk
- ½ cup of olive oil
- 3/4 cup of neutral oil: avocado, grapeseed, sunflower, etc.
- ½ cup of white vinegar
- Salt
- Black pepper
- Optional: 2-3 fillets of anchovies

#### Instructions

To make the aioli, combine garlic, anchovies (optional), Dijon mustard, egg yolk, and olive oil in a bowl. Once homogenous, slowly combine the vinegar and neutral oil, and taste as you go. You do not have to add the full measured amount of the vinegar and neutral oil — it depends on your preference of how vinegary and creamy you would like the aioli to taste. Then, add salt and pepper to taste.

Assemble your sandwich with the ingredients listed and enjoy!

This sandwich is the perfect pick-me-up during the summer heat, when the last thing you want is hot food. Serve it at a picnic or pack it as a quick lunch on campus — it is truly the ideal aid to satisfy your hunger in summer.





### June crossword

#### Zoe Cushman, Contributor

#### **ACROSS**

- 1 Siamese fighting fish
- 6 Circle segments
- 10 Tone tag for a serious question
- 13 Cooked at home (two words, past tense)
- 14 Chinook salmon
- 15 Ebb
- 16 Egg-shaped
- 17 'An anatomical tissue or layer of tissue', according to Merriam-Webster
- 18 Weaponry
- 19 Laws
- 21 Elizabeth of 'Pride and Prejudice'
- 23 Promise using moral power of an object or entity (two words)
- 26 Rash symptom
- 27 What Hatsune Miku is going to do, according to a new song by Amity-P (four words)
- 29 Mid-range vocal section
- 30 "Cures What \_\_\_ Ya" (The Longest Johns album)
- 31 Chicken or veal dish nickname
- 32 Aviv
- 33 "One of a class composed chiefly of freedmen with a status between tribesmen and slaves in ancient Kent", according to Merriam-Webster
- 37 The King Henry with six wives
- 38 Actress McDonald
- 40 2021 album by Beast in Black (two words)
- 45 Hip-hop sound effect (two words)
- 46 Wire weapon
- 47 "Just say the word!" (two words)
- 48 Shmuel Yosef who shared a Nobel prize in literature with Nelly Sachs
- 49 Makeup company founded in 2011
- 50 Fungal sacs
- 52 Clearheaded
- 56 Witnesses
- 57 Docking location
- 58 Kind of burger sold at the SLC Student
- 59 Urgent care departments (abbreviated)
- 60 \_\_\_ Grey
- 61 Seeing \_\_\_ eye two words)

1	2	3	4	5		6	7	8	9			10	11	12
13			$\dagger$			14		$\vdash$			15			
16			$\top$			17		$\vdash$			18		T	
			19		20				21	22			$\dagger$	
23	24	25						26						
27			T				28							
29			$\top$			30								
	31		T			32				33	34	35	36	
					37			$\vdash$		38				39
	40	41	42	43					44					
45			+					46						
47	+-		+				48							
49			+		50	51		$\vdash$		52		53	54	55
56			+		57					58			+	
59					60					61	+		+	

#### **DOWN**

- 1 Steamed bun
- 2 Eco-friendly certification (abbreviated)
- 3 60A is one kind of it
- 4 Certain chemistry lab apparatus
- 5 Blood vessel bulge
- 6 Gradual reduction of strength
- 7 Some whiskeys or breads
- 8 Animation frame
- 9 Shipwreck sites
- 10 January birthstone
- To January birthstone
- 11 Tangle up
- 12 Bird residences
- 15 "Shall we?"
- 20 Nickname of the city in which our university is located
- 22 Dutch city near Utrecht
- 23 American association for mom-and-po shops
- 24 Colloquial equivalent of 'alas'
- 25 "I'm so hungry I could \_\_\_ horse" (common saying originating the 'how hungry' meme)

- 26 Classic Hatsune Miku song by wowaka
- 28 What a movie board game is to its franchise (two words)
- 33 Canada's national summer sport
- 34 Ability and right to make decisions for oneself
- 35 Modify
- 36 Horse's pace
- 37 DVD's ancestor (abbreviated, two words)
- 39 Something one might buy on game show
- Wheel of Fortune (two words)
- $40~{\rm Auto}$ -\_\_ (call centre computer program)
- 41 Fighting forces
- 42 Ostrich-like birds
- 43 Colourful carp
- 44 Common barcode format (abbreviated)
- 45 Star-shaped spice
- 48 Dell competitor
- 51 "Snowman" singer
- 53 Sweetheart,
- colloquially
- 54 UW timezone (abbreviated)
- 55 Letter between pi and sigma



# Argonauts vs \*\* Tiger-Cats

July 20th



your tickets!